



St Michael's Catholic Parish Traralgon

St Michael's Vision Statement: Inspired by Jesus Christ, we are a welcoming Catholic Community seeking to enrich lives. Come and join us!

St Michael's Mission Statement:

To provide opportunities for parishioners –

- to grow in holiness
- to discover and live out their personal and community call to mission to live as Catholics who effectively transform society.

www.smpt.org.au
email: sec@smpt.org.au

Statement of Commitment to the safety of children and adults at risk: Central to the mission of St Michael's Parish is an unequivocal commitment to fostering the dignity, self-esteem and integrity of children, young people and adults at risk and providing them with a safe, supportive and enriching environment to develop spiritually, physically, intellectually, emotionally and socially.

Please contact our Safeguarding Officer Shane Reid on 5174 2060 if you have any concerns.

St Michael's Parish Information

Fr Aju Varghese Parish Priest
Parish Centre 5174 2060
Priest's Residence: 5174 6765

Deacon Tony Aspinall
Phone 5174 8167
Email: deacontony8@gmail.com

St Michael's Parish Office
Telephone: 5174 2060
Address: 35 Kay Street, Traralgon
PO Box 103, Traralgon 3844

Office hours –
Tues to Friday 9:00am to 4:00pm
Parish Secretary: Catherine Hill
Email: sec@smpt.org.au
Sacraments / Youth: Jenifer Hanratty
Email: sacraments@smpt.org.au

After office hours - in case of an emergency please call 0499 162 313 and leave a message and your contact details. All non-urgent calls should be made during office hours.

Baptisms: Six weeks notice required

Weddings: Six months notice required

Parish Pastoral Council: Lia Di Corleto, Chairperson, Fr Aju, Steve Kimani, Greg Imhagwe, Watson Gomez, Jenifer Hanratty, Judi McLaughlin, Thomas Mathew, Amanda Reid, Jodie Ware, Michelle Charlton, and Doug Doherty.

Our Schools:

St Gabriel's School 5174 5515
Principal: Mrs Michelle Charlton

St Michael's School 5174 3295
Principal: Mrs Jodie Ware

Lavalla Catholic College 5174 5272
Principal: Mr Ryan Greer

Kildare Campus 5174 8111
St Paul's Campus 5174 7355



About 24 parishioners mainly from Traralgon, Morwell and Churchill parishes attended the Domestic Violence workshop in the MacKillop hall last Saturday. The interactive workshop entitled "Shining Light" was conducted by Sister of Mercy Nicole Rotaru who is part of the Domestic Violence Working Group auspiced by Catholic Social Services Victoria.

Sr Nicole said recently in an interview, "We want to promote strong and flourishing families and relationships. We can no longer ignore the critical issue of domestic violence within our local communities, and the Gospel mandate that calls us to do something about this." And in the workshop Nicole led the participants through a series of activities to help us understand the nature of domestic violence... what it is... what it looks like... and how we can respond. When we know these things then, as a parish community, we are better able to apply and implement preventative measures.

The workshop provided an understanding of the various ways in which domestic violence is perpetrated and a closer examination of the impact that domestic violence has on women and children. All the participants came to a deeper understanding of what power and control means and the ways in which the perpetrator uses power and control to incite fear in another person. We learnt that it's not a case of parishioners needing to know all of the answers or needing to act on behalf of women. That's not our job. It takes away the independence of the one to whom violence has been done. Rather, it's for us to be aware of domestic violence in our midst and to know the agencies and the places where professional guidance and help can be attained.

We would all agree that the workshop was time well spent... we have a greater understanding of what domestic violence is, a greater capacity to know where to get help, a deeper understanding of the impact of violence on women and children, especially.

It is hoped that insights gained will result in action within the parish community in terms of continued focus and scrutiny especially in our families and in the services to those spun to the edges of our community.

