

St Michael's Catholic Parish Traralgon

St Michael's Vision Statement: Inspired by Jesus Christ, we are a welcoming Catholic Community seeking to enrich lives. Come and join us!

St Michael's Mission Statement:

To provide opportunities for parishioners –

- to grow in holiness
- to discover and live out their personal and community call to mission to live as Catholics who effectively transform society.

www.smpt.org.au
email: sec@smpt.org.au

Statement of Commitment to the safety of children and adults at risk: Central to the mission of St Michael's Parish is an unequivocal commitment to fostering the dignity, self-esteem and integrity of children, young people and adults at risk and providing them with a safe, supportive and enriching environment to develop spiritually, physically, intellectually, emotionally and socially.

Please contact our Safeguarding Officers Shane Reid or Sally Darby on 5174 2060 if you have any concerns.

St Michael's Parish Information

Fr Aju Varghese Parish Priest
Parish Centre 5174 2060
Priest's Residence: 5174 6765

Deacon Tony Aspinall
Email: deacontony8@gmail.com

St Michael's Parish Office
Telephone: 5174 2060
Address: 35 Kay Street, Traralgon
PO Box 103, Traralgon 3844

Office hours –
Tues to Friday 9:00am to 4:00pm
Parish Secretary: Catherine Hill
Email: sec@smpt.org.au
Sacraments / Youth: Jenifer Hanratty
Email: sacraments@smpt.org.au

After office hours - in case of an emergency please call 0499 162 313 and leave a message and your contact details. All non-urgent calls should be made during office hours.

Baptisms: Six weeks notice required

Weddings: Six months notice required

Parish Pastoral Council: Lia Di Corleto, Chairperson, Fr Aju, Steve Kimani, Greg Imhagwe, Watson Gomez, Jenifer Hanratty, Judi McLaughlin, Thomas Mathew, Amanda Reid, Jodie Ware, Michelle Charlton, and Doug Doherty.

Our Schools:

St Gabriel's School 5174 5515

Principal: Mrs Michelle Charlton

St Michael's School 5174 3295

Principal: Mrs Jodie Ware

Lavalla Catholic College 5174 5272

Principal: Mr Ryan Greer

Kildare Campus 5174 8111

St Paul's Campus 5174 7355

Mick's Kitchen

An initiative of St Michael's Parish Traralgon

Mick's Kitchen is the social outreach arm of St Michael's Church. This service was started in 2016 as an outreach response from our Parish Priest at the time, Fr Bernard Buckley, and parishioners who saw a need in our community. They wanted to create a safe and welcoming place for people to be able to have at least one balanced, fresh, nourishing meal per week without cost to the recipient. A place where they could make connections and enjoy time with others, or simply enjoy a warm nutritious meal. We have been amazed by the generous response of the local community, people and organizations from many and varied quarters who have offered practical and monetary donations. We are especially grateful to St Vincent de Paul for their ongoing support of the initiative and for providing a safe space for us to cook and serve meals each week.


There are currently seven teams of approximately ten people who are rostered on to produce and serve this meal each week. On Thursday evenings our volunteers take over the St Vincent de Paul Centre in Kay Street, creating a restaurant type atmosphere allowing our guests to share a meal and some company. The doors open at 5:45pm for Coffee and Tea and a two-course meal is served from 6-7pm. Currently we have 40-50 people staying for a sit-down meal and 10-20 arranging for a take-away meal depending on their personal situation. We have people of all ages and backgrounds come along, some for the food and some for the conversation, but a good time is had by all.

Rising living costs have seen new people attending and accessing our service that perhaps haven't needed it before. Increased costs have also impacted our food budget and are pushing us to look for donations and grants from around our community. Mick's Kitchen was initially funded by our own volunteers who purchased the supplies required to serve 60 meals each week. We have been lucky enough to receive community grants and donations to support the ongoing running costs and to take pressure of our volunteers so they do not need to contribute financially, although a lot of them still do.

Any financial assistance and fundraising ideas you may be able to provide would be greatly appreciated and used to purchase food and supplies that can then be turned into meals for local families. We are also always on the look out for new volunteers and there are jobs available to suit everyone, regardless of your skills and experience. Mick's Kitchen has been a wonderful way for our church to get to know people in our community and give back to those in need. We will be holding a leaving collection next weekend and ask you to give generously to support Mick's Kitchen so it can continue its good work in our community. We also invite you to join us for morning tea after the 9:30am Mass next Sunday, in the Mary MacKillop Hall, to raise funds and to learn more about Mick's Kitchen.

