

St Michael's Catholic Parish Traralgon

St Michael's Vision Statement: Inspired by Jesus Christ, we are a welcoming Catholic Community seeking to enrich lives. Come and join us!

St Michael's Mission Statement:

To provide opportunities for parishioners –

- to grow in holiness
- to discover and live out their personal and community call to mission to live as Catholics who effectively transform society.

www.smpt.org.au
email: sec@smpt.org.au

Statement of Commitment to the safety of children and adults at risk: Central to the mission of St Michael's Parish is an unequivocal commitment to fostering the dignity, self-esteem and integrity of children, young people and adults at risk and providing them with a safe, supportive and enriching environment to develop spiritually, physically, intellectually, emotionally and socially.

Please contact our Safeguarding Officers Shane Reid or Sally Darby on 5174 2060 if you have any concerns.

St Michael's Parish Information

Fr Aju Varghese Parish Priest
Parish Centre 5174 2060
Priest's Residence: 5174 6765

Deacon Tony Aspinall
Email: deacontony8@gmail.com

St Michael's Parish Office
Telephone: 5174 2060
Address: 35 Kay Street, Traralgon
PO Box 103, Traralgon 3844

Office hours –
Tues to Friday 9:00am to 4:00pm
Parish Secretary: Catherine Hill
Email: sec@smpt.org.au
Sacraments / Youth: Jenifer Hanratty
Email: sacraments@smpt.org.au

After office hours - in case of an emergency please call 0499 162 313 and leave a message and your contact details. All non-urgent calls should be made during office hours.

Baptisms: Six weeks notice required

Weddings: Six months notice required

Parish Pastoral Council: Fr Aju Varghese, Deacon Tony Aspinall, Ben Kennedy, Brett Van Berkel, Cath Hill, Cathy McLure, Elizabeth Joseph, Jenifer Hanratty, Jodie Ware, Judi McLaughlin (chairperson), Kim Zerafa, Michael Hansen (deputy chairperson), Michelle Charlton, and Roy Varghese.

Our Schools:

St Gabriel's School 5174 5515
Principal: Mrs Michelle Charlton

St Michael's School 5174 3295
Principal: Mrs Jodie Ware

Lavalla Catholic College 5174 5272
Principal: Mr Ryan Greer
Kildare Campus 5174 8111
St Paul's Campus 5174 7355



A Calming Prayer: Gospel Reflection by Michael A Kelly CSsR

The Shetland Islands are north of Scotland and just below the Arctic Circle. They are a group of one hundred islands with only sixteen inhabited. There is a daily ferry for travellers, but also private boats for hire.

A retired naval captain used to skipper a boat taking tourists to the islands, and one day his boat had a party crowd of young people. They smirked at the old captain when they saw him saying a prayer before sailing because the day was fine and the weather calm. However, they were not long at sea before they experienced a sudden storm, and the boat began to pitch violently.

The terrified passengers came to the captain and asked him to join them in prayer. He replied, "I say my prayers when it's calm and when it's rough I tend to my boat." We are all likely to pray for help when storms come our way. However, it is also important to seek God in the quieter moments of life and to build a relationship that takes us through all the seasons of life.

We are familiar with prayers of petition in times of need and these are personal where we ask God for certain things in life. There are prayers of intercession when we make requests on behalf of other people. Equally familiar to us are prayers of thanksgiving where we rejoice in what God has done for us.

Prayer is about relationship and God invites us to grow the relationship by spending time with God. Two other forms of prayer are prayers of blessing and adoration where we acknowledge our dependence of God and prayers of praise where we express our love for God.

During our busy lives we can sometimes lose sight of the need to stop, reflect and open our lives to God, so it is helpful to heed the advice of the retired naval captain, and to develop a daily pattern of prayer rather than only turning to prayer in the 'storms of life'. This pattern will help us grow a deeper relationship with God who is ever present but not always engaged.

We have routines for exercise and recreation. We have routines for work and for play. Routines are helpful in that they help us engage in what is essential, but they also help to free us for spontaneity because they create space by taking care of the ordinary things in life. When prayer becomes part of the pattern of the day, we are giving time to nurturing our relationship with God.

As we grow in our relationship, we become more like the disciples who were in awe when Jesus calmed the storm, and they began to recognise more fully the identity of Jesus. May we become more conscious of God's presence by developing daily patterns of prayer.

