



St Michael's Catholic Parish Traralgon

St Michael's Vision Statement: Inspired by Jesus Christ, we are a welcoming Catholic Community seeking to enrich lives. Come and join us!

St Michael's Mission Statement:

To provide opportunities for parishioners –

- to grow in holiness
- to discover and live out their personal and community call to mission to live as Catholics who effectively transform society.

www.smpt.org.au
email: sec@smpt.org.au

Statement of Commitment to the safety of children and adults at risk: Central to the mission of St Michael's Parish is an unequivocal commitment to fostering the dignity, self-esteem and integrity of children, young people and adults at risk and providing them with a safe, supportive and enriching environment to develop spiritually, physically, intellectually, emotionally and socially.

Please contact our Safeguarding Officers Shane Reid or Sally Darby on 5174 2060 if you have any concerns.

St Michael's Parish Information

Fr Aju Varghese Parish Priest
Parish Centre 5174 2060
Priest's Residence: 5174 6765

Deacon Tony Aspinall
Email: deacontony8@gmail.com

St Michael's Parish Office
Telephone: 5174 2060
Address: 35 Kay Street, Traralgon
PO Box 103, Traralgon 3844

Office hours –
Tues to Friday 9:00am to 4:00pm
Parish Secretary: Catherine Hill
Email: sec@smpt.org.au
Sacraments / Youth: Jenifer Hanratty
Email: sacraments@smpt.org.au

After office hours - in case of an emergency please call 0499 162 313 and leave a message and your contact details. All non-urgent calls should be made during office hours.

Baptisms: Six weeks notice required

Weddings: Six months notice required

Parish Pastoral Council: Lia Di Corleto, Chairperson, Fr Aju, Steve Kimani, Greg Imhagwe, Watson Gomez, Jenifer Hanratty, Judi McLaughlin, Thomas Mathew, Amanda Reid, Jodie Ware, Michelle Charlton, and Doug Doherty.

Our Schools:

St Gabriel's School 5174 5515

Principal: Mrs Michelle Charlton

St Michael's School 5174 3295

Principal: Mrs Jodie Ware

Lavalla Catholic College 5174 5272

Principal: Mr Ryan Greer

Kildare Campus 5174 8111

St Paul's Campus 5174 7355



Reflection By Dr Alice Youlden

Dan 7:9-10, 13-14 2 Pet 1:16-19 Mt 17:1-9

I must admit to being an avid fan of the Tour de France. I am in awe of anyone with the ability to ride up very high mountains and sprint fearlessly toward a distant end point. I have often wondered how they felt when they reached the summit; exhausted, relieved, joyful, even fearful of the steep descent. Mind you, it is never just one mountain they must climb. There are always more; some bigger, some less punishing on weary bodies. Isn't that like life? Some days you feel like you are climbing Everest. We could look at mountain top experiences as important, life changing events, places where we glimpse possibilities and feel good about the road ahead, so good we may not want to leave these happy places. It is only when you have been in the troughs and valleys of life that you can really appreciate mountain top euphoria.

The evangelist, Matthew, located numerous events on mountain tops. Jesus met Satan on a mountain, he fed thousands, he prayed, and he gave great sermons on mountains. A mountain is like a flashing neon sign saying this is important, take note. And so, we hear about Jesus taking Peter, James, and John up a mountain in Galilee. Not only a mountain, but Matthew throws in the sun, clouds, prophets, and the voice of God. Every sign that Jesus is the new Moses, the promised one, the Messiah.

In Matthew's Gospel this is the turning point. From now on, Jesus is on the perilous downhill journey to Jerusalem and death. Just as Elijah and Moses sought reassurance from God about their own difficult pathways, so too does Jesus. Elijah experienced the close presence of God in sheer silence (1Kings 19:12). Moses, protected in the cleft of a rock, did not see the glory of God's face, only God's back (Ex 33:20-23), but this reassured him for his journey. Jesus often withdrew to pray, he needed guidance and courage, he was human. Yet, this time, his divinity, his close relationship with the Father is evident to his followers, he is transfigured. We may experience transforming moments in life, but they are not as physically obvious to others as Jesus' transfiguration.