Sunday Mass Times	
Saturday	5:00pm Mass
Sunday	9:30am & 5:00pm Mass
Weekday Mass Times	
Tuesday Jul 19	9:30am Mass 10.45am Mass at Majorly Cole
Wednesday Jul 20	11:00am Reconciliation 11:00am Adoration 12:00pm Mass
Thursday Jul 21	9:30am Mass @ St Gabriel's PS* 11am Funeral for Brain Hayes
Friday July 22	9:30am Mass 11.30am Mass - St Michaels PS 2.00pm Funeral for Frank Falzon

***All parishioners are warmly invited to join in our Thursday morning mass at St Gabriel's Primary School at 9:30am and St Michaels School Mass in the Church on Friday at 11.30am.**

PLEASE PRAY FOR: those who have died recently including Brian Hayes, Francis(Frank) Falzon and those whose anniversaries occur at this time including Angelina Agostino, Leopold Fernando, Tasma Sharp, Bob Wolfe, John Archibald, Father John Allen, Judy Sullivan, Leonard Hallert, Phil Woodhouse, Sam Prestipino and Father Matthew White.

Lord, let your perpetual light shine upon them. May they rest in peace. Amen.

WE PRAY FOR THOSE WHO ARE SICK: including Peter Dal Pra, Ann-Maree Daly, Gary Donchi, Bill Edgar, Bernadette Formaran, Fr Frank Freeman, Marj Gilbert, Carolyn Gleeson, Jacqui Granville, Barbara Greaves, Ellen Hammond, Jenny Hansch, Robert Hazelman, Imogen Hillier, Joyce Martin, Ivy May, Deborah Mckerchar, Ben Melenhorst, Maree Morris, Henry Polo, Joan Riggall, Theresa Rosello, Kath Ryan, Jerry Templer, Damiano Tripodi, Julie Vaz, Brian Vivian, Celie Smith, Sharon Veleff, George Walkan, Roy Ward, Kelly Maher, Victoria Rohli, Father John Speekman, James Whitty, Tony Tactor and Pasqualina Loprese, and all those we hold dear in our hearts.



OFFICE HOURS: This week our parish office will return to normal, which is Tuesday – Friday from 9am to 4pm.

DOROTHY SMITH TURNS 90!!

We wish Dorothy many happy returns as she celebrates her 90th birthday this week. We thank her for always blessing our Parish with her time and talents. God Bless you Dorothy!



PLANNED GIVING UPDATE: Thank you to all those who have committed to our new planned giving program. Your generosity and support allows our parish to continue to renew and rebuild. For those who missed out, it is not too late to join, please contact the parish office for more information.

THIS WEEK'S EVENTS:	
Wednesday Jul 20	
11:00am	Reconciliation, St Michael's Church
Thursday Jul 21	
9:30am	Parish Mass, St Gabriel's Primary School
10:30am	Charismatic Prayer Group, Mary MacKillop Room
7:30pm	RCIA Information Evening, Parish Centre



BAPTISMS:

The next Baptism Preparation Meeting will be held on **Tuesday August 9th at 7:00pm** in the Church. Please contact the Parish Office on 5174 2060 if you are interested in attending.

R.C.I.A.:

(Rite of Christian Initiation of Adults)

St Michael's Parish warmly invites anyone interested in discovering more about the Catholic faith to come along to an information night on July 21st in the Parish Centre at 7:30pm. Please contact the Parish Office on 5174 2060, if you, or someone you know are interested.



VOLUNTEERS NEEDED: Thank you to those who have come forward to join our ministries and support our parish. As our parish begins to open up again, we are in need of people to help grow and support our parish in a number of different ways. Please consider joining one of our many ministries and meeting other parishioners along the way. A special thank you to those who have stepped in when called upon to fill in as special ministers, readers and commentators when others are unwell or unavailable.

SAVE THE DATE

FATHERS DAY CELEBRATION

Sunday 28th August, 2022
9.30am Mass with morning tea in the Mackillop Hall after Mass. A great opportunity to continue building our Parish community as well as appreciating all the special fathers in our Parish. Everyone welcome.