Sunday Mass Times		
Saturday	5:00pm	Mass
Sunday	9:30am	Mass
	5:00pm	Mass
Weekday Mass Times		
Tuesday Jun 25	9:30am	Mass
Wednesday Jun 26	11:00am	Reconciliation
	11:00am	Exposition
	12:00pm	Mass
Thursday Jun 27	9:30am	Mass*
Friday Jun 28	9:30am	Mass
	11:30am	Requiem Mass for Bronia Jurus

*This Thursday, Mass will be celebrated here at St Michael's Church, NOT St Gabriel's Primary School. As the school holidays approach, Mass will be at St Michael's for the next 3 Thursdays.

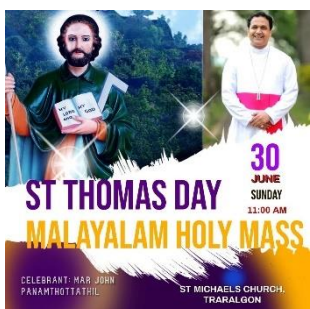
PLEASE PRAY FOR: those who have died recently including Ray Cooper, Ron Rees, Bronia Jurus, Janice Sharp, and those whose anniversaries occur at this time including Matt Dal Pra, Daniel O'Donnell, Jozef Cukier, Aleyamma Varghese, Almir Agustin, Justin O'Brien, Rita Flynn, Adriano Vergas, Estafan Masternak, Angelica Cuevas, Patricia Campbell, Pamela Filo, and Elisa Bastianutto. *Lord, let your perpetual light shine upon them. May they rest in peace. Amen.*



WE PRAY FOR THOSE WHO ARE SICK: including Bernadette Formaran, Fr Frank Freeman, Carolyn Gleeson, Jacqui Granville, Barbara Greaves, Ellen Hammond, Robert Hazelman, Imogen Hillier, Joyce Martin, Ivy May, Deborah Mckerchar, Ben Melenhorst, Maree Morris, Henry Polo, Joan Riggall, Theresa Rosello, Jerry Templer, Damiano Tripodi, George Walkan, Victoria Rolih, James Whitty, Peter Dal Pra, Jane Eric, Rose Xuereb, Peter Lorinc, Don Barnes, Paul Laurie, Gus Agostino, Sharon Veleff, Jenny Hansch, Rosemaree Kays, Fr Andrew Wise, Jaime Mack and all those we hold dear in our hearts. *Please let the office know if you, or anyone you know would like a visit from the parish.*

HOLIDAYS: This weekend we welcome Fr Aju home and thank Fr Peter and Deacon Tony for taking such good care of us all while he was away. The office will be closed this week while Cath has a few days off but then we will all be back from Tuesday July 02!

The school term comes to an end this Friday June 28. It has been a busy term at both St Michael's, St Gabriel's and Lavalla and we thank all school staff and families for their support of the parish during this time. We wish our teachers and families a safe and peaceful holiday break and hope they all come back renewed and ready for Term 3.



MALAYALAM MASS: We will host a very special Syro-Malabar Mass with Mar John Panamthottathil on Sunday June 30 to celebrate the feast of St Thomas. Join us for Mass in Malayalam at 11am followed by lunch in the Mary MacKillop Hall. All are welcome and invited to attend.

THIS WEEK'S EVENTS:	
Office Closed Monday June 24 – Friday June 28	
Tuesday June 25	
10:00am	Catholic Women's League, Mary MacKillop Room
Thursday June 27	
10:30am	Charismatic Prayer Group, Mary MacKillop Room
Sunday June 30	
11:00am	Syro-Malabar Mass, St Michael's Church

BAPTISMS: Our next Baptism Preparation meeting will be held on **Tuesday July 02 at 7pm** in the church. Please contact the parish office for more information and to register your interest.



BAPTISM PROGRAM FOR SCHOOL AGED CHILDREN:



Have you ever thought about Baptising your school aged child? Are you wanting to learn more about the Catholic Faith? Enrolments are now open for our Term 3 program. Two workshops will be held on **Sunday July 21 and Sunday July 28** with the sacrament of Baptism celebrated the following weekend on Sunday August 04. At least one parent must be a baptised Catholic. Please contact Cath or Jen in the parish office for more information or to enrol your child.



RCIA: Do you have a question about what Catholics believe or are you considering becoming a Catholic yourself? Come to the Rite of Christian Initiation for Adults (RCIA) sessions where we can answer your questions and shed light on what Catholics believe. Please contact the parish office for more information or to register your interest.



