



Thirtieth Sunday in Ordinary Time Year A

October 25, 2020

St Michael's Catholic Parish Traralgon

St Michael's Vision Statement: Inspired by Jesus Christ, we are a welcoming Catholic Community seeking to enrich lives. Come and join us!

St Michael's Mission Statement:

To provide opportunities for parishioners –

- to grow in holiness
- to discover and live out their personal and community call to mission to live as Catholics who effectively transform society.

www.smpt.org.au

email: sec@smpt.org.au

Statement of Commitment to the safety of children and vulnerable adults: Central to the mission of St Michael's Parish is an unequivocal commitment to fostering the dignity, self-esteem and integrity of children, young people and vulnerable adults and providing them with a safe, supportive and enriching environment to develop spiritually, physically, intellectually, emotionally and socially. Please contact our Safeguarding Officers, Chris DiCorleto and Shane Reid on 5174 2060 if you have any concerns.

St Michael's Parish Information

Fr Francis Otobo Parish Priest

Fr Ajin Albarnas IVD Assistant Priest

Parish Centre 5174 2060

Priests' Residence: 5174 6765

Deacon Tony Aspinall

Phone 5174 8167

Em: deacontony8@gmail.com

Sr Doreen Dagge RSJ 5174 9997

Monsignor John Allman

O'Mara House 5174 9674

St Michael's Parish Office 5174 2060

35 Kay Street, Traralgon

PO Box 103, Traralgon 3844

Office hours –

Tues to Friday 9:00am to 4:00pm

Parish Secretary: Bev O'Brien

Email: sec@smpt.org.au

Sacraments / Youth Jenifer Hanratty

Email: sacraments@smpt.org.au

After office hours - in case of an emergency please call 0448 529 712 and leave a message and your contact details.

All non-urgent calls should be made during office hours.

Baptisms: currently in abeyance

Weddings: currently in abeyance

Parish Pastoral Council: Greg Imhagve Chairperson, Fr Francis, Sr Doreen, Lia Di Corleto, Watson Gomez, Jenifer Hanratty, Steve Kimani, Judi McLaughlin, Thomas Mathew, Amanda Reid, Kevin Taylor, Jodie Ware, Ros Joyner, Doug Doherty and Bev O'Brien.

Our Schools:

St Gabriel's School 5174 5515

Principal: Mrs Roslyn Joyner

St Michael's School 5174 3295

Principal: Mrs Jodie Ware

Lavalla Catholic College 5174 5272

Principal: Mr John Freeman

Kildare Campus 5174 8111

St Paul's Campus 5174 7355



Catholic Diocese of Sale Diocesan Administrator's Office

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WARRAGUL 3820
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21st October 2020

Dear Clergy, Religious, Parish Safeguarding Officers and Parish Offices

Second Anniversary of National Apology

On 22 Oct 2018, the Prime Minister, the Hon Scott Morrison MP, delivered the National Apology to Victims and Survivors of Institutional Child Sexual Abuse. The National Apology acknowledged and apologised for the appalling abuse endured by vulnerable children, including current generations, by the very people who were supposed to care for them.

On the Second Anniversary of the National Apology, I wish to recommit our efforts in the Diocese of Sale to the work of creating a culture of safety and care for all.

We are doing this through a number of initiatives including rolling out both face to face training and an online safeguarding module. I urge you to encourage as many church volunteers to undertake this training, particularly the online module which is freely available to all.

Given the current restrictions due to the pandemic in Victoria, we recognise that some parish ministry is being conducted online. It is important that those who conduct this understand the safeguarding guidelines and attend preparatory sessions to ensure that they are skilled to be able to safeguard all those who attend. We have a focus on safe practices including policies and guidelines.

Whilst this anniversary is an important occasion to reflect on the magnitude of harm perpetrated against victims and survivors in Catholic Church settings, it is also a time to recommit to the vital cultural change and safeguarding work that needs to be done to create a safe Church for all.

If you have any queries in the area of safeguarding or any related matters, please contact Dr Angela Lecomber, the Diocesan Professional Standards Officer. Email: Angelal@sale.catholic.org.au

Yours sincerely in Christ

Rev Fr Peter Slater
Diocesan Administrator

This letter from Fr Peter Slater is to remind all of us who volunteer that it is vitally important that we all do our utmost to support the children and vulnerable in parish life. We need to be able to demonstrate that we do indeed offer safety to all those who come to us.