Heart of Life is offering an “At-home Retreat: Held in Hope” – over five weeks, beginning Monday, 1 August and concluding 29 August. This at-home retreat, invites you to spend some time in prayer at home each day pondering your experiences of the day, and to be accompanied by a retreat-companion weekly, via Zoom for 45 minutes, on how God might have been present for you. A small donation will be welcome. To register your interest, please call 03 9890 1101 or email info@heartoflife.melbourne, no later than 18 July 2022.



FOR A SYNODAL CHURCH:

Communion, Participation and Mission

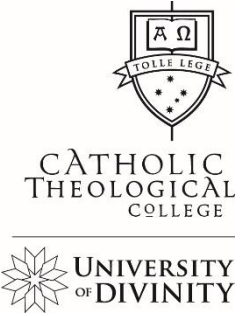
Each Diocese has now completed a Diocesan Synthesis based on the submissions received. These have now been tabled at the recent May gathering of the Australian Catholic Bishops. Further discussion and discernment with the Bishops will be taking place in the weeks ahead, prior to the preparation of a Continental /Australian Synthesis which is to be sent to the Synod of Bishops Secretariat. The syntheses from every continent and region will form the basis for the preparation of the *Instrumentum laboris* (working document) which will support the prayer, discernment and discussion during the Synod of Bishops in the Vatican in October 2023. Our Diocesan Synthesis has been published and is available on the Australian Catholic Bishops website. <https://catholic.org.au/synodalchurch>

DIVINE RENOVATION: Refreshed & Renewed Online Retreat

Date: 28 – 30 July 2022 | Registration: \$20

Do you sometimes feel like you're just trying to survive? Catholics across Australasia want to answer the Church's call to mission. Yet with the demands of parish work and a global pandemic, it's easy to feel discouraged and burnt out. That's why it's so important that we take the time to be re-energised and revived in the power of the Holy Spirit. Together with Parousia, we invite you to the Refreshed & Renewed online retreat on 28-30 July featuring Dr. Edward Sri, Fr. James Mallon, Deacon Harold Burke-Sivers, Steve Ray, and many more – where you will encounter Jesus through prayer, be re-energized by amazing talks, and experience the Holy Spirit renew your heart.

Register today at: www.divinerenovation.org/refreshed-renewed and be refreshed and renewed in your desire and energy to continue the work of evangelisation and mission!



Catholic Theological College
Online unit via Zoom
Ageing Persons and Pastoral Care

6 Saturdays: 30 July; 31, 27 August;
17 September; 8, 22 October:
10am – 12pm plus 2pm – 4pm

To enrol or for further information:
Email: registrar@ctc.edu.au
Phone: 03 9412 3309



IN THE FOOTSTEPS OF MARY MACKILLOP:

The Sisters of St Joseph have prepared an Australian Pilgrimage, “In the Footsteps of Mary MacKillop” commencing in Melbourne on 18 October, journeying through Victoria and South Australia, and ending at Mary MacKillop Place, North Sydney on 29 October 2022. The pilgrimage will visit many places

associated with Mary MacKillop’s life and ministry. For more information, contact the parish office, or Email: national.pilgrimage@mmp.org.au



STEWARDSHIP MATTERS:

“...I am a minister in accordance with God’s stewardship given to me to bring to completion for you the word of God.” (Colossians 1:25)

We are all called to evangelize – to continuously grow in our relationship with Jesus and to share it with others. We may not be called to evangelize like St. Paul, but we should look for opportunities to share our faith with those closest to us, like our family, friends and neighbors. Pray for the courage to share your faith the next time the opportunity arises.