YOUTH NEWS: Ignite Youth is hosting its annual youth conference in Sydney from September 26-29. The theme of this year's conference is Rise Up! Like the phoenix from the ashes, to ascend in the power of the Holy Spirit. To hold on to Jesus and the hope of his words when he says, "I am the resurrection and the life, whoever believes in me will live forever..." (John 11:25) Last year we had 11 parishioners attend and come back full of hope for our church and our parish after spending four days with other young people from around Australia, sharing their faith and strengthening their relationship with God and each other. We are looking forward to sending another group this year so if you or someone you know is interested in attending, please contact the parish office for more information. We will be having a leaving collection this weekend to raise funds to help our youth attend this conference, we ask for your support financially but also ask you to keep them in your prayers.



Thank you to our wonderful parishioners who give their own time and talent to ensure our church has fresh flower arrangements each weekend. Thank you also to those of you who donate flowers, or money to buy flowers, to help keep our church looking beautiful.



**OUR STORIES - OUR CHURCH – OUR MISSION
PARISH DIOCESAN CONSULTATION**

MEETING- PHASE ONE– REVIEW: During June and July, everyone in the Diocese of Sale is invited to participate in the First Phase of the Diocesan Consultation. The aim of this first consultation is to look back over the past five years (2019 to 2024), and together, to reflect on the question: *“As people of faith and mission, what has God’s Spirit been doing in and through us during these past five years?”* The simple meeting process invites participants to be guided by God’s Word and prayer, to engage in attentive listening to themselves, to each other, and to the Holy Spirit, using a method called, ‘Conversations In The Spirit’. It is important that everyone’s stories, memories and perspectives are heard.

Join us in the Mary MacKillop Hall on **Friday July 19 from 6:30 – 8:30pm** or **Saturday July 27 from 2:00 – 4:00pm**. All current and past parishioners are invited and encouraged to come along for a time of sharing and reflection.

Let us continue to pray to the Holy Spirit to open our hearts and minds to engaging in this process of prayerful listening and sharing.

MUCH GIVEN BY DEACON MARK KELLY: For those who missed out on a copy of Deacon Mark’s recently released memoir ‘Much Given’, there are still some available from the parish office or from the piety stall for \$29.95. All profits will go to the Brigidine Asylum Seeker Project (BASP).

REFLECTION by Nick Brodie: In 2020, Pope Francis stood alone in St Peter’s Square in Rome and reflected on this Gospel passage. ‘We find ourselves afraid and lost,’ he said. ‘Like the disciples in the Gospel we were caught off guard by an unexpected, turbulent storm.’

At the time, while a pandemic raged, the Pope spoke of the need for joint action for the good of all. ‘We have realised that we are on the same boat, all of us fragile and disoriented,’ he said, before adding that this meant we are ‘all of us called to row together.’ Moreover, as the Pope reminds us, we never need to row alone. Jesus is always there for us when we call. For the apostles, Jesus was in the boat. He was present, even as his disciples flailed about, worrying what would become of them. In fact, as the Pope notes, Jesus was ‘in the stern, in the part of the boat that sinks first.’ Whatever our trials, we should always know that Jesus is there with us. And, the Pope adds, we can trust that Jesus understands. Tellingly, Jesus does not only calm the wind. As the Pope puts it, ‘once they have called on him, he saves his disciples from their discouragement.’

STUDY THEOLOGY IN BOX HILL: Yarra Theological Union, a Catholic College of the University of Divinity, is taking enrolments now. Appointments are available by emailing John McDowell, the Dean at dean@ytu.edu.au For further information and the Unit timetable, visit the website www.ytu.edu.au Semester 2 starts 29 July 2024. Everyone is welcome.

AN EVENING OF PRAISE AND WORSHIP

*Let everything that has breath
praise the lord.
(Ps 150)*

28 June 2024 | 6:30pm-8pm

ST MARY’S CATHEDRAL SALE
47- 57 FOSTER STREET



The Parish Office will be closed from Monday June 24 – Friday June 28. Mass times will continue as normal during this time and Fr Aju can be contacted on 0499 162 313 if needed.