Sunday Mass Times (as of October 20, 2020)	
Saturday	4:00pm
Sunday	10:00am
Weekday Mass Times	
Tuesday to Friday	9:30am
Attendance at Mass is limited to 20 people plus a leader and <u>must be booked</u> at the Parish Office.	

PLEASE PRAY FOR: We remember those who have died recently including Bessel Van Der Holst and those whose anniversaries occur at this time including Henry Smith, Juan Goicoa, Rosetta Zanella, Margaret Mayr, Sam & Dolora Vella, Mick Said, Lyle Smith, Dot Buckland, Lynne King, and Desmond Bennett.

Lord, let your perpetual light shine upon them. May they rest in peace. Amen.

MASS OFFERINGS: Mass has been offered this week for Sam and Dolora Vella, Bessel Van der Horst and Mick Said.

WE PRAY FOR THOSE WHO ARE SICK including Maria Alessandrini, Lee Allman, Cath Boers, Fr Bernard Buckley, Conceicao Carvalho, Peter Dal Pra, Ann-Maree Daly, Anthony Derham, Gary Donchi, Bill Edgar, Bernadette Formaran, Fr Frank Freeman, Marj Gilbert, Carolyn Gleeson, Robert Hazelman, Imogen Hillier, Marie Howard, Joan Lamont, Peter Lont, Joyce Martin, Ivy May, Deborah Mc Kerchar, Ben Melenhorst, Joan Quigley, Joan Riggall, Kath Ryan, Jerry Templer, Julie Vaz, Brian Vivian, Celie Smith, George Walkan, Roy Ward and Fr Frank Young, and all those we hold dear in our hearts.

OUTDOOR MASS: We are now allowed to hold Mass for 20 people outdoors. Parishioners must book to attend. Please phone the Parish Office between 2:00 and 3:30pm Tuesdays to Fridays to book. We will hold our outdoor services in the carport attached to the Parish Centre, weather permitting.

- * Please arrive 10 to 15 minutes prior to Mass starting.
- * Social distancing must be maintained and masks must be worn.
- * Plastic chairs will be set up in the car port, set at the correct distance apart.

Holy Communion

All worshippers are to wear a face mask throughout the celebration of Mass and the other Sacraments. The communicant is required –
 To maintain the proper distancing in communion queue.
 To wear a mask
 Engages in the dialogue and receives the host in the hand, while wearing the mask.
 Steps several metres to the side, and away from the priest.
 Removes one side of the mask to place the Host in their mouth with the other hand.
 Re-positions the mask.
 Returns to their seat via a different pathway.

We will plan to hold our **Masses at 9:30am Tuesdays to Fridays, and at 4:00pm on Saturdays and 10:00am Sundays.** However, should the weather be inclement at the time of Mass or any time during Mass, it will have to be cancelled.

We do live in Gippsland, after all. 😊

PARISH OFFICE CLOSED: The office remains closed due to the pandemic restrictions. All contact needs to be made by phone (5174 2060) or email (sec@smpt.org.au). Thank you.

In case of an after hours emergency please call 0448 529 712 and leave a clear and concise message and your contact details for Father.

PUBLIC HOLIDAY: Parishioners please note that the Parish Office will be closed on **Tuesday November 3rd** as this is a Public Holiday. Mass will be held at 9:30am on November 03. Please remember this when ringing to book your attendance.

EXAM TIME: Please remember in your prayers all the Year 12 students and all those who will be undertaking VCE Exams over the next two or three weeks. This years Year 12 students have had a difficult year, with interrupted schooling and many months of online learning.

All Parishioners are warmly invited to attend this online liturgy on Wednesday October 28th at 7:30pm. Please register through the Parish Office. Our next online liturgy is planned for early in Advent. Watch this space for more details.



PRAYING THE ANGELUS: Set your alarm to remind you each day, take the time to pray the Angelus, or take time to pause and be grateful for what we have and who we love in our lives. In this time of pandemic, our prayers for healing, peace, integrity in our leaders, and for our battered earth are sorely needed. Please see the Angelus prayer on Page 5.

ISOLATION PRAYER LIFE:

Access to Masses online/TV/ Keep up to date with the latest prayer resources for your communities <https://www.cdsale.org.au/news/prayer-resources-in-time-of-need>

Livestreamed Masses

<https://www.cdsale.org.au/coronavirus>

Mass with Fr Rob Galea can be found by going to frgministry.com.

