



## St Michael's Catholic Parish Traralgon

**St Michael's Vision Statement:** Inspired by Jesus Christ, we are a welcoming Catholic Community seeking to enrich lives. Come and join us!

**St Michael's Mission Statement:**

To provide opportunities for parishioners –

- to grow in holiness
- to discover and live out their personal and community call to mission to live as Catholics who effectively transform society.

www.smpt.org.au  
email: sec@smpt.org.au

**Statement of Commitment to the safety of children and adults at risk:** Central to the mission of St Michael's Parish is an unequivocal commitment to fostering the dignity, self-esteem and integrity of children, young people and adults at risk and providing them with a safe, supportive and enriching environment to develop spiritually, physically, intellectually, emotionally and socially.

Please contact our Safeguarding Officers Shane Reid or Sally Darby on 5174 2060 if you have any concerns.

### St Michael's Parish Information

**Fr Aju Varghese** Parish Priest  
Parish Centre 5174 2060  
Priest's Residence: 5174 6765

**Deacon Tony Aspinall**  
Email: deacontony8@gmail.com  
Telephone: 5174 9012

**St Michael's Parish Office**  
Telephone: 5174 2060  
Address: 35 Kay Street, Traralgon  
PO Box 103, Traralgon 3844

Office hours – by phone and email  
Tues to Friday 9:00am to 4:00pm  
Parish Secretary: Catherine Hill  
Email: sec@smpt.org.au  
Sacraments / Youth: Jenifer Hanratty  
Email: sacraments@smpt.org.au

**After office hours** - in case of an emergency please call 0499 162 313 and leave a message and your contact details. All non-urgent calls should be made during office hours.

**Baptisms:** Six weeks notice required

**Weddings:** Six months notice required

**Parish Pastoral Council:** Fr Aju Varghese, Deacon Tony Aspinall, Ben Kennedy, Brett Van Berkel, Cath Hill, Cathy McLure, Elizabeth Joseph, Jenifer Hanratty, Jodie Ware, Judi McLaughlin (chairperson), Kim Zerafa, Michael Hansen (deputy chairperson), Michelle Charlton, and Roy Varghese.

### Our Schools:

**St Gabriel's School** 5174 5515  
Principal: Mrs Michelle Charlton

**St Michael's School** 5174 3295  
Principal: Mrs Jodie Ware

**Lavalla Catholic College** 5174 5272  
Principal: Mr Ryan Greer  
Kildare Campus 5174 8111  
St Paul's Campus 5174 7355

### OUR STORIES - OUR CHURCH – OUR MISSION

#### PARISH DIOCESAN CONSULTATION MEETING PHASE ONE– REVIEW

The First Phase of the Diocesan Consultation has begun in parishes throughout our Diocese. The aim of this first consultation is to look back over the past five years (2019 to 2024), and together, to reflect on the question: *“As people of faith and mission, what has God's Spirit been doing in and through us during these past five years?”* The simple meeting process invites participants to be guided by God's Word and prayer, to engage in attentive listening to themselves, to each other, and to the Holy Spirit, using a method called, 'Conversations In The Spirit'. This will be explained at the meeting. It is important that everyone's stories, memories and perspectives are heard so we invite you all to join us in the Mary MacKillop Hall:

**Friday July 19 from 6:30 – 8:30pm or Saturday July 27 from 2:00 – 4:00pm.**

All current and past parishioners are invited and encouraged to come along for a time of sharing and reflection. Let us continue to pray to the Holy Spirit to open our hearts and minds to engaging in this process of prayerful listening and sharing.

#### **DIOCESAN ASSEMBLY PRAYER:**

Holy Spirit of Wind and Fire, come!  
Startle us anew with your power and energy.  
Blow fresh life through our tired dreams.  
Fan into a flame the gifts you have given us.  
Light up the windows of our joy and purpose.  
Spark bright fires of optimism deep within us.  
Reveal more clearly a vision of what is possible.

May we listen attentively  
to your quiet whisper at our very core.  
May we discern your call  
expressed in the voices and stories of others.  
May we build a Church  
that radiates and nourishes our unity of faith.  
May we be at one with all of humanity  
and the rest of God's creation.

May we develop the courage to be people of mission,  
alert to opportunities,  
always on the move,  
bringing Good News to our needy world,  
Wind and Fire for one another.  
Amen.

Our Lady of Perpetual Help.  
Pray for Us.

| Sunday Mass Times  |         |                     |
|--------------------|---------|---------------------|
| Saturday           | 5:00pm  | Mass                |
| Sunday             | 9:30am  | Mass                |
|                    | 5:00pm  | Mass                |
| Weekday Mass Times |         |                     |
| Tuesday Jul 16     | 9:30am  | Mass                |
|                    | 10:45am | Mass @ Margery Cole |
| Wednesday Jul 17   | 11:00am | Reconciliation      |
|                    | 11:00am | Exposition          |
|                    | 12:00pm | Mass                |
| Thursday Jul 18    | 9:30am  | Mass*               |
| Friday Jul 19      | 9:30am  | Mass                |

\*This Thursday, Mass will return to St Gabriel's Primary School. Parishioners are invited to join their Grade 1 students to celebrate the start of the school term. All are welcome.