Sunday Mass Times	
Saturday	5:00pm Mass
Sunday	9:30am Mass 5:00pm Mass
Weekday Mass Times	
Tuesday Nov 07	9:30am Mass
Wednesday Nov 08	11:00am Reconciliation 11:00am Exposition 12:00pm Mass
Thursday Nov 09	9:30am Mass* 11:30am Prayer Service for Frank Pezzutto
Friday Nov 10	9:30am Mass with St Michael's PS

***Mass this Thursday and next Thursday will be held here at St Michael's Church NOT St Gabriel's Primary School.**

PLEASE PRAY FOR: those who have died recently including Nick Dalton, Frank Pezzutto and those whose anniversaries occur at this time including Mary Gilmour, Greg Penny, Lee Tactor and Michael Flynn. 
Lord, let your perpetual light shine upon them. May they rest in peace. Amen.

WE PRAY FOR THOSE WHO ARE SICK: including Ann-Maree Daly, Gary Donchi, Bernadette Formaran, Fr Frank Freeman, Carolyn Gleeson, Jacqui Granville, Barbara Greaves, Ellen Hammond, Jenny Hansch, Robert Hazelman, Imogen Hillier, Joyce Martin, Ivy May, Deborah Mckerchar, Ben Melenhorst, Maree Morris, Henry Polo, Joan Riggall, Theresa Rosello, Jerry Templer, Damiano Tripodi, Sharon Veleff, George Walkan, Roy Ward, Victoria Rohli, Fr John Speekman, James Whitty, John Waanders, Peter Dal Pra, Jane Eric, Rose Xuereb, Manuel Xuereb, Peter Lorinc and all those we hold dear in our hearts. *Please let the office know if you, or anyone you know would like a visit from one of our parishioners, Fr Aju or Deacon Tony. We can also arrange for someone to take communion to those at home or hospital if required.*



SHINE THE LIGHT ON DOMESTIC VIOLENCE: St. Paul talks about love in terms of gentleness and sharing, yet in many relationships love has been replaced by control and domination resulting in financial, physical, psychological, emotional, verbal, religious, and sexual abuse. Over the weekend of **November 17-19**, parishes of the Diocese of Sale will be shining a light on domestic violence and praying for its end. Everyone is encouraged to wear white to Mass that weekend and all are invited to a special liturgy which will be held on **Thursday November 16 at 7:00pm** at St Michael's Church, which is open to all. We encourage everyone to join together and make a stand. St Michael's Parish along with the Diocese of Sale is firmly committed to preventing domestic and family violence while simultaneously fostering a safe and supportive environment for all.

2024 COLUMBAN CALENDARS: are now available from the Piety Stall for \$10.00 each. The Piety Stall is open for 15 minutes after each of our weekend masses.

OFFICE CLOSED: The Parish Office will be closed Tuesday November 07 and Wednesday November 08. Mass will run at the usual times both days.

This Week's Events	
Tuesday November 07- Office Closed	
Melbourne Cup Day Public Holiday	
7:30pm	RCIA Meeting, Parish Centre
Wednesday November 08- Office Closed	
11:00am	Reconciliation, St Michael's Church
Thursday November 09	
10:30am	Charismatic Prayer Group, Mary MacKillop Room
4:30pm	First Communion Catechist Class, Mary MacKillop Room
Friday November 10	
9:30am	St Michael's Foundation Class Mass, St Michael's Church

BAPTISM: Our next Baptism Preparation meeting will be held on Tuesday November 28 at 7pm in the church. Please contact the parish office for more information and to register your interest.



RITE OF CHRISTIAN INITIATION OF ADULTS: St Michael's Parish warmly invites anyone interested in discovering more about the Catholic faith to join our Tuesday night RCIA group. If you, or anyone you know may be interested in attending or learning more, please register your details with the parish office.



FIRST HOLY COMMUNION: Next weekend we welcome our First Holy Communion Candidates and their families for their Prayer Letter Mass. We look forward to journeying with them in the coming weeks as they prepare for the sacrament of First Holy Communion which will be celebrated at Parish Masses on the weekend of November 25 & 26.

COFFEE CART: The coffee cart will be closed this Sunday due to the long weekend and preparations for the St Michael's Primary School Art Competition. We look forward to welcoming you back next Sunday after the 930am mass where the J-Walkers will be making Coffees and Hot Chocolates as well as providing morning tea. All funds raised will go towards Mick's Kitchen.

VCE EXAMS: Goodluck to all our students studying and preparing for the final week of their Year 12 exams.