Music and prayer for 30th Sunday in Ordinary Time. You are invited to pray at home with the Sunday readings with free access to the following online music and video resources

Australian Catholics - use the Scriptures and the reflection questions provided for your personal prayer or for your Sunday Liturgy of the Word celebration at home or via livestream <https://tinyurl.com/Scripture-and-Reflections>

Psalms and chants from Marist Music for this Sunday www.maristmusic.org.au/ available as sheet music and audio.

Daily Prayer

Short daily Gospel reflections with access to readings and prayers of the faithful can be found at <https://www.pray.com.au> and at <https://thewell.org.au/about>

Praying at home

1. Pray the Liturgy of the Word: read and pray with the Sunday scriptures. www.liturgybrisbane.net.au
2. Please continue to pray for Bishop-elect Greg Bennet as he makes preparations for his episcopal ordination as soon as he is able.

AN ACT OF SPIRITUAL COMMUNION

The simple and loving act of Spiritual Communion (written by St. Alphonsus Liguori) can be made when we are unable to attend Mass and receive the Eucharist.

Pray these words:

My Jesus,

I believe that You are in the Blessed Sacrament.

I love You above all things, and I long for You in my soul.

Since I cannot now receive You sacramentally, come at

least spiritually into my heart. As though You have

already come, I embrace You and unite myself entirely to

You; never permit me to be separated from You.

Amen.

SACRAMENTAL PROGRAMMES: Well, the pandemic has impacted on every aspect of Parish Life. **First Communion** and **Reconciliation** have been postponed until 2021.

Preparation for Confirmation will go ahead with the assistance and support from our Schools and from our Catechist Team. The celebration of **Confirmation** will be held when we are able to hold Masses in the Church with 20 people present. We pray that this will occur soon.

Enrolment forms are available from the Parish Office, please ring and arrange a time to pick one up; they can also be emailed out, just let us know.

Baptisms will be able to proceed in the coming weeks, as soon as our Baptism team have completed their training to safely hold Zoom Meetings. Please contact the Parish Office if you are interested. At this point in time, the baptisms would have to be celebrated with a maximum of 20 people in our carport, and so would be subject to good weather conditions, as are our Masses.

PLANNED GIVING: It is with huge thankfulness that the Parish acknowledges those who are continuing their Planned Giving. We were due to have a new Planned Giving Campaign this year, but circumstances have forced us to move our plans to August 2021.

Those who give by envelope will be aware that new envelopes are needed as of November 8. The new envelopes will be arriving shortly, and it will cost the Parish roughly \$9 postage to distribute each packet of envelopes. So we are asking whether parishioners might be able to volunteer to deliver envelopes to say five people in order to help us keep our mailing costs down, especially at this time when our Masses are suspended.

Thanks to those who have volunteered to help deliver envelopes, many hands will make light work. *If you'd also like to volunteer please contact the Parish Office and leave your name and contact details.* We are hoping to have the envelopes ready for delivery in the week October 26 to 30.

If any parishioners would like to change to Direct Debit as their method of giving, it would be appreciated, as this method involves no charges to the Parish, and doesn't require the purchase of the giving envelopes and certainly helps reduce our postage bill.

STEWARDSHIP MATTERS:

"You shall love the Lord, your God, with all your heart, with all your soul and with all your mind." – Matthew 22:37

Do you put other "gods" before God? Is your love of money, power, status, comfort or some personal possession greater than your love for God? Do you really recognize that everything you have and that everything you are is a gift from God? The good news – it's not too late to put God first in all things in your life.



Entrance Antiphon Cf Ps 104:3-4

*Let the hearts that seek the Lord rejoice;
turn to the Lord and his strength;
constantly seek his face..*

First Reading Ex 22:20-26

A reading from the book of Exodus

If you are harsh with the widow or the orphan, my anger will rage against you.

The Lord said to Moses, 'Tell the sons of Israel this, "You must not molest the stranger or oppress him, for you lived as strangers in the land of Egypt. You must not be harsh with the widow, or with the orphan; if you are harsh with them, they will surely cry out to me, and be sure I shall hear their cry; my anger will flare and I shall kill you with the sword, your own wives will be widows, your own children orphans.

