



St Michael's Catholic Parish Traralgon

St Michael's Vision Statement: Inspired by Jesus Christ, we are a welcoming Catholic Community seeking to enrich lives. Come and join us!

St Michael's Mission Statement:

To provide opportunities for parishioners –

- to grow in holiness
- to discover and live out their personal and community call to mission to live as Catholics who effectively transform society.

www.smpt.org.au
email: sec@smpt.org.au

Statement of Commitment to the safety of children and adults at risk: Central to the mission of St Michael's Parish is an unequivocal commitment to fostering the dignity, self-esteem and integrity of children, young people and adults at risk and providing them with a safe, supportive and enriching environment to develop spiritually, physically, intellectually, emotionally and socially.

Please contact our Safeguarding Officers Shane Reid or Sally Darby on 5174 2060 if you have any concerns.

St Michael's Parish Information

Fr Aju Varghese Parish Priest
Parish Centre 5174 2060
Priest's Residence: 5174 6765

Deacon Tony Aspinall
Email: deacontony8@gmail.com
Telephone: 5174 9012

St Michael's Parish Office
Telephone: 5174 2060
Address: 35 Kay Street, Traralgon
PO Box 103, Traralgon 3844

Office hours – by phone and email
Tues to Friday 9:00am to 4:00pm
Parish Secretary: Catherine Hill
Email: sec@smpt.org.au
Sacraments / Youth: Jenifer Hanratty
Email: sacraments@smpt.org.au

After office hours - in case of an emergency please call 0499 162 313 and leave a message and your contact details. All non-urgent calls should be made during office hours.

Baptisms: Six weeks notice required

Weddings: Six months notice required

Parish Pastoral Council: Fr Aju Varghese, Deacon Tony Aspinall, Ben Kennedy, Brett Van Berkel, Cath Hill, Cathy McLure, Elizabeth Joseph, Jenifer Hanratty, Jodie Ware, Judi McLaughlin (chairperson), Kim Zerafa, Michael Hansen (deputy chairperson), Michelle Charlton, and Roy Varghese.

Our Schools:

St Gabriel's School 5174 5515
Principal: Mrs Michelle Charlton
St Michael's School 5174 3295
Principal: Mrs Jodie Ware
Lavalla Catholic College 5174 5272
Principal: Mr Ryan Greer
Kildare Campus 5174 8111
St Paul's Campus 5174 7355

menALIVE is a National Catholic Ministry to Men which was founded out of a response to a great need in the hearts and lives of men, and a great need in the life of the Catholic Church.

The purpose of menALIVE is to bring men together, to renew their faith in God and to encourage them to become an active force within the Church.

Through a variety of events and programs, men are invited to explore what God would want for their lives and how they might come to experience the fullness of life that God wants for us all.

www.menalive.org.au

God is glorified when men are fully alive
St Irenaeus

St Michael's Parish Traralgon is hosting a menALIVE Men's Weekend on August 10 and 11 2024. This weekend provides an opportunity for men in Traralgon and neighbouring towns to explore what makes them fully alive. We invite and encourage all men to become an active force of renewal in the community and the church and this event is a part of that renewal. Mass is included in the program. For more information and to register, please scan the QR code below.



Date: Saturday August 10 8:00am to 9:00pm
Sunday August 11 8:00am to 1:30 pm
Cost \$50 per person (concessions available)
Includes lunch & dinner (Sat)
Refreshments, tea/coffee – both days
Venue: Mary MacKillop Hall

Sunday Mass Times		
Saturday	5:00pm	Mass
Sunday	9:30am	Mass
	5:00pm	Mass
Weekday Mass Times		
Tuesday Jul 30	9:30am	Mass
Wednesday Jul 31	11:00am	Reconciliation
	11:00am	Exposition
	12:00pm	Mass
Thursday Aug 01	9:30am	Liturgy*
Friday Aug 02	9:30am	Mass-
	11:00am	Mass @ Dalkeith

*On Thursday instead of the 9:30am mass at St Gabriel's, we will have a Liturgy with Communion here at St Michael's.

-On Friday we will celebrate the 9:30am Mass in our church with the Foundation students from St Michael's Primary School. Parishioners are warmly invited to join us.

