



St Michael's Catholic Parish Traralgon

St Michael's Vision Statement: Inspired by Jesus Christ, we are a welcoming Catholic Community seeking to enrich lives. Come and join us!

St Michael's Mission Statement:

To provide opportunities for parishioners –

- to grow in holiness
- to discover and live out their personal and community call to mission to live as Catholics who effectively transform society.

www.smpt.org.au

email: sec@smpt.org.au

Statement of Commitment to the safety of children and vulnerable adults: Central to the mission of St Michael's Parish is an unequivocal commitment to fostering the dignity, self-esteem and integrity of children, young people and adults at risk and providing them with a safe, supportive and enriching environment to develop spiritually, physically, intellectually, emotionally and socially. Please contact our Safeguarding Officers, Chris DiCorleto and Shane Reid on 5174 2060 if you have any concerns.

St Michael's Parish Information

Fr Francis Otobero Parish Priest

Fr Ajin Albarnas IVD Assistant Priest

Parish Centre 5174 2060

Priests' Residence: 5174 6765

Deacon Tony Aspinall

Phone 5174 8167

Em: deacontony8@gmail.com

Monsignor John Allman

O'Mara House 5174 9674

St Michael's Parish Office 5174 2060

35 Kay Street, Traralgon

PO Box 103, Traralgon 3844

Office hours –

Tues to Friday 9:00am to 4:00pm

Parish Secretary: Bev O'Brien

Email: sec@smpt.org.au

Sacraments / Youth Jenifer Hanratty

Email: sacraments@smpt.org.au

After office hours - in case of an emergency please call 0448 529 712 and leave a message and your contact details.

All non-urgent calls should be made during office hours.

Baptisms: Six weeks notice required

Weddings: Six months notice required

Parish Pastoral Council: Greg Imhagve Chairperson, Fr Francis, Lia Di Corleto, Watson Gomez, Jenifer Hanratty, Steve Kimani, Judi McLaughlin, Thomas Mathew, Amanda Reid, Jodie Ware, Ros Joyner, Doug Doherty and Bev O'Brien.

Our Schools:

St Gabriel's School 5174 5515

Principal: Mrs Roslyn Joyner

St Michael's School 5174 3295

Principal: Mrs Jodie Ware

Lavalla Catholic College 5174 5272

Principal: Mr John Freeman

Kildare Campus 5174 8111

St Paul's Campus 5174 7355

REFLECTION by Dianne Bergant CSA

Jesus chose disciples to continue his work; he instructed them and empowered them. He sent them out on a mission, and they returned. People followed them, because they wanted to hear what Jesus and the disciples had to say; they wanted to be released from the sickness and the demons that possessed them.

There are so many searching people in the world today, people hungering for instruction, good people looking for direction. They may be parents who are sick with grief over the future of a troubled child; a man stripped of his dignity through unemployment; a woman facing a pregnancy alone; elderly people feeling the surge of life leave their declining bodies; people who are angry and confused because they believe that the church is no longer dependable. They are people who are looking for answers and for meaning. They are like sheep without a shepherd, and Jesus looks to us to shepherd them.

In the midst of this confusion, there are reliable shepherds who walk with us in the dark valleys. They are willing to share the dangers through which we pass, even at the risk of their own safety. They do not pit one segment of the community or one theological perspective against another, scattering the sheep and driving them away. Instead, they work to dismantle the walls that divide us. They speak the word that gathers us together. They reconcile us with God and with each other. They may not give us easy answers, but their primary concern is to lead us to Jesus, the one who is our peace.

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(Reflection used with permission of LilturgyHelp Online.)



A DATE FOR YOUR DIARIES: There's a very important celebration coming up in our Parish next month. There will be a Mass to celebrate Monsignor Allman's 70th Anniversary of Ordination held on Sunday 22nd August at 2:00pm. Bishop Greg will preside at this Mass, along with Monsignor Allman and the priests of the Diocese.

All parishioners are warmly invited to attend this Mass, which will be followed by a cuppa in the Mary MacKillop Hall afterwards. Our numbers will be in accordance with Covid restrictions. Due to covid uncertainties, it may be wise for parishioners to book a seat at this special Mass.

Monsignor will be celebrating two great occasions, his 70th Anniversary of Ordination on July 22, followed by his 96th Birthday on 18th August.

