

St Michael's Catholic Parish Traralgon

St Michael's Vision Statement: Inspired by Jesus Christ, we are a welcoming Catholic Community seeking to enrich lives. Come and join us!

St Michael's Mission Statement:

To provide opportunities for parishioners –

- to grow in holiness
- to discover and live out their personal and community call to mission to live as Catholics who effectively transform society.

www.smpt.org.au
email: sec@smpt.org.au

Statement of Commitment to the safety of children and adults at risk: Central to the mission of St Michael's Parish is an unequivocal commitment to fostering the dignity, self-esteem and integrity of children, young people and adults at risk and providing them with a safe, supportive and enriching environment to develop spiritually, physically, intellectually, emotionally and socially.

Please contact our Safeguarding Officer Shane Reid on 5174 2060 if you have any concerns.

St Michael's Parish Information

Fr Aju Varghese Parish Priest
Parish Centre 5174 2060
Priest's Residence: 5174 6765

Deacon Tony Aspinall
Phone 5174 8167
Email: deacontony8@gmail.com

St Michael's Parish Office
Telephone: 5174 2060
Address: 35 Kay Street, Traralgon
PO Box 103, Traralgon 3844

Office hours –
Tues to Friday 9:00am to 4:00pm
Parish Secretary: Catherine Hill
Email: sec@smpt.org.au
Sacraments / Youth: Jenifer Hanratty
Email: sacraments@smpt.org.au

After office hours - in case of an emergency please call 0499 162 313 and leave a message and your contact details. All non-urgent calls should be made during office hours.

Baptisms: Six weeks notice required

Weddings: Six months notice required

Parish Pastoral Council: Lia Di Corleto, Chairperson, Fr Aju, Steve Kimani, Greg Imhagwe, Watson Gomez, Jenifer Hanratty, Judi McLaughlin, Thomas Mathew, Amanda Reid, Jodie Ware, Michelle Charlton, and Doug Doherty.

Our Schools:

St Gabriel's School 5174 5515
Principal: Mrs Michelle Charlton

St Michael's School 5174 3295
Principal: Mrs Jodie Ware

Lavalla Catholic College 5174 5272
Principal: Mr Ryan Greer

Kildare Campus 5174 8111
St Paul's Campus 5174 7355

Gospel Reflection:

Turning a blind eye is not the Christian way by Mark Chia CSSR

You sometimes see it in a person's eyes. They are trying their very best to put up a brave front. It's to tell the world and to convince themselves that everything is fine. However, all is not well. They are one small step away from falling apart and breaking down. Mental health and wellbeing issues have for a long time been overlooked or ignored and, in some cultures and societies, it is still a taboo subject. Many people struggle to talk or share about a loved one who is suffering mental illness, and it's even harder if they have had or are going through a breakdown. This makes supporting them or their loved ones challenging and difficult.

In the gospel story of the Good Samaritan, a traveller is attacked by brigands. It wasn't his fault that he was robbed and assaulted. The same can be said for people with mental health issues. Only a few people choose to help them, perhaps for fear of not knowing what to do or how to help. Like the priest and the levite who walked past the traveller who'd been attacked, they perhaps ask themselves, "What can I possibly do to help this person? Perhaps it's better for someone else with experience or expertise to come along to help them." But what if no one else comes along? And what if no one else notices the warning signs of the impending breakdown? Jesus poses this question, "Which of these three do you think proved himself a neighbour to the man who fell into the brigands' hands?" "The one who took pity," was the reply. It was a strong movement of the heart and the soul that moved the Samaritan to action. Though he himself did not have the time to care for the traveller, he did what he could and left the man in the care of the innkeeper.

So, perhaps when we notice someone doing it tough mentally, we do not need to be the one – like the Samaritan – to shoulder the primary responsibility, but we can assist in other ways. We might keep the hotline number for Beyond Blue or Lifeline on hand, for example, or put the person in touch with people who will be able to care for them or attend a workshop on mental health first aid to build our knowledge and skills.

In December 2021, the first insights from the National Study of Mental Health and Wellbeing 2020-21 were released. The study showed that 15% of Australians experienced high or very high levels of psychological distress. For those between the ages of 16 and 34, this increased to 20%. That's one in every five young Australians! As Christians we are called to help those in need. To be like the Samaritan and to help a person in distress takes courage. We don't always need to do the heavy lifting, but we also can't ignore another person's suffering.