PLEASE PRAY FOR: those who have died recently including Jess Whitty, Muriel Thomson, Froilan San Diego and Orlando Cruz, and those whose anniversaries occur at this time including Margaret Dick, Peter Ryan, Frank Silvestro, Victoria Silvestro, Angelina Agostino, Julia Moretti, Robert Blizzard, Barbara Mooney and Anna Douglas. *Lord, let your perpetual light shine upon them. May they rest in peace. Amen.*



WE PRAY FOR THOSE WHO ARE SICK: including Bernadette Formaran, Fr Frank Freeman, Carolyn Gleeson, Jacqui Granville, Barbara Greaves, Ellen Hammond, Robert Hazelman, Imogen Hillier, Joyce Martin, Ivy May, Deborah Mckerchar, Ben Melenhorst, Maree Morris, Henry Polo, Joan Riggall, Theresa Rosello, Jerry Templer, Damiano Tripodi, George Walkan, Victoria Rolih, James Whitty, Peter Dal Pra, Jane Eric, Rose Xuereb, Peter Lorinc, Don Barnes, Paul Laurie, Gus Agostino, Sharon Veleff, Jenny Hansch, Rosemaree Kays, Fr Andrew Wise, Jaime Mack, Greg Doyle and all those we hold dear in our hearts. *Please let the office know if you, or anyone you know would like a visit from the parish.*

PARISH HALL UPDATE: This weekend we celebrate Mass at the Lavalla Catholic College Hall at the Kildare campus. We are grateful to the team at Lavalla for welcoming us and to our parishioners who have made the move to Lavalla for this weekend's masses. We apologise for the inconvenience this has caused but look forward to resuming our usual mass times at St Michael's Church next week. Building works on the Parish Centre precinct have begun. Our staff are mostly working from home but are available by appointment on Tuesdays in the St Vincent de Paul Centre or via the usual phone or email Tuesday to Friday from 9am – 4pm.

FEAST DAY OF ST JOHN VIANNEY: Next Sunday August 04 we celebrate the feast day of St John Vianney, patron saint of priests. Father Aju will join the other priests and deacons of our Diocese this Thursday August 01 for their annual Vianney Reflection Day. Deacon Tony will lead a Liturgy with Communion on Thursday at St Michael's at 9:30am instead of the usual parish mass. Mass at Dalkeith has also been changed from Thursday August 01 to Friday August 02 at 11am.

THIS WEEK'S EVENTS:	
Tuesday July 30	
10:00am	Catholic Women's League Meeting, St Vincent de Paul Centre
Wednesday July 31	
11:00am	Reconciliation, St Michael's Church
6:00pm	Reconciliation Parent Information Evening, St Michael's Church
Thursday August 01	
10:30am	Charismatic Prayer Group, St Michael's Church
Friday August 02	
6:00pm	Parish Consultation Meeting, Mary MacKillop Hall

BAPTISMS: Our next Baptism Preparation meeting will be held on **Tuesday August 13 at 7pm** in the church. Please contact the parish office for more information and to register your interest.



BAPTISM PROGRAM FOR SCHOOL AGED CHILDREN: We have begun our Baptism program for school aged children and look forward to celebrating their Baptisms next **Sunday August 04** at our 9:30am mass. Please keep our baptism families and our RCIC team in your prayers during this time.



SACRAMENT OF RECONCILIATION: An information evening will be held on **Wednesday July 31 at 6pm** in the church for all parents of children preparing for their first reconciliation. Please contact the parish office as soon as possible if you are yet to enrol your child and would like more information. Children in Grade 3 or above who have been baptised are able to enrol and are warmly encouraged to experience this very important sacrament.

RCIA: Do you have a question about what Catholics believe or are you considering becoming a Catholic yourself? Join us on Tuesday nights at 7:30pm, where we can answer your questions and shed light on what Catholics believe. Enrolments are closing soon so please contact the parish office for more information or to register your interest as soon as possible.



CATHOLIC WOMEN'S LEAGUE: The next meeting of the Catholic Women's League will be on **Tuesday July 30 at 10:00am** in the St Vincent de Paul Centre, 43 Kay Street. All are welcome and invited to come along.