Rosters for July 23 & 24 2022			17 th Sunday of Ordinary Time, Year C		
	Lector	Commentator	MERT	Usher/Welcomer	Musicians
Saturday Jul 23 5:00pm	R Foote & T Larkin	J Fleming	M Saunders	B O’Brien	Jane & Simon
Sunday Jul 24 9:30am	T Denny & A Thomas	M Wilkinson		D Bau & W Banks-Smith	Diamente Family
Sunday Jul 24 5:00pm	C Hill	E Hill	J McLaughlin	V Vaz	
Mick’s Kitchen:	21 st July Scholtes Team		28 th July McLaughlin Team		

Entrance Antiphon Cf Ps 53:6,8

*See, I have God for my help.
The Lord sustains my soul.
I will sacrifice to you with willing heart,
and praise your name, O Lord, for it is good.*

First Reading Gen 18:1-10

A reading from the book of Genesis

Lord, do not bypass your servant.

The Lord appeared to Abraham at the Oak of Mamre while he was sitting by the entrance of the tent during the hottest part of the day. He looked up, and there he saw three men standing near him. As soon as he saw them he ran from the entrance of the tent to meet them, and bowed to the ground. 'My lord,' he said, 'I beg you, if I find favour with you, kindly do not pass your servant by. A little water shall be brought; you shall wash your feet and lie down under the tree. Let me fetch a little bread and you shall refresh yourselves before going further. That is why you have come in your servant's direction.' They replied, 'Do as you say.'

Abraham hastened to the tent to find Sarah. 'Hurry,' he said, 'knead three bushels of flour and make loaves.' Then running to the cattle Abraham took a fine and tender calf and gave it to the servant, who hurried to prepare it. Then taking cream, milk and the calf he had prepared, he laid all before them, and they ate while he remained standing near them under the tree.

'Where is your wife Sarah?' they asked him. 'She is in the tent,' he replied. Then his guest said, 'I shall visit you again next year without fail and your wife will then have a son.'

Responsorial Psalm Ps 14:2-5 Rv1

(R.) *The just will live in the presence of the Lord.*

1. Lord, who shall dwell on your holy mountain?
He who walks without fault;
he who acts with justice
and speaks the truth from his heart;
he who does not slander with his tongue. **(R.)**
2. He who does no wrong to his brother,
who casts no slur on his neighbour,
who holds the godless in disdain,
but honours those who fear the Lord. **(R.)**
3. He who keeps his pledge, come what may;
who takes no interest on a loan
and accepts no bribes against the innocent.
Such a man will stand firm for ever. **(R.)**

Next weeks Readings	
17 th Sunday in Ordinary Time	
1 st Reading:	Gen 18:20-32
2 nd Reading:	Col 2:12-14
Gospel:	Luke 11:1-13

Second Reading Col 1:24-28

A reading from the letter of St Paul to the Colossians

The mystery hidden for centuries has now been revealed to his saints.

It makes me happy to suffer for you, as I am suffering now, and in my body to do what I can to make up all that has still to be undergone by Christ for the sake of his body, the Church. I became the servant of the Church when God made me responsible for delivering God's message to you, the message which was a mystery hidden for generations and centuries and has now been revealed to his saints. It was God's purpose to reveal it to them and to show all the rich glory of this mystery to pagans. The mystery is Christ among you, your hope of glory: this is the Christ we proclaim, this is the wisdom in which we thoroughly train everyone and instruct everyone, to make them all perfect in Christ.

Gospel Acclamation See Lk 8:15

Alleluia, alleluia!

Happy are they who have kept the word with a generous heart and yield a harvest through perseverance.

Alleluia!

Gospel Lk 10:38-42

A reading from the holy Gospel according to Luke

Martha took up the duties in the house. Mary chose the better part.

Jesus came to a village, and a woman named Martha welcomed him into her house. She had a sister called Mary, who sat down at the Lord's feet and listened to him speaking.

Now Martha who was distracted with all the serving said, 'Lord, do you not care that my sister is leaving me to do the serving all by myself? Please tell her to help me.'

But the Lord answered: 'Martha, Martha,' he said, 'you worry and fret about so many things, and yet few are needed, indeed only one. It is Mary who has chosen the better part; it is not to be taken from her.'