Sunday Mass Times	
Saturday	5:00pm Mass
Sunday	9:30am & 5:00pm Mass
Weekday Mass Times	
Tuesday Jul 12	9:30am Mass
Wednesday Jul 13	11:00am Reconciliation 11:00am Adoration 12:00pm Mass
Thursday Jul 14	9:30am Mass @ St Gabriel's PS*
Friday July 15	9:30am Mass

**As a new school term begins, all parishioners are warmly invited to join in our Thursday morning mass at St Gabriel's Primary School at 9:30am*

PLEASE PRAY FOR: those who have died recently including Michael O'Hara, and those whose anniversaries occur at this time including Bambina Damiano, Judy Sullivan, Leonard Hallert, Phil Woodhouse, Sam Prestipino, Father Matthew White, Angelo Bau and Adriano Vargas.
Lord, let your perpetual light shine upon them. May they rest in peace. Amen.

WE PRAY FOR THOSE WHO ARE SICK: including Peter Dal Pra, Ann-Maree Daly, Gary Donchi, Bill Edgar, Bernadette Formaran, Fr Frank Freeman, Marj Gilbert, Carolyn Gleeson, Jacqui Granville, Barbara Greaves, Ellen Hammond, Jenny Hansch, Robert Hazelman, Imogen Hillier, Joyce Martin, Ivy May, Deborah McKerchar, Ben Melenhorst, Maree Morris, Henry Polo, Joan Riggall, Theresa Rosello, Kath Ryan, Jerry Templer, Damiano Tripodi, Julie Vaz, Brian Vivian, Celie Smith, Sharon Veleff, George Walkan, Roy Ward, Kelly Maher, Victoria Rohli, Father John Speakman, James Whitty, Tony Tactor and Pasqualina Loprese, and all those we hold dear in our hearts.



VOLUNTEERS NEEDED: Thank you to those who have come forward to join our cleaning roster. We are still in need of more people to join, either as an individual or a team. As our parish begins to open up again, we are in need of people to help grow and support our parish in a number of different ways. Please consider joining one of our many ministries and meeting other parishioners along the way. A special thank you to those who have stepped in when called upon to fill in as special ministers, readers and commentators when others are unwell or unavailable.

OFFICE HOURS: This week our parish office will have shortened opening hours. The best way to contact us is via email at sec@smpt.org.au or leave a message on the answering machine and one of us will get back to you as soon as possible. Urgent requests can be made to Father Aju on the parish mobile 0499 162 313.

**From July 12 - July 19
the parish office will be open from
10am to 2pm Tuesday to Friday**

THIS WEEK'S EVENTS:	
Tuesday Jul 12	
7:00pm	Baptism Preparation Meeting, St Michael's Church
Wednesday Jul 13	
11:00am	Reconciliation, St Michael's Church
Thursday Jul 14	
9:30am	Parish Mass, St Gabriel's Primary School
10:30am	Charismatic Prayer Group, Mary MacKillop Room



BAPTISMS:

This weekend, we welcome for Baptism:

- **Scarlette Anne Hunter**, daughter of Marcus and Stacey; and
- **Harper Marie Galea**, daughter of Brendan and Emily.

Congratulations from us all, welcome to the Parish family!

The next Baptism Preparation Meeting will be held this **Tuesday July 12 at 7:00pm** in the Church. Please contact the Parish Office on 5174 2060 if you are interested in attending.

R.C.I.A.:

(Rite of Christian Initiation of Adults)
St Michael's Parish warmly invites anyone interested in discovering more about the Catholic faith to come along to an information night on July 21st in the Parish Centre at 7:30pm. Please contact the Parish Office on 5174 2060, if you, or someone you know are interested.



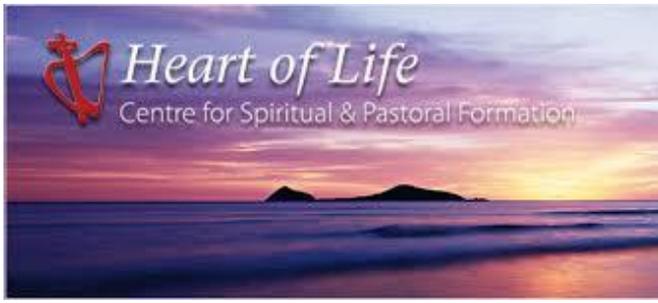
PLANNED GIVING UPDATE: Thank you to all those who have committed to our new planned giving program. Your generosity and support allows our parish to continue to renew and rebuild. For those who missed out, it is not too late to join, please contact the parish office for more information.