Mons' presence in St Michael's has always been a great blessing, both here and in many other areas of the Diocese.

Sunday Mass Times	
Saturday	5:00pm
Sunday	9:00am Cancelled
<p>Attendance numbers at our Masses are currently limited to 180 people. Booking to attend Mass is no longer required. <i>However, it is still necessary to record your attendance.</i></p> <p>PLEASE arrive 15 minutes early to Mass to record your attendance before Mass begins.</p>	
Weekday Mass Times	
Tues July 20	9:30am Mass Cancelled
Weds July 21	11:00am Adoration
	12:00pm Mass
Thurs July 22	9:30am Mass
Fri July 6	9:30am Mass

PLEASE PRAY FOR: We remember those who have died recently including John Archibald, Bob Wolfe and Julie Sullivan (née Stoddart), and those whose anniversaries occur at this time including Ron Manson, Franc Rolih, Angelina Agostino, Fr John Allen, John Besselink, Joseph Zahra and Bambina Damiano.

Lord, let your perpetual light shine upon them. May they rest in peace. Amen.

WE PRAY FOR THOSE WHO ARE SICK

including Maria Alessandrini, Fr Bernard Buckley, Conceicao Carvalho, Peter Dal Pra, Ann-Maree Daly, Anthony Derham, Sr Delia Donahoe, Gary Donchi, Bill Edgar, Kevin Fitzsimon, Bernadette Formaran, Fr Frank Freeman, Marj Gilbert, Carolyn Gleeson, Ellen Hammond, Jenny Hansch, Robert Hazelman, Imogen Hillier, Marie Howard, Joan Lamont, Peter Lont, Joyce Martin, Ivy May, Deborah Mc Kerchar, Ben Melenhorst, Maree Morris, Henry Polo, Joan Riggall, Kath Ryan, Jerry Templer, Damiano Tripodi, Julie Vaz, Brian Vivian, Celie Smith, George Walkan and Roy Ward and all those we hold dear in our hearts.



BAPTISMS: This weekend we welcome for Baptism:-

- **Jensen Simon Fenech**, son of Jason & Casey; and
- **Veronica Ann Thomas**, daughter of Lee and Hollie.



Congratulations to the families, from us all. We look forward to getting to know Jensen and Veronica better over the coming years.

The next Baptism Preparation Meeting will be on **Tuesday 24th August at 7:00pm** in the Church. Please contact the Parish Office on 5174 2060 if you are interested to attend.

MASS OFFERINGS:

Masses will be offered for –

- Vittoria & Frank Silvestro, death anniversaries
- Roopa Thomas, recent death in India
- K J Varghese, death anniversary.
- Ron Manson, death anniversary.



R.C.I.A.:

These letters stand for the Rite of Christian Initiation of Adults, the ancient Rite of welcoming people into the Church.

St Michael's Parish warmly invites anyone interested in discovering more about the Catholic faith to come along to our meetings which are held on Thursday evenings in the Parish Centre, 7:30-9:00pm. Our first gathering will be on **Thursday 29th July**. Please contact Susan Grout on 0412 671 308 or the Parish Office on 5174 2060, if you, or someone you know are interested.

MEDICAL EMERGENCY RESPONSE TEAM: A meeting will be called in the near future to outline the direction forward in the future. We are fortunate that one of our parishioners has organized suitable training for our MERT members; currently there are four places available for the training, so if you are interested in becoming a response person for the MERT, please contact the parish office.

Volunteer information brochures are on the table as you enter the Church, please take one if you feel this is a ministry you could participate in.

PLANNED GIVING CAMPAIGN: Our current Planned Giving Campaign is due to run out on August 22 this year. And so, the Parish has planned for our new Planned Giving Campaign to commence on Sunday August 29.

Over the weekends of August 01, 08, and 15, our Finance Team will bring news of our financial position and our hopes for moving forward for the next three years.

Cards for recording your 2021 Campaign pledge for the next three years will be available at the abovementioned Masses. So please, take time to prayerfully reflect on your response to this call to support your Church financially.