**PLEASE PRAY FOR:** those who have died recently and those whose anniversaries occur at this time including Bambina Damiano, Maxwell Blizzard, Elizabeth Jacob, William Higgins, Victoria Sanchez, Tony Battista, Maria Zahra, Frank Falzon, and Brian Hayes. *Lord, let your perpetual light shine upon them. May they rest in peace. Amen.*



**WE PRAY FOR THOSE WHO ARE SICK:** including Bernadette Formaran, Fr Frank Freeman, Carolyn Gleeson, Jacqui Granville, Barbara Greaves, Ellen Hammond, Robert Hazelman, Imogen Hillier, Joyce Martin, Ivy May, Deborah Mckerchar, Ben Melenhorst, Maree Morris, Henry Polo, Joan Riggall, Theresa Rosello, Jerry Templer, Damiano Tripodi, George Walkan, Victoria Rolih, James Whitty, Peter Dal Pra, Jane Eric, Rose Xuereb, Peter Lorinc, Don Barnes, Paul Laurie, Gus Agostino, Sharon Veleff, Jenny Hansch, Rosemaree Kays, Fr Andrew Wise, Jaime Mack, Greg Doyle and all those we hold dear in our hearts. *Please let the office know if you, or anyone you know would like a visit from the parish.*



**RCIA:** Do you have a question about what Catholics believe or are you considering becoming a Catholic yourself? Come to the Rite of Christian Initiation for Adults (RCIA) sessions where we can answer your questions and shed light on what Catholics believe. Please contact the parish office for more information or to register your interest.



**KEEP THE DATE:** St Michael's Parish Traralgon is hosting a **menALIVE Men's Weekend on August 10 and 11 2024**. This weekend provides an opportunity for men in Traralgon and neighbouring towns to explore what makes them fully alive. The men of St Michael's Traralgon, with the encouragement of our Parish Priest, Fr Aju Varghese, are inviting and encouraging men to become an active force of renewal in the community and the church. This event is a part of that renewal. Mass is included in the program.

August 10 & 11 Saturday 8:00am to 9:00pm  
 Sunday 8:00am to 1:30 pm  
 Cost \$50 per person (concessions available)  
 Includes lunch & dinner (Sat)  
 Refreshments tea/coffee – both days  
 Venue Mary MacKillop Hall

| THIS WEEK'S EVENTS: |  |
|---------------------|--|
| Tuesday July 16     |  |
| 10:45am             | Mass @ Margery Cole, Margery Cole Hostel, Yallambee        |
| 5:30pm              | Parish Pastoral Council Meeting, St Vincent de Paul Centre |
| Wednesday July 17   |  |
| 11:00am             | Reconciliation, St Michael's Church                        |
| 5:30pm              | Liturgy Team Meeting                                       |
| Thursday July 18    |  |
| 10:30am             | Charismatic Prayer Group, St Michael's Church              |
| Friday July 19      |  |
| 6:30pm              | Parish Diocesan Consolation Meeting, Mary MacKillop Hall   |
| Sunday July 21      |  |
| 10:30am             | Coffee Cart & Market Stalls, Mary MacKillop Hall           |

**BAPTISMS:** Our next Baptism Preparation meeting will be held on **Tuesday August 13 at 7pm** in the church. Please contact the parish office for more information and to register your interest.



**YOUTH NEWS:** Our Youth Ministry is working hard to raise funds for their upcoming trip to the Ignite Youth Conference in Sydney and are grateful for your support to date. It is not too late to register, so if you or someone you know is interested in attending, contact the parish office for more information.

**J-WALKERS YOUTH MARKET STALLS:** Our J-Walkers will be fundraising after Masses in the coming weeks to help raise funds for their Ignite Conference. They will also run two Market days in the Mary MacKillop Hall alongside the Coffee Cart and invite you to come along and join them.

**July 21 after 9.30am Mass**  
**August 18 after 9.30am Mass**

Please come along and support our young people while enjoying a day of parish building and connection. We will also happily take any donations of goods or money that can be sold/raffled to help with their fundraising efforts. Please continue to keep the J-Walkers, their families and leaders in your prayers.