Jesus, now reassured by the voice of God speaking words of love, is strengthened for the ride down the mountain and beyond. His support vehicle provided him with the energy drink he needed. Jesus then turns to his loyal team who are terrified, and he reassures them, "Stand up, do not be afraid." When Jesus is gone, they too will have to stand up and face difficult decisions if Jesus' mission is to continue through his followers. Do we climb the mountain through prayer to be close to God? Do we seek God's love and support when we face trials, need courage, struggle to find a road that leads to our destination? Are we really listening? If so, do we hear the words "Stand up, do not be afraid" whispering in the breeze?

Sunday Mass Times	
Saturday	5:00pm Mass
Sunday	9:30am Mass 5:00pm Mass
Weekday Mass Times	
Tuesday Aug 08	9:30am Mass- Feast of Mary of the Cross MacKillop
Wednesday Aug 09	11:00am Reconciliation 11:00am Exposition 12:00pm Liturgy
Thursday Aug 10	9:30am* Mass @ St Gabriel's 10:30am Mass @ Dalkeith
Friday Aug 11	9:30am Mass 10:00am Liturgy @ BUPA

**Mass this Thursday will be held in the new chapel at St Gabriel's Primary School. Please enter the school via Gate B off the carpark, to the right of the school office. It is a beautiful space and all parishioners are warmly invited to join Fr Peter as he celebrates Mass with the Grade 2 students.*

PLEASE PRAY FOR: those who have died recently including Maureen Metcalf, and those whose anniversaries occur at this time including Rita Sweeney, Veronica Thomson, Vivienne Descent, Alan Murtagh, Margaret Dick, Anna Douglas, Joan O'Dwyer, Catherine Miller, Julia Moretti, John De Martin. *Lord, let your perpetual light shine upon them. May they rest in peace. Amen.*



WE PRAY FOR THOSE WHO ARE SICK: including Ann-Maree Daly, Gary Donchi, Bill Edgar, Bernadette Formaran, Fr Frank Freeman, Marj Gilbert, Carolyn Gleeson, Jacqui Granville, Barbara Greaves, Ellen Hammond, Jenny Hansch, Robert Hazelman, Imogen Hillier, Joyce Martin, Ivy May, Deborah McKerchar, Ben Melenhorst, Maree Morris, Henry Polo, Joan Riggall, Theresa Rosello, Jerry Templer, Damiano Tripodi, Sharon Veleff, George Walkan, Roy Ward, Victoria Rohli, Fr John Speekman, James Whitty, Kelly Maher, John Waanders, Peter Dal Pra, Jane Eric, Rose Xuereb and Manuel Xuereb and all those we hold dear in our hearts.

Please let the office know if you, or anyone you know would like a visit from one of our parishioners, Fr Peter or Deacon Tony. We can also arrange for someone to take communion to those at home or hospital if required.



*Feast Day of
St Mary of the
Cross
Tuesday
August 08*

VIRTUAL PILGRIMAGE- FROM PORTLAND TO PENOLA: Join us on **Tuesday August 08** to celebrate the feast day of St Mary of the Cross MacKillop. Join us for mass at 9:30am followed by morning tea in the Mary MacKillop Room, where we will follow in the footsteps of Mary MacKillop as we take a virtual pilgrimage from her home in Portland to Penola, where she took up the invitation to open a school. We will hold a second gathering in the evening along with wine and cheese, at 7:30pm for those who are unable to join us in the morning. All are welcome.

This Week's Events	
Tuesday August 08- Feast Day of St Mary of the Cross	
10:00am	St Mary of the Cross, Virtual Pilgrimage & Morning Tea, Mary MacKillop Room
7:30pm	St Mary of the Cross, Virtual Pilgrimage with Wine & Cheese, Parish Centre
Wednesday August 09	
11:00am-11:30am	Reconciliation, St Michael's Church
Thursday August 10- Feast Day of St Lawrence	
10:30am	Charismatic Prayer Group, Mary MacKillop Room
Friday August 11	
6:30pm	Youth Council Meeting, Mary MacKillop Room

BAPTISMS: The next Baptism Preparation Meeting will be held on **Tuesday September 05 at 7:00pm** in the Church. Please contact the Parish Office on 5174 2060 if you are interested in attending.



RCIA- RITE OF CHRISTIAN INITIATION OF ADULTS: St Michael's Parish warmly invites anyone interested in discovering more about the Catholic faith to join our Tuesday night RCIA group. If you, or anyone you know may be interested in attending or learning more, please register your details with the parish office on 5174 2060.