A DAY WITH THE SPIRIT: Hosted by Fr Joseph Abutu, Fr Francis Otobo and Fr Mark Hughes, with special guests Cathy McLure and Michelle Grimstead. Join us for Mass, Praise & Worship, and Teaching on Saturday July 06, 10am – 4pm at St Mary’s Parish Hall, Bairnsdale. All are welcome, we just ask that you bring a plate to share. For all enquiries contact St Mary’s Parish Bairnsdale 5152 2942. *“Each of you should use whatever gift you have received to serve others, as faithful stewards of God’s grace in its various forms” (1 Peter 4:10)*

STEWARDSHIP MATTERS:

“He asked them, ‘Why are you terrified? Do you not yet have faith?’” – MARK 4:40

Do you really trust God? Is God your first choice or last resort? Is your faith something you just do on Sunday or do you live the Gospel message every day of the week? Many of us know about God. How many of us have a personal relationship with Him? Start now, open your heart to receive our Lord. Talk and listen to Him throughout the day, in all circumstances.

Rosters for June 29 & 30, 2024

13th Sunday in Ordinary Time, Year B

	Lector	Commentator	Welcomer	Eucharistic Minister	Musicians
Saturday Jun 29 5:00pm	R Webber	M Noone	M Giddens	B O’Brien & B Purcell	
Sunday Jun 30 9:30am	T Denny	C McCabe	W Banks-Smith & A Sykes	E Ryan & Volunteer	Jane
Sunday Jun 30 5:00pm	W & J Gomez	S Grout	B McNulty	2 x volunteers	Jane
Church Cleaning	June	Hanratty Family Group			
Mick’s Kitchen	Jun 27	Hemming Team		Jul 04	Scholtes Team
Touring Statue of Our Lady	Jun 23	P & J Dal Pra		Jun 30	N & M Limbom

First Reading

Job 38:1 8-11

A reading from the book of Job

Here I have set the boundaries of the sea

From the heart of the tempest the Lord gave Job his answer. He said:

Who pent up the sea behind closed doors when it leapt tumultuous out of the womb, when I wrapped it in a robe of mist and made black clouds its swaddling bands; when I marked the bounds it was not to cross and made it fast with a bolted gate? Come thus far, I said, and no farther: here your proud waves shall break.

Responsorial Psalm

Ps 106:23-26 28-31 Rv1

**(R.) Give thanks to the Lord,
his love is everlasting**

Some sailed to the sea in ships
to trade on the mighty waters.
These men have seen the Lord's deeds,
the wonders he does in the deep. (R.)

For he spoke; he summoned the gale,
tossing the waves of the sea
up to heaven and back into the deep;
their soul melted away in their distress. (R.)

Then they cried to the Lord in their need
and he rescued them from their distress.
He stilled the storm to a whisper:
all the waves of the sea were hushed. (R.)

They rejoiced because of the calm
and he led them to the haven they desired.
Let them thank the Lord for his love,
the wonders he does for men. (R.)

Second Reading

2 Cor 5:14-17

A reading from the second letter of St Paul to the Corinthians

All things are made new

The love of Christ overwhelms us when we reflect that if one man has died for all, then all men should be dead; and the reason he died for all was so that living men should live no longer for themselves, but for him who died and was raised to life for them.

From now onwards, therefore, we do not judge anyone by the standards of the flesh. Even if we did once know Christ in the flesh, that is not how we know him now. And for anyone who is in Christ, there is a new creation; the old creation has gone, and now the new one is here.

Gospel Acclamation

Cf 2 Tim 1:10

Alleluia, alleluia!

**Our Saviour Jesus Christ has done away
with death and brought us life through his
gospel.**

Alleluia!

Gospel

Mk 4:35-41

A reading from the holy Gospel according to Mark

Who can this be? Even the wind and the sea obey him

With the coming of evening, Jesus said to his disciples, 'Let us cross over to the other side.' And leaving the crowd behind they took him, just as he was, in the boat; and there were other boats with him. Then it began to blow a gale and the waves were breaking into the boat so that it was almost swamped. But he was in the stern, his head on the cushion, asleep. They woke him and said to him, 'Master, do you not care? We are going down!' And he woke up and rebuked the wind and said to the sea, 'Quiet now! Be calm!' And the wind dropped, and all was calm again. Then he said to them, 'Why are you so frightened? How is it that you have no faith?' They were filled with awe and said to one another, 'Who can this be? Even the wind and the sea obey him.'

**Next week's Readings: 13th Sunday in Ordinary Time**

First Reading:	Wisdom 1:13-15, 2:23-24
Second Reading:	2 Cor 8:7, 9, 13-15
Gospel:	Mark 5:21-43