YOUTH NEWS: Thank you to everyone who came along to our Youth Market on Sunday to support our Youth Ministry and help raise funds for their upcoming Ignite Youth Conference in Sydney. Together we raised \$850.70 which is a fantastic effort from all involved, well done! It was a great opportunity for us to all catch up over coffee and get to know each other better. We currently have 16 parishioners from St Michael's enrolled for Ignite, and are grateful for the support of their families and our wider parish community for making it happen. The J-Walkers will run another Market Day in the Mary MacKillop Hall with the Coffee Cart on **Sunday August 18 after 9.30am Mass** and invite all of you to come along and join in the fun. There will be stalls, games, raffles and of course coffee!

CHILD SAFETY TRAINING: Some of you may have already received an email asking you to complete an updated SafeTrac Module from the Diocese of Sale, others will receive it in the coming weeks. This is an important requirement of all our volunteers and our commitment to safeguarding children and vulnerable adults in our parish community and we thank you for your ongoing support. If you have any questions regarding the training please do not hesitate to contact the parish office.

WORLD DAY FOR GRANDPARENTS AND THE ELDERLY: This year's World Day for Grandparents and the Elderly will be celebrated this Sunday July 28 with the theme "Do not cast me off in my old age" (cf. Psalm 71:9). This theme highlights the loneliness experienced by many elderly individuals, who are often marginalized in today's throw-away culture. As we prepare for the Jubilee, the day aims to honour the wisdom and contributions of grandparents and the elderly, promoting intergenerational bonds and addressing loneliness. The event encourages us to support and cherish the elderly, reflecting on the Biblical truth that "It is not good for man to be alone" (Gen 2:18).



PRAYER FOR THE FOURTH WORLD DAY FOR GRANPARENTS AND THE ELDERLY

Lord, faithful God,
 You who created us in Your image,
 You who never leaves us alone
 And who accompanies us through every season of life,
 Do not abandon us, take care of us,
 And grant us, once again,
 The ability to discover ourselves
 And recognize that we are Your children.
 Renew our hearts with your Word
 And do not allow anyone to be cast aside.
 May your Spirit of love fill us with Your tenderness
 And teach us to say:
 "I will not abandon you!"
 To those we meet on our journey.
 With the help of your beloved Son,
 May we not lose the taste for fraternity
 And may we not conform to the sadness of loneliness.
 Help us to look to the future with renewed hope,
 And make the World Day for Grandparents and the Elderly
 A day without loneliness, and a day abundant with the first-
 fruits of Your peace.
 Amen

OUR STORIES - OUR CHURCH – OUR MISSION



PARISH DIOCESAN CONSULTATION MEETING

PHASE ONE– REVIEW

POSTPONED

to Friday August 02 from 6:00 – 8:00pm

Our Parish Consultation meeting that was scheduled for this Saturday has had to be postponed until Friday August 02. Unfortunately due to logistical issues, illness and timing we have had to change the date. We apologise for the inconvenience and the late notice, and hope you can join us next Friday at 6pm in the Mary MacKillop Hall. This is a great opportunity to reflect on the past five years and acknowledge the things we have done well and the things we could do better.



LIVING WITH JOY: Join Fr Frankie for a special Women's Retreat on **Saturday August 17 from 9:30am – 4pm** at the Catholic Leadership Centre, 576 Victoria Parade, East Melbourne. Hosted by the Catholic Women's League, the day will

include Holy Mass, Adoration, Confession and inspiring talks. Tickets are \$80 each and include lunch, morning and afternoon tea. Visit trybooking.com/CQZUT to book your place. Encounter God's love and meet a community of women of faith!

ST VINCENT DE PAUL SOUP VAN- VOLUNTEERS

NEEDED: Do you have a passion for giving a 'hand up' to individuals experiencing food and financial insecurity? Love giving back to your local community? Enjoy engaging with people from all walks of life? Volunteers are needed for Traralgon's St Vincent de Paul Soup Van which operates out of Traralgon to prepare and pack food, assist with loading the soup vans, distributing food on a 'Soup Van Run' and assisting in cleaning up the kitchen and soup van vehicle as a team. Please contact Marg Morrison on 0439 600 899 for more information or to register your interest.



STEWARDSHIP MATTERS:

"There is a boy here who has five barley loaves and two fish; but what good are these for so many?" JOHN 6:9
 The miracle of the Loaves and Fishes carries two important messages. First, no matter how little we have, we always have enough to share. Second, Christ can take our humble gifts and do great things with them if we are just willing to let Him. Nothing is impossible with God. All of our gifts, big or small, were given to us for a reason. No gift is too small or insignificant!