BAPTISM PROGRAM FOR SCHOOL AGED CHILDREN:



Have you ever thought about Baptising your school aged child? Are you wanting to learn more about the Catholic Faith? Enrolments are now open for our Term 3 program. Two workshops will be held on Sunday August 27 and Sunday September 03 with the sacrament of Baptism celebrated the following weekend on the 10th of September. At least one parent must be a baptised Catholic. Please contact Cath or Jen in the parish office for more information or to enrol your child.

YOUTH MINISTRY: Join our J-Walkers after 9:30am mass this Sunday as they continue walking with Jesus. Hot drinks and tasty treats will be available to purchase from the Mary MacKillop Room, with all funds raised going towards the youth ministry. They will be selling coffees after Sunday morning mass each weekend of Term 3. Drop in and say hello, they would love to meet you.

TOURING STATUE OF OUR LADY: Places are available for parishioners to join our touring lady roster. It is a wonderful opportunity for families and parishioners to welcome Mary into their home. Please contact the parish office if you would like more information or to add your name to the roster.

CATHOLIC WOMEN'S LEAGUE: The CWL Ladies held a wonderful luncheon hosted by the fundraising sub-committee and held at Maria's house last week. The Catholic Women's League are grateful to Maria, Wanda, Maree and Therese for all the time and effort that went into organizing the event and those who came along to support it. Two of our Traralgon members are also hoping to attend the upcoming CWL Victoria and Wagga Wagga Conference on August 22/23.



Charities providing services for families in the region covered by the Catholic Diocese of Sale are invited to apply to the Catholic Charity, Trinity Families, for 2023 project funding. To be eligible to apply there are three criteria an applicant must be able to demonstrate:-

1. They must be a registered charity with deductible gift recipient status (DGR)
2. Any funds granted must be used to support families in a way which aligns with Catholic values
3. The project must be within the defined area of the municipalities of Cardinia, Casey, Baw Baw, Latrobe, Wellington, Bass Coast, South Gippsland and East Gippsland.

Charities wishing to apply for funding are encouraged to download the fillable application form and send it back. Deadline for submission is 30th September 2023.

Further information is available on the website www.trinityfamilies.org.au or by email at trinity@sale.catholic.org.au



MISSION: TRANSFORM LIVES- THEIRS...AND YOURS: Communities in Africa, Asia or the Pacific are seeking Australians from a variety of professions and trades to share their skills and knowledge with those who have few other chances for training. Build enduring global relationships while assisting sustainable, self-reliant, community development. On our website you can also see news including stories from those currently supported in Timor-Leste, Samoa, American Samoa and Thailand. Please enquire further about potential assignments for you or someone you know: RING: 02 9560 5333 or 0422 472 567. WEB: www.palms.org.au



WORLD YOUTH DAY 2023
LISBON, PORTUGAL
August 01 – 06
Mary arose and went with haste (Luke)

Zahra, along with hundreds of thousands of young Catholics from around the world have been enjoying their pilgrimage to World Youth Day in Lisbon, Portugal. Please continue to keep them in your prayers during this special time as they continue to grow in their relationship with God. We look forward to hearing all about it when they return. In the meantime, check out our Facebook page for more updates.

Come and See

A call to the priesthood



Bishop Greg has called for the young men of our Diocese to come to St. Joseph's Parish Warragul Sunday August 13, particularly those who sense a call from God to life as a priest, or, who simply want to come and enquire. It will be an opportunity to meet and greet those living the life, to pray with them and have all your questions answered. And, remember, *'the kingdom of heaven is like a merchant looking for fine pearls; when he finds one of great value he goes and sells everything he owns and buys it'* (Mt13:45).

St Joseph's Parish, Warragul
Sunday, August 13th, 2:00 – 4:00pm

Pope's prayer intention for August: Church on the way

Pope Francis invites everyone to work for a transformation of the Church - a work that begins with "a reform of ourselves" through an experience of prayer, charity and service, inspired by the Holy Spirit.

STEWARDSHIP MATTERS:

"...then from the cloud came a voice that said, 'This is my beloved Son, with whom I am well pleased; listen to him.'"
-Matthew 17:5

When Peter, James and John heard this they immediately fell prostrate to the ground and they "were very much afraid." We, too, may respond the same way when we hear God's voice. How many times do you become fearful when invited to participate more fully in the life of the Church? Or, when someone says something negative about the Church, are you afraid to respond? Remember, we too, are beloved sons and daughters of God; Jesus is there to help us, but we need to listen.