THIS WEEK'S MEETINGS
Our meetings will only go ahead in accordance with covid restrictions at the time

Tuesday July 20
 10:00am **CPG Core Group**
 Mary MacKillop Room **Postponed**

7:00pm **Lectio Divina Meeting**
 Church

Thursday July 22
Charismatic Prayer Group
 10:30am Mary MacKillop Room
 7:30pm **R C I A**, Parish Centre

RECEIVING HOLY COMMUNION:

In this time of pandemic, we need to follow these instructions when receiving Holy Communion. All worshippers are to wear a face mask throughout the celebration of Mass and the other Sacraments. The communicant is required –

- To maintain the proper distancing in communion queue.
- To wear a mask
- To engage in the dialogue with the communion minister and receive the host in the hand, while wearing the mask.
- To take two steps to the side, and away from the priest.
- To then remove one side of their mask to place the Host in their mouth with the other hand.
- To re-positions the mask.
- To then return to their seat via a different pathway.

CHANGES TO HOW WE ATTEND MASS: We are still allowed 180 people at Mass, which means you no longer need to book to attend Mass. HOWEVER, recording your attendance is still mandatory. Please use the QR code available in the entrance porches.

Wearing a mask is still required, as is hand sanitising, social distancing and cleaning our pews and kneelers behind us.

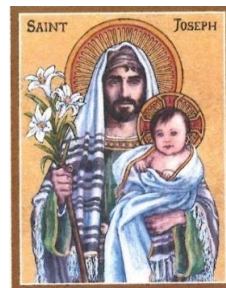
Parishioners are respectfully asked to arrive to Mass 15 minutes early, to allow time to record attendances.

We urgently require parishioners to volunteer to act as Ushers (or Covid Marshalls, as the Health Department calls them). We are only allowed our 180 people provided we have an Usher to count people into Mass, and to ensure that attendances are recorded via the QR Code. *Please, please, please, give your details to the office if you could help out in this important way. Thank you.*

CHARISMATIC PRAYER GROUP: The CPG meets on Thursday mornings in the Mary MacKillop Room at 10:30am.

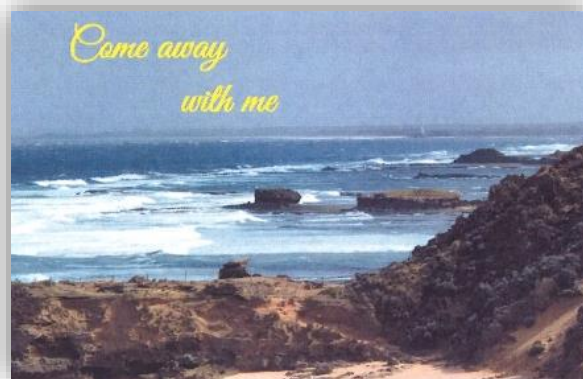
All Parishioners are warmly invited to attend. Please contact Cathy on 0432 588 195 for further information.

WEDNESDAY PRAYER GROUP: The Wednesday afternoon Prayer Group meets on Wednesdays in the Mary MacKillop Room after midday Mass. All are welcome to join in.



Pope Francis' Prayer to Saint Joseph

Hail, Guardian of the Redeemer,
Spouse of the Blessed Virgin Mary.
To you God entrusted his only Son;
in you Mary placed her trust;
with you Christ became man.
Blessed Joseph, to us too,
show yourself a father
and guide us in the path of life.
Obtain for us grace, mercy and
courage, and defend us from every evil.
Amen.



STEWARDSHIP MATTERS

"...come away by yourselves to a lonely place and rest awhile." MARK 6:31

Do you spend time, every day, alone and in silence listening to how God is calling you? If not, you are missing out on a wonderful opportunity to develop a more personal relationship with Him. Unless we talk and more importantly, listen to God every day, how else will we know how He is calling us? Consider making a retreat this year, spend some "alone" time with God.