TERM THREE COMMENCEMENT: It's hard to realize, but the year is half over already!

A warm welcome back to the schools and classrooms to all our staff and students. We are so blessed to have St Michael's and St Gabriel's primary schools in our parish, and Lavalla College in Traralgon also.

Please remember especially, our Year 12 students whose examinations commence in October and run through to November 16. We pray for God's blessing on the staff and students, may they all be abundantly blessed with great calmness, stamina and focus in the coming weeks.





Heart of Life is offering an “At-home Retreat: Held in Hope” – over five weeks, beginning Monday, 1 August and concluding 29 August. This at-home retreat, invites you to spend some time in prayer at home each day pondering your experiences of the day, and to be accompanied by a retreat-companion weekly, via Zoom for 45 minutes, on how God might have been present for you. A small donation will be welcome. To register your interest, please call 03 9890 1101 or email info@heartoflife.melbourne, no later than 18 July 2022.



FOR A SYNODAL CHURCH:

Communion, Participation and Mission

Each Diocese has now completed a Diocesan Synthesis based on the submissions received. These have now been tabled at the recent May gathering of the Australian Catholic Bishops. Further discussion and discernment with the Bishops will be taking place in the weeks ahead, prior to the preparation of a Continental /Australian Synthesis which is to be sent to the Synod of Bishops Secretariat. The syntheses from every continent and region will form the basis for the preparation of the *Instrumentum laboris* (working document) which will support the prayer, discernment and discussion during the Synod of Bishops in the Vatican in October 2023. Our Diocesan Synthesis has been published and is available on the Australian Catholic Bishops website. <https://catholic.org.au/synodalchurch>



Catholic Theological College
 Online unit via Zoom
Ageing Persons and Pastoral Care
 6 Saturdays: 30 July; 31, 27 August;
 17 September; 8, 22 October:
 10am – 12pm plus 2pm – 4pm
 To enrol or for further information:
 Email: registrar@ctc.edu.au
 Phone: 03 9412 3309

CATHOLIC THEOLOGICAL COLLEGE
 UNIVERSITY OF DIVINITY

DIVINE RENOVATION: Refreshed & Renewed Online Retreat
Date: 28 – 30 July 2022 | Registration: \$20

Do you sometimes feel like you're just trying to survive? Catholics across Australasia want to answer the Church's call to mission. Yet with the demands of parish work and a global pandemic, it's easy to feel discouraged and burnt out. That's why it's so important that we take the time to be re-energised and revived in the power of the Holy Spirit. Together with Parousia, we invite you to the Refreshed & Renewed online retreat on 28-30 July featuring Dr. Edward Sri, Fr. James Mallon, Deacon Harold Burke-Sivers, Steve Ray, and many more — where you will encounter Jesus through prayer, be re-energized by amazing talks, and experience the Holy Spirit renew your heart.

Register today at: www.divinerenovation.org/refreshed-renewed and be refreshed and renewed in your desire and energy to continue the work of evangelisation and mission!



IN THE FOOTSTEPS OF MARY MACKILLOP:

The Sisters of St Joseph have prepared an Australian Pilgrimage, “In the Footsteps of Mary MacKillop” commencing in Melbourne on 18 October, journeying through Victoria and South Australia, and ending at Mary MacKillop Place, North Sydney on 29 October 2022. The pilgrimage will visit many places associated with Mary MacKillop’s life and ministry.



For more information, contact the parish office, or email national.pilgrimage@mmp.org.au

STEWARDSHIP MATTERS:

“Jesus said to him, ‘Go and do likewise.’” (Luke 10:37)
 This was Jesus’ command at the end of the Good Samaritan story. Did you know that the Samaritans and Jews despised each other. The moral of the story is to love our neighbor. That means loving someone you may not know or someone that looks different than you or someone that you don’t like. All without expecting anything in return.