Rosters for August 03 & 04, 2024			18 th Sunday in Ordinary Time, Year B		
	Lector	Commentator	Welcomer	Eucharistic Minister	Musicians
Saturday Aug 03 5:00pm	C Di Corleto	A Taylor	A Membrey & 1 volunteer	A Reid & C Payne	
Sunday Aug 04 9:30am	U & E Imhagwe	M Wilkinson	W Banks-Smith & D Bau	E Ryan, R Varghese & W Banks-Smith	Filipino Choir
Sunday Aug 04 5:00pm	V Vaz & S Harikrishna	C Hill	J McLaughlin	2 x volunteers	Jane & Simon
Church Cleaning	August	Welcomer's Team			
Mick's Kitchen	August 01	St Michael's Staff	August 08	Cartledge Team	
Touring Statue of Our Lady	August 04	B McNulty	August 11	V Vaz	

First Reading 2 Kings 4:42-44

A reading from the second book of the Kings

They will eat and have some left over.

A man came from Baal-shalishah, bringing Elisha, the man of God, bread from the first-fruits, twenty barley loaves and fresh grain in the ear. 'Give it to the people to eat,' Elisha said. But his servant replied, 'How can I serve this to a hundred men?' 'Give it to the people to eat' he insisted 'for the Lord says this, "They will eat and have some left over."' He served them; they ate and had some over, as the Lord had said.

Responsorial Psalm Ps 144:10-11, 15-18. R. v.16

(R.) *The hand of the Lord feeds us;
he answers all our needs.*

1. All your creatures shall thank you, O Lord, and your friends shall repeat their blessing. They shall speak of the glory of your reign and declare your might, O God. **(R.)**
2. The eyes of all creatures look to you and you give them their food in due time. You open wide your hand, grant the desires of all who live. **(R.)**
3. The Lord is just in all his ways and loving in all his deeds. He is close to all who call him, who call on him from their hearts. **(R.)**

**Second Reading** Eph 4:1-6

A reading from the letter of St Paul to the Ephesians

There is one body, one Lord, one faith, one baptism.

I, the prisoner in the Lord, implore you to lead a life worthy of your vocation. Bear with one another charitably, in complete selflessness, gentleness and patience. Do all you can to preserve the unity of the Spirit by the peace that binds you together. There is one Body, one Spirit, just as you were all called into one and the same hope when you were called. There is one Lord, one faith, one baptism, and one God who is Father of all, through all and within all.

Gospel Acclamation see Eph 1:17-18

Alleluia, alleluia!

*A great prophet has appeared among us;
God has visited his people.*

Alleluia!

Gospel John 6:1-15

A reading from the holy Gospel according to John

He distributed to those who were seated as much as they wanted.

Jesus went off to the other side of the Sea of Galilee – or of Tiberias – and a large crowd followed him, impressed by the signs he gave by curing the sick. Jesus climbed the hillside, and sat down there with his disciples. It was shortly before the Jewish feast of Passover.

Looking up, Jesus saw the crowds approaching and said to Philip, 'Where can we buy some bread for these people to eat?' He only said this to test Philip; he himself knew exactly what he was going to do. Philip answered, 'Two hundred denarii would only buy enough to give them a small piece each.' One of his disciples, Andrew, Simon Peter's brother, said, 'There is a small boy here with five barley loaves and two fish; but what is that between so many?' Jesus said to them, 'Make the people sit down.' There was plenty of grass there, and as many as five thousand men sat down. Then Jesus took the loaves, gave thanks and gave them out to all who were sitting ready; he then did the same with the fish, giving out as much as was wanted. When they had eaten enough he said to the disciples, 'Pick up the pieces left over, so that nothing gets wasted.' So they picked them up, and filled twelve hampers with scraps left over from the meal of five barley loaves. The people, seeing this sign that he had given, said, 'This really is the prophet who is to come into the world.' Jesus, who could see they were about to come and take him by force and make him king, escaped back to the hills by himself.

Next week's Readings: 18th Sunday in Ordinary Time

First Reading: Exodus 16:2-4, 12-15

Second Reading: Ephesians 4:17, 20-24

Gospel: John 6:24-35