NOVEMBER PRAYERS: It is our tradition to pray for those who have died and gone before us, especially in the month of November. Envelopes for November Prayer Offerings are available in both foyers and can be placed in the collection bowl, dropped to the office or given to Father Aju directly. You are also invited to write the name of the ones you wish to remember in prayer on the separate cards you will find in the church and place them in the large bowl, near the cross. At the beginning of each mass that you attend, take any card from the bowl and pray for the person named. At the end of mass, return the card to the bowl so that others may eventually pray for this person too.

CWL NEWS: The Catholic Women's League hosted a Devonshire Morning Tea on September 17 in the Mary MacKillop Hall. They have generously donated all \$260 of the funds raised to our St Michael's Youth Ministry. Thank you for your support and the time and effort of organizing the day. A fun time was had by all!



YOUTH MINISTRY: Our J-Walkers did a wonderful job of leading and organizing the young ones of our parish at our Youth Mass last Sunday. It was fantastic to see

so many young faces taking an active role in the mass. We are also grateful for the patience and support of all our parishioners as they help guide and support our young ones as they learn and grow in their faith. Their testimonies of their experience at the Ignite conference were particularly heartfelt and touching so we will include them in the bulletin in the coming weeks for those who were unable to hear them Sunday morning. Please continue to keep them in your prayers and reach out to Jen and Steve, our youth leaders, or Father Aju if there is anyway you would like to support our growing youth ministry.

'My name is Steve. Jen and I were privileged to travel to Sydney last month with 9 young parishioners to attend the catholic conference, Ignite. This happens every year in Brisbane and Sydney and we were so blessed to journey with our young parishioners. It was an adventure full of highs, emotions, fun, cancelled flights and so much time with God. It's a youth conference.. yes.. but with something for everybody...young and old. I personally had a very unique experience which has changed me and massively strengthened my faith. We have to encounter Jesus and the Holy Spirit to understand the Church, the Mass and help us grow a relationship with Jesus. This conference gave us that opportunity. The workshops, masses, Adoration, small groups. Rallies, prayer groups, the atmosphere.. all touched us in a different way. It was amazing to see the sanctity of the sacraments all maintained with over 700 people 90% who were youth members. Our young parishioners – J-walkers – enthusiastically attended the workshops and shared their experiences at our nightly de-brief sessions and it was evident, that the holy spirit was with them. I thank you all, for making this possible and as you listen to their testimonies, keep us in your prayers always. Thank you.'

Steve – Youth Leader

CLERGY APPOINTMENTS: In recent days Bishop Greg has made the following Appointments which will take effect on Wednesday 17th January 2024. Parish Priests: Fr Brendan Hogan Warragul and Drouin; Fr Michael Willemsen Narre Warren; Fr Joseph Abutu Bairnsdale; Fr Hiep Nguyen Lakes Entrance and Orbst; Fr Antony Rebelo IVDei Cranbourne; Fr Confidence Masvosva Yarram and Foster. Assistant Priests: Fr Jithin Anto Clyde North (*in addition to current appointment as Diocesan Master of Ceremonies*); Fr Prabhu Antony IVDei Cranbourne; Fr Aneesh George IVDei Cathedral Parish Sale.

EXPLORING THE GOSPEL ACCORDING TO MARK: You are invited to an evening over Zoom with Fr Francis Otobo, while he takes us through the Gospel of Mark on **Tuesday November 21 from 730pm – 9:00pm**. Register to receive the Zoom link at www.trybooking.com/CMOVR or contact Siji in the Diocesan Office at sijid@sale.catholic.org.au or 03 5614 5163

ST MICHAEL'S PARISH CHRISTMAS PICNIC

Join us on **Sunday December 03** for a parish picnic in the St Michael's school ground. Popcorn, Fairy Floss, Face Painting and Slushies will be available. We will also be holding a bake off with Father Aju as the judge, so bring along your best Christmas themed cake or dessert. This is a free event and a chance for the parish to get together and celebrate the beginning of Advent and reflect on the year that has passed. All are welcome and we hope you can make it. Wear your favourite Christmas T-Shirt or Christmas colours!

**St Michael's Primary School
Sunday December 03 after 9:30am Mass**

ST MICHAELS PARISH TRARALGON
Art competition
The Holy Family
You are invited to create an artwork that represents: **THE HOLY FAMILY.**
All artwork will be judged and displayed in the Church.
Winners will be presented prizes at 9.30am Mass on Dec 3rd.
Please write name, grade, and school on the back.
Hand in to Parish Office, St Gabriel's or St Michaels by Nov 20th.