"If you lend money to any of my people, to any poor man among you, you must not play the usurer with him: you must not demand interest from him.

"If you take another's cloak as a pledge, you must give it back to him before sunset. It is all the covering he has; it is the cloak he wraps his body in; what else would he sleep in? If he cries to me, I will listen, for I am full of pity."

Responsorial Psalm Ps 17:2-4, 47, 51. R. v.2

(R.) I love you, Lord, my strength.

1. I love you, Lord, my strength,
my rock, my fortress, my saviour.
My God is the rock where I take refuge;
my shield, my mighty help, my stronghold.
The Lord is worthy of all praise:
when I call I am saved from my foes. **(R.)**
2. Long life to the Lord, my rock!
Praised be the God who saves me.
He has given great victories to his king
and shown his love for his anointed. **(R.)**

**Second Reading** 1 Thes 1:5-10

A reading from the first letter of St Paul to the Thessalonians

You turned away from idols to serve God and await his Son.

You observed the sort of life we lived when we were with you, which was for your instruction, and you were led to become imitators of us, and of the Lord; and it was with the joy of the Holy Spirit that you took to the gospel, in spite of the great opposition all round you. This has made you the great example to all believers in Macedonia and Achaia since it was from you that the word of the Lord started to spread – and not only throughout Macedonia and Achaia, for the news of your faith in God has spread everywhere. We do not need to tell other people about it: other people tell us how we started the work among you, how you broke with idolatry when you were converted to God and became servants of the real, living God; and how you are now waiting for Jesus, his Son, whom he raised from the dead, to come from heaven to save us from the retribution which is coming.

Gospel Acclamation See Jn 14:23

Alleluia, alleluia!

All who love me will keep my words,

and my Father will love them and we will come to them

Alleluia!

Gospel Mt 22:34-40

A reading from the holy Gospel according to Matthew

You shall love the Lord your God and your neighbour as yourself.

When the Pharisees heard that Jesus had silenced the Sadducees they got together and, to disconcert him, one of them put a question, 'Master, which is the greatest commandment of the law?' Jesus said, 'You must love the Lord your God with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment. The second resembles it: you must love your neighbour as yourself. On these two commandments hang the whole Law, and the Prophets also.'

Next week's Readings: Feast of All Saints

First Reading: Apoc 7:2-4 9-14

Second Reading: 1 John 3:1-3

Gospel: Matthew 5:1-12

The Angelus

This traditional prayer evolved in Europe from a recitation of three Hail Mary's following the ringing of the evening bell of the local monastery around the 12th century.

Although the Angelus has been traditionally said three times daily, at 6 am, noon and 6 pm, you can pray it at anytime! It is still accompanied by the ringing of a bell (the Angelus bell) in some places such as Vatican City and parts of Germany and Ireland. The prayer is also recited by some Anglican, Lutheran and the Orthodox faithful.



When prayed in a group setting a leader recites the verses and everyone recites both the responses and the Hail Mary's in between each verse. (*The language may need adapting for children if prayed with the whole family*)

When we pray the Angelus with humility and love, we are emulating Mary's faith in God's goodness. We recall with reverence and great joy that God entered human history in the person of Jesus who promised that he would always be with us even till the end of time. This is especially relevant in this time of Covid19.

Why not pray the Angelus?

Set your mobile phone to chime each day at one or more of the three set hours?

The Traditional hours are 6 am, 12 noon and 6 pm.

You might like to synchronise your Angelus prayer with a friend or family member.

If not the Angelus, perhaps we can just pause

and be grateful for what we have and who we love in our lives.

Praying the Angelus

V. The Angel of the Lord declared unto Mary.

R. And she conceived of the Holy Spirit.

Hail Mary, full of grace, the Lord is with you;

Blessed are you among women, and blessed is the fruit of your womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

V. Behold the handmaid of the Lord.

R. Be it done unto me according to your word.

Hail Mary, etc.

V. And the Word was made Flesh.

R. And dwelt among us.

Hail Mary, etc.

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech you, O Lord, your grace into our hearts, that we to whom the Incarnation of Christ your son was made known by the message of an angel, may by His passion and cross be brought to the glory of his resurrection. Through the same Christ our Lord.

Amen.

V. Glory be to the Father and to the Son and to the Holy Spirit.

R. As it was in the beginning is now and ever shall be world without end, Amen.