Rosters for July 24 & 25 17th Sunday in Ordinary Time

Mass	Lector	Commentator	Usher/Mass Counter	Altar Servers
Sat 5:00pm	R Foote, T Larkin	D Smith	A Ryan	Volunteers
Sun 9:00am	S Reid, S Reid	C McCabe	B Jacobs	C Reid, S Reid, L Roy, K Roy
Sun 10:30am	J Dal Pra, N Gils	L Van der Velden	B McNulty	TM Thomas, RM Thomas, E Imhagwe, N Gils
Sun 5:00pm	C / E / S Hill		J & M McLaughlin	A Shine, E John, M Alex
<i>Mick's Kitchen</i>	July 22 Burns Team		July 29 McLaughlin / Hill Team	

Entrance Antiphon Ps 53: 6, 8

*See, I have God for my help.
The Lord sustains my soul.
I will sacrifice to you with willing heart,
and praise your name, O Lord, for it is good.*

First Reading Jeremiah 23:1-6

A reading from the prophet Jeremiah

The remnant of the flock I will gather to me, and bring them back to their pastures.

'Doom for the shepherds who allow the flock of my pasture to be destroyed and scattered – it is the Lord who speaks! This, therefore, is what the Lord, the God of Israel, says about the shepherds in charge of my people: You have let my flock be scattered and go wandering and have not taken care of them. Right, I will take care of you for your misdeeds – it is the Lord who speaks! But the remnant of my flock I myself will gather from all the countries where I have dispersed them, and will bring them back to their pastures: they shall be fruitful and increase in numbers. I will raise up shepherds to look after them and pasture them; no fear, no terror for them any more; not one shall be lost – it is the Lord who speaks!

'See, the days are coming – it is the Lord who speaks – when I will raise a virtuous Branch for David, who will reign as true king and be wise, practising honesty and integrity in the land.

In his days Judah will be saved and Israel dwell in confidence. And this is the name he will be called: The Lord-our-integrity.'

Responsorial Psalm Ps 22. R. v.2

(R.) *The Lord is my shepherd;
there is nothing I shall want.*

1. The Lord is my shepherd;
there is nothing I shall want.
Fresh and green are the pastures
where he gives me repose.
Near restful waters he leads me,
to revive my drooping spirit. **(R.)**
2. He guides me along the right path;
he is true to his name.
If I should walk in the valley of darkness
no evil would I fear.
You are there with your crook and your staff,
with these you give me comfort. **(R.)**
3. You have prepared a banquet for me
in the sight of my foes.
My head you have anointed with oil;
my cup is overflowing. **(R.)**
4. Surely goodness and kindness shall follow me
all the days of my life.
In the Lord's own house shall I dwell
for ever and ever. **(R.)**

(Readings and image used with consent of Liturgy Help Online)

Second Reading Eph 2:13-18

A reading from the letter of St Paul to the Ephesians

Christ, our peace, has made us one.

In Christ Jesus, you that used to be so far from us have been brought very close, by the blood of Christ. For he is the peace between us, and has made the two into one and broken down the barrier which used to keep them apart, actually destroying in his own person the hostility caused by the rules and decrees of the Law. This was to create one single New Man in himself out of the two of them and by restoring peace through the cross, to unite them both in a single Body and reconcile them with God. In his own person he killed the hostility. Later he came to bring the good news of peace, peace to you who were far away and peace to those who were near at hand. Through him, both of us have in the one Spirit our way to come to the Father.

Gospel Acclamation see Eph 1:17-18

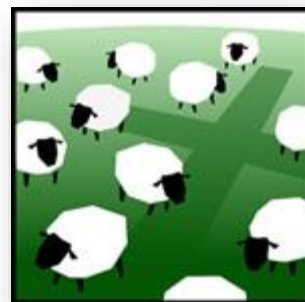
*Alleluia, alleluia!
My sheep listen to my voice, says the Lord;
I know them, and they follow me.
Alleluia!*

Gospel Mk 6:30-34

A reading from the holy Gospel according to Mark

They were as sheep without a shepherd.

The apostles rejoined Jesus and told him all they had done and taught. Then he said to them, 'You must come away to some lonely place all by yourselves and rest for a while'; for there were so many coming and going that the apostles had no time even to eat. So they went off in a boat to a lonely place where they could be by themselves. But people saw them going, and many could guess where; and from every town they all hurried to the place on foot and reached it before them. So as he stepped ashore he saw a large crowd; and he took pity on them because they were like sheep without a shepherd, and he set himself to teach them at some length.

**Next weeks Readings:**

July 25	17 th Sunday in Ordinary Time
First Reading:	2 Kings 4:42-44
Second Reading:	Ephesians 4:1-6
Gospel:	John 6:1-15