Rosters for July 16 & 17 2022			16 th Sunday of Ordinary Time, Year C		
	Lector	Commentator	MERT	Usher/Welcomer	Musicians
Saturday Jul 16 5:00pm	B O’Brien	S Grout	S Gills	A Ryan	Alison, Jeanne & Amanda
Sunday Jul 17 9:30am	S & S Reid	C McCabe	S Hemming	J & P Dal Pra	Charismatic Choir
Sunday Jul 17 5:00pm	E Harte	S Darby		M Noone	
Mick’s Kitchen:		14 th July Van Berkel Team		21 st July Scholtes Team	

Entrance Antiphon Cf Ps 16:15

*As for me, in justice I shall behold your face;
I shall be filled with the vision of your glory.*

First Reading Dt 30:10-14

A reading from the book of Deuteronomy

Let the instruction of the Lord God be near you.

Moses said to the people: 'Obey the voice of the Lord your God, keeping those commandments and laws of his that are written in the Book of this Law, and you shall return to the Lord your God with all your heart and soul.

'For this Law that I enjoin on you today is not beyond your strength or beyond your reach. It is not in heaven, so that you need to wonder, "Who will go up to heaven for us and bring it down to us, so that we may hear it and keep it?" Nor is it beyond the seas, so that you need to wonder, "Who will cross the seas for us and bring it back to us, so that we may hear it and keep it?" No, the Word is very near to you, it is in your mouth and in your heart for your observance.'

Responsorial Psalm Ps 18:8-11 R v9

(R.) The precepts of the Lord give joy to the heart.

1. The law of the Lord is perfect,
it revives the soul.
The rule of the Lord is to be trusted,
it gives wisdom to the simple. *(R.)*
2. The precepts of the Lord are right,
they gladden the heart.
The command of the Lord is clear,
it gives light to the eyes. *(R.)*
3. The fear of the Lord is holy,
abiding for ever.
The decrees of the Lord are truth
and all of them just. *(R.)*
4. They are more to be desired than gold,
than the purest of gold
and sweeter are they than honey,
than honey from the comb. *(R.)*



Next weeks Readings	
16 th Sunday in Ordinary Time	
1 st Reading:	Gen 18:1-10
2 nd Reading:	Col 1:24-28
Gospel:	Luke 10:38-42

Second Reading Col 1:15-20

A reading from the letter of St Paul to the Colossians
All things were created through him and for him.

Christ Jesus is the image of the unseen God and the first-born of all creation, for in him were created all things in heaven and on earth:

everything visible and everything invisible, Thrones, Dominations, Sovereignities, Powers – all things were created through him and for him. Before anything was created, he existed, and he holds all things in unity. Now the Church is his body, he is its head.

As he is the Beginning, he was first to be born from the dead, so that he should be first in every way; because God wanted all perfection to be found in him and all things to be reconciled through him and for him, everything in heaven and everything on earth, when he made peace by his death on the cross.

Gospel Acclamation See Jn 6:63 68

*Alleluia, alleluia!
Your words, Lord, are spirit and life;
you have the words of everlasting life.
Alleluia!*

Gospel Lk 10:25-37

A reading from the holy Gospel according to Luke
Who is my neighbour?

There was a lawyer who, to disconcert Jesus, stood up and said to him, 'Master, what must I do to inherit eternal life?' He said to him, 'What is written in the Law? What do you read there?' He replied, 'You must love the Lord your God with all your heart, with all your soul, with all your strength, and with all your mind, and your neighbour as yourself.' 'You have answered right,' said Jesus, 'do this and life is yours.'

But the man was anxious to justify himself and said to Jesus, 'And who is my neighbour?' Jesus replied, 'A man was once on his way down from Jerusalem to Jericho and fell into the hands of brigands; they took all he had, beat him and then made off, leaving him half dead. Now a priest happened to be travelling down the same road, but when he saw the man, he passed by on the other side. In the same way a Levite who came to the place saw him, and passed by on the other side. But a Samaritan traveller who came upon him was moved with compassion when he saw him. He went up and bandaged his wounds, pouring oil and wine on them. He then lifted him on to his own mount, carried him to the inn and looked after him. Next day, he took out two denarii and handed them to the innkeeper. "Look after him," he said, "and on my way back I will make good any extra expense you have." Which of these three, do you think, proved himself a neighbour to the man who fell into the brigands' hands?' 'The one who took pity on him,' he replied. Jesus said to him, 'Go, and do the same yourself.'