Luke 2:16
"They hurried to the village and found Mary and Joseph and the baby lying in the manger"

STEWARDSHIP MATTERS:

"Whoever exalts himself will be humbled; but whoever humbles himself will be exalted." - Matthew 23:12

The world celebrates people in the spotlight and those who have the most of everything. We think celebrity, money and possessions is the key to happiness. Yet, our world is filled with more loneliness, anxiety and depression than ever before. The key to a happy life is relationship. Relationship with God and each other. Trust is the foundation of any good relationship and humility is the seed of trust.

Rosters for November 11 & 12, 2023		32 nd Sunday in Ordinary Time, Year A		
	Lector	Commentator	Usher/Welcomer	Musicians
Saturday Nov 11 5:00pm	B O'Brien	A Taylor	A Membrey	Diamente Family
Sunday Nov 12 9:30am	J Dal Pra	M Tainsh	M Wilkinson & D Bau	Diamente Family
Sunday Nov 12 5:00pm	E Joseph & M Alex	M Noone	M Noone	Kevin & Zahra
Church Cleaning:	November	Collis Team		
Touring Statue of Our Lady:	November 05	St Michael's School	November 12	
<i>Mick's Kitchen:</i>	November 09	McLaughlin Team	November 16	Cartledge Team

First Reading

Mal 1:14 – 2:2. 8-10

A reading from prophet Malachi

You have strayed from the way, you have caused many to stumble by your teaching.

I am a great king, says the Lord of hosts, and my name is feared throughout the nations. And now, priests, this warning is for you. If you do not listen, if you do not find it in your heart to glorify my name, says the Lord of hosts, I will send the curse on you and curse your very blessing. You have strayed from the way; you have caused many to stumble by your teaching. You have destroyed the covenant of Levi, says the Lord of hosts. And so I in my turn have made you contemptible and vile in the eyes of the whole people in repayment for the way you have not kept to my paths but have shown partiality in your administration.

Have we not all one Father? Did not one God create us? Why, then, do we break faith with one another, profaning the covenant of our ancestors?

Responsorial Psalm

Ps 130

(R.) In you, Lord, I have found my peace.

1. O Lord, my heart is not proud
nor haughty my eyes.
I have not gone after things too great
nor marvels beyond me. (R.)
2. Truly I have set my soul
in silence and peace.
A weaned child on its mother's breast,
even so is my soul. (R.)
3. O Israel, hope in the Lord
both now and for ever. (R.)

Second Reading

1 Thessalonians 2:7-9. 13

A reading from the first letter of St Paul to the Thessalonians

We were eager to hand over to you not only the Good News but our lives as well.

Like a mother feeding and looking after her own children, we felt so devoted and protective towards you, and had come to love you so much, that we were eager to hand over to you not only the Good News but our whole lives as well. Let me remind you, brothers, how hard we used to work, slaving night and day so as not to be a burden on any one of you while we were proclaiming God's Good News to you.

Another reason why we constantly thank God for you is that as soon as you heard the message that we brought you as God's message, you accepted it for what it really is, God's message and not some human thinking; and it is still a living power among you who believe it.

Gospel Acclamation

Mt 23:9. 10

*Alleluia, alleluia!
You have one Father, your Father in heaven;
you have one teacher: the Lord Jesus Christ.
Alleluia!*

Gospel

Mt 23:1-12

A reading from the Holy Gospel according to Matthew

They do not practise what they preach.

Addressing the people and his disciples Jesus said, 'The scribes and the Pharisees occupy the chair of Moses. You must therefore do what they tell you and listen to what they say; but do not be guided by what they do: since they do not practise what they preach. They tie up heavy burdens and lay them on men's shoulders, but will they lift a finger to move them? Not they! Everything they do is done to attract attention, like wearing broader phylacteries and longer tassels, like wanting to take the place of honour at banquets and the front seats in the synagogues, being greeted obsequiously in the market squares and having people call them Rabbi. 'You, however, must not allow yourselves to be called Rabbi, since you have only one Master, and you are all brothers. You must call no one on earth your father, since you have only one Father, and he is in heaven. Nor must you allow yourselves to be called teachers, for you have only one Teacher, the Christ. The greatest among you must be your servant. Anyone who exalts himself will be humbled, and anyone who humbles himself will be exalted.'



Next week's Readings: 32 nd Sunday in Ordinary Time	
First Reading:	Wis 6:12-16
Second Reading:	1 Thess 4:13-18
Gospel:	Mt 25:1-13