Rosters for August 12 & 13

19th Sunday in Ordinary Time, Year A

	Lector	Commentator	Usher/Welcomer	Musicians
Saturday Aug 12 5:00pm	R Webber	A Taylor	L Kennedy	Jane & Simon
Sunday Aug 13 9:30am	C Mavhundu & M Hansen	M Tainsh	J & P Dal Pra	Diamente Family
Sunday Aug 13 5:00pm	J Fleming	S Luscombe	J McLaughlin	Jane & Simon

Church Cleaning:	August	Welcomers Team		
Touring Statue of Our Lady:	August 06	J Scholtes		
Mick's Kitchen:	August 10	Cartledge Team	August 17	St Michael's Staff

Entrance Antiphon

Cf Matthew 17:5

*In a resplendent cloud the Holy Spirit appeared.
The Father's voice was heard: This is my beloved
Son, with whom I am well pleased. Listen to him.*

First Reading

Daniel 7:9-10. 13-14

A reading from the book of Daniel

His raiment was as white as snow.

As I watched:

Thrones were set in place

and one of great age took his seat.

His robe was white as snow,

the hair of his head as pure as wool.

His throne was a blaze of flames,

its wheels were a burning fire.

A stream of fire poured out,

issuing from his presence.

A thousand thousand waited on him,

ten thousand times ten thousand stood before him.

A court was held and the books were opened.

I gazed into the visions of the night.

And I saw, coming on the clouds of heaven,

one like a son of man.

He came to the one of great age

and was led into his presence.

On him was conferred sovereignty,

glory and kingship,

and men of all peoples, nations and languages

became his servants.

His sovereignty is an eternal sovereignty

which shall never pass away,

nor will his empire ever be destroyed.

Responsorial Psalm

Ps 96:1-2. 5-6. 9. R. vv.1. 9.

(R.) The Lord is king, the most high over all the earth.

1. The Lord is king, let earth rejoice,
let all the coastlands be glad.
Cloud and darkness are his raiment;
his throne, justice and right. (R.)
2. The mountains melt like wax
before the Lord of all the earth.
The skies proclaim his justice;
all peoples see his glory. (R.)
3. For you indeed are the Lord
most high above all the earth
exalted far above all spirits. (R.)

Next week's Readings
19th Sunday in Ordinary Time, Yr A
1st Reading Kings 19:9 11-13
2nd Reading Romans 9:1-5
Gospel: Matthew 14:22-33

Second Reading

2 Peter 1:16-19

A reading from the second letter of St Peter

We heard this voice from out of heaven.

It was not any cleverly invented myths that we were repeating when we brought you the knowledge of the power and the coming of our Lord Jesus Christ; we had seen his majesty for ourselves. He was honoured and glorified by God the Father, when the Sublime Glory itself spoke to him and said, 'This is my Son, the Beloved; he enjoys my favour.' We heard this ourselves, spoken from heaven, when we were with him on the holy mountain.

So we have confirmation of what was said in prophecies; and you will be right to depend on prophecy and take it as a lamp for lighting a way through the dark until the dawn comes and the morning star rises in your minds.

Gospel Acclamation

Matthew 17:5

Alleluia, alleluia!

*This is my Son, my beloved, in whom is all my
delight:*

listen to him.

Alleluia!

Gospel

Matthew 17:1-9

A reading from the holy Gospel according to Matthew

His face was shining like the sun.

Jesus took with him Peter and James and his brother John and led them up a high mountain where they could be alone. There in their presence he was transfigured: his face shone like the sun and his clothes became as white as the light. Suddenly Moses and Elijah appeared to them; they were talking with him. Then Peter spoke to Jesus. 'Lord,' he said 'it is wonderful for us to be here; if you wish, I will make three tents here, one for you, one for Moses and one for Elijah.' He was still speaking when suddenly a bright cloud covered them with shadow, and from the cloud there came a voice which said, 'This is my Son, the Beloved; he enjoys my favour. Listen to him.' When they heard this, the disciples fell on their faces, overcome with fear. But Jesus came up and touched them. 'Stand up,' he said 'do not be afraid.' And when they raised their eyes they saw no one but only Jesus.

As they came down from the mountain Jesus gave them this order, 'Tell no one about the vision until the Son of Man has risen from the dead.'