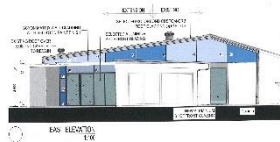
**BAPTISM PROGRAM FOR SCHOOL AGED CHILDREN:**

Have you ever thought about Baptising your school aged child? Are you wanting to learn more about the Catholic Faith? Enrolments are now open for our Term 3 program. Two workshops will be held on **Sunday July 21 and Sunday July 28** with the sacrament of Baptism celebrated the following weekend on **Sunday August 04**. At least one parent must be a baptised Catholic. Please contact Cath or Jen in the parish office as soon as possible for more information or to enrol your child.



**PARISH HALL START DATE**

**MONDAY JULY 15:** It is finally happening! After many years and challenges, our parish hall project is moving forward and will begin on Monday July 15. Langden Constructions will take over the parish centre at this time to begin the demolition of the old outbuildings before beginning the construction of our new hall. You will see that temporary fencing has been placed around the parish centre, however access to the church will remain the same. Drawings are available in both church foyers and we encourage you to have a look at the improvements being made to our old Presbytery. We are removing extra bedrooms and bathrooms to make space for the new hall and updating the office space to make it more user friendly and fit for purpose.



During the build process we will not have access to the parish centre at all, nor to the Mary MacKillop Room or the Chapel. Our parish office will be closed and our staff mostly working from home, however we will still be available Tuesday to Friday from 9am – 4pm via phone and email. Our staff will be available at the St Vincent de Paul Centre on Tuesdays from 9am – 4pm, please call or email to make an appointment. Parish meetings will need to be held elsewhere so please contact the office to arrange a space and time for your group to meet. We will also be unable to use the school grounds for parking during weekend masses until further notice.

We thank you in advance for your patience during this time. It is very exciting that the build is finally happening but we understand that it will be difficult to be without a parish office for awhile. At this stage, the build is due for completion on March 15, 2025. We will keep you updated on our movements as things change and look forward to soon being together in our very own Parish Hall.



**OUR STORIES - OUR CHURCH – OUR MISSION**

**PARISH DIOCESAN CONSULTATION MEETING PHASE ONE– REVIEW**

**Friday July 19 from 6:30 – 8:30pm or Saturday July 27 from 2:00 – 4:00pm.**

“The purpose of the Synod, and therefore of this consultation, is not to produce documents, but to plant dreams, draw forth prophecies and visions, allow hope to flourish, inspire trust, bind up wounds, weave together relationships, awaken a dawn of hope, learn from one another, and create a bright resourcefulness that will enlighten minds, warm hearts, give strength to our hands.” POPE FRANCIS, December 11, 2023.

**HAPPY BIRTHDAY AILEEN!** Our long-time parishioner Aileen Graham will celebrate her 100<sup>th</sup> birthday on Tuesday. Congratulations Aileen from all of us at St Michael’s, we hope you have a fabulous day.

**A CENACLE OF PRAYER:** You are invited to the Fatima Centre, 205-207 Poath Road, Murrumbena on **Friday July 19**. The Marian Movement of Priests are conducting a Cenacle of Prayer. Starting at 10:30am Holy Rosary with Holy Hour in front of the Blessed Sacrament. Holy Mass and a talk by Fr Peter Ferwerda on our Blessed Mother from 12pm, followed by BYO lunch at 1pm. All are welcome. For further information, contact Kathleen on 9569 9653 or Grace on 0420 344 189.



**LIVING WITH JOY:** Join Fr Frankie for a special Women’s Retreat on **Saturday August 17 from 9:30am – 4pm** at the Catholic Leadership Centre, 576 Victoria Parade, East Melbourne. Hosted by the Catholic Women’s League, the day will include Holy Mass, Adoration, Confession and inspiring talks on the Joy of the Gospel, Sharing the Greatest Love Story and God Who Heals. Tickets are \$80 each and include lunch, morning and afternoon tea. Visit [trybooking.com/CQZUT](http://trybooking.com/CQZUT) to book your place. Encounter God’s love and meet a community of women of faith!



**FOR THE PASTORAL CARE OF THE SICK**

“Let us pray that the Sacrament of the Anointing of the Sick grant the Lord’s strength to those who receive it and to their loved ones, and that it may become for everyone an ever more visible sign of compassion and hope.”  
- Pope Francis -

**STEWARDSHIP MATTERS:**

“He instructed them to take nothing for the journey but a walking stick – no food, no sack, no money in their belts.”  
MARK 6:8

Imagine taking nothing but a stick when you go on a trip. The Apostles must have really trusted in God’s providential care. Think of all the material things “we can’t live without” in today’s world. We make our life’s journey more difficult because of all the material baggage that we drag along. Putting God first in everything and putting our money and possessions second gives us freedom because we don’t become “slaves” to wanting to acquire more things.

**Rosters for July 20 & 21, 2024**

**16<sup>th</sup> Sunday in Ordinary Time, Year B**

|                               | Lector             | Commentator | Welcomer              | Eucharistic Minister    | Musicians               |
|-------------------------------|--------------------|-------------|-----------------------|-------------------------|-------------------------|
| <b>Saturday Jul 20 5:00pm</b> | S & S Reid         | M Noone     | C Payne & Volunteer   | B Purcell & 1 Volunteer | Alison, Jeanne & Amanda |
| <b>Sunday Jul 21 9:30am</b>   | J Dal Pra & E Babu | M Wilkinson | M Blanchard & A Sykes | M Hansen & P Abilash    | Charismatic Choir       |
| <b>Sunday Jul 21 5:00pm</b>   | E Harte            | J Fleming   | B McNulty & Volunteer | 2 x Volunteers          |                         |

|                            |         |                         |         |                 |
|----------------------------|---------|-------------------------|---------|-----------------|
| Church Cleaning            | July    | Catholic Women’s League |         |                 |
| Mick’s Kitchen             | July 18 | Van Berkel Team         | July 25 | McLaughlin Team |
| Touring Statue of Our Lady | July 21 | E Harte                 | July 28 | E Membrey       |

**First Reading**

Amos 7:12-15

A reading from the prophet Amos

*Go, prophesy to my people.*

Amaziah, the priest of Bethel, said to Amos, 'Go away, seer; get back to the land of Judah; earn your bread there, do your prophesying there. We want no more prophesying in Bethel; this is the royal sanctuary, the national temple.' 'I was no prophet, neither did I belong to any of the brotherhoods of prophets.' Amos replied to Amaziah, 'I was a shepherd, and looked after sycamores: but it was the Lord who took me from herding the flock, and the Lord who said, "Go, prophesy to my people Israel."' "

**Responsorial Psalm**

Ps 84:9-14. R. v.8

**(R.) Lord, show us your mercy and love, and grant us your salvation.**

I will hear what the Lord God has to say,  
a voice that speaks of peace,  
peace for his people.

His help is near for those who fear him  
and his glory will dwell in our land. **(R.)**

Mercy and faithfulness have met;  
justice and peace have embraced.  
Faithfulness shall spring from the earth  
and justice look down from heaven. **(R.)**

The Lord will make us prosper  
and our earth shall yield its fruit.  
Justice shall march before him  
and peace shall follow his steps. **(R.)**

**Second Reading**

Eph 1:3-14

A reading from the letter of St Paul to the Ephesians

*Before the world was made, he chose us in Christ.*

Blessed be God the Father of our Lord Jesus Christ, who has blessed us with all the spiritual blessings of heaven in Christ.

Before the world was made, he chose us, chose us in Christ, to be holy and spotless, and to live through love in his presence, determined that we should become his adopted sons, through Jesus Christ for his own kind purposes, to make us praise the glory of his grace, his free gift to us in the Beloved in whom, through his blood, we gain our freedom, the forgiveness of our sins.

Such is the richness of the grace which he has showered on us in all wisdom and insight. He has let us know the mystery of his purpose, the hidden plan he so kindly made in Christ from the beginning to act upon when the times had run their course to the end: that he would bring everything together under Christ, as head, everything in the heavens and everything on earth.

And it is in him that we were claimed as God's own, chosen from the beginning, under the predetermined plan of the one who guides all things as he decides by his own will; chosen to be, for his greater glory, the people who would put their hopes in Christ before he came.

Now you too, in him, have heard the message of the truth and the good news of your salvation, and have believed it: and you have been stamped with the seal of the Holy Spirit of the Promise, the pledge of our inheritance which brings freedom for those whom God has taken for his own, to make his glory praised.

**Gospel Acclamation**

see Eph 1:17-18

*Alleluia, alleluia!*

*May the Father of our Lord Jesus Christ enlighten the eyes of our hearts that we might see how great is the hope to which we are called.*

*Alleluia!***Gospel**

Mk 6:7-13

A reading from the holy Gospel according to Mark

*He called the Twelve, and began to send them out.*

Jesus summoned the Twelve and began to send them out in pairs giving them authority over the unclean spirits. And he instructed them to take nothing for the journey except a staff – no bread, no haversack, no coppers for their purses. They were to wear sandals, but, he added, 'Do not take a spare tunic.'

And he said to them, 'If you enter a house anywhere, stay there until you leave the district. And if any place does not welcome you and people refuse to listen to you, as you walk away shake off the dust from under your feet as a sign to them.'

So they set off to preach repentance; and they cast out many devils, and anointed many sick people with oil and cured them.



|  |                   |
|--|-------------------|
| Next weeks Readings: 16 <sup>th</sup> Sunday in Ordinary Time Yr B |                   |
| First Reading:   | Jeremiah 23:1-6   |
| Second Reading:  | Ephesians 2:13-18 |
| Gospel:  | Mark 6:30-34      |