



## St Michael's Catholic Parish Traralgon

**St Michael's Vision Statement:** Inspired by Jesus Christ, we are a welcoming Catholic Community seeking to enrich lives. Come and join us!

**St Michael's Mission Statement:**

To provide opportunities for parishioners –

- to grow in holiness
- to discover and live out their personal and community call to mission to live as Catholics who effectively transform society.

[www.smpt.org.au](http://www.smpt.org.au)

email: [sec@smpt.org.au](mailto:sec@smpt.org.au)

**Statement of Commitment to the safety of children and vulnerable adults:** Central to the mission of St Michael's Parish is an unequivocal commitment to fostering the dignity, self-esteem and integrity of children, young people and vulnerable adults and providing them with a safe, supportive and enriching environment to develop spiritually, physically, intellectually, emotionally and socially. Please contact our Safeguarding Officers, Chris DiCorleto and Shane Reid on 5174 2060 if you have any concerns.

### St Michael's Parish Information

**Fr Francis Otober** Parish Priest

**Fr Ajin Albarnas IVD** Assistant Priest

Parish Centre 5174 2060

Priests' Residence: 5174 6765

**Deacon Tony Aspinall**

Phone 5174 8167

Em: [deacontony8@gmail.com](mailto:deacontony8@gmail.com)

**Sr Doreen Dagge RSJ** 5174 9997

**Monsignor John Allman**

O'Mara House 5174 9674

**St Michael's Parish Office** 5174 2060

35 Kay Street, Traralgon

PO Box 103, Traralgon 3844

Office hours –

Tues to Friday 9:00am to 4:00pm

Parish Secretary: Bev O'Brien

Email: [sec@smpt.org.au](mailto:sec@smpt.org.au)

Sacraments / Youth Jenifer Hanratty

Email: [sacraments@smpt.org.au](mailto:sacraments@smpt.org.au)

**After office hours** - in case of an emergency please call 0448 529 712 and leave a message and your contact details.

All non-urgent calls should be made during office hours.

**Baptisms:** currently in abeyance

**Weddings:** currently in abeyance

**Parish Pastoral Council:** Greg Imhagwe Chairperson, Fr Francis, Sr Doreen, Lia Di Corleto, Watson Gomez, Jenifer Hanratty, Steve Kimani, Judi McLaughlin, Thomas Mathew, Amanda Reid, Kevin Taylor, Jodie Ware, Ros Joyner, Doug Doherty and Bev O'Brien.

**Our Schools:**

**St Gabriel's School** 5174 5515

Principal: Mrs Roslyn Joyner

**St Michael's School** 5174 3295

Principal: Mrs Jodie Ware

**Lavalla Catholic College** 5174 5272

Principal: Mr John Freeman

Kildare Campus 5174 8111

St Paul's Campus 5174 7355

*10<sup>th</sup> Anniversary*

*of the*

*Canonisation*

*of Mary MacKillop*

*Saturday 17<sup>th</sup>*

*October 2020*



On Wednesday evening, 35 people gathered together on our computers, ipads and mobile phones, to participate in a beautiful liturgy celebrating the 10<sup>th</sup> anniversary of the Canonisation of our 1<sup>st</sup> Australian Saint. Mary MacKillop worked tirelessly to help bring education to the children of the poor in so many areas, with an emphasis on education for the rural poor. The order also provided shelters and orphanages, and worked to help improve the life of women.

Sincere thanks to our own Sr Doreen for her moving tribute, to the Order of the Sisters of St Joseph, to the Liturgy Team and Greg Imhagwe for all their efforts in bringing this celebration to fruition. We are indeed blessed.

**'CAR PORT MASSES'** It's very exciting to be able to attend Mass again, even if it's in the carport and only for ten people. Lovely to be able to see fellow parishioners again, even if we all look quite different all masked up. But the highlight was being able to receive communion; what a privilege! As Fr Francis celebrated the Mass with the breeze gently moving the altar cloth and rustling his robes, it was easy to imagine the simplicity of the gatherings in the early church, and emphasised that the community is the Church.

After months of watching Mass and participating in the Mass from the comfort of the lounge room chair, this was so much more meaningful. Being a member of a community gathering is such an important part of being Christian, being Catholic.

Thanks to our two parishioners who donated our white plastic chairs (our 'carport pews') and to the Parish Team and all involved in our 'outdoor celebrations'.



<b>Sunday Mass Times</b> (as of October 13, 2020)	
<b>Saturday</b>	4:00pm
<b>Sunday</b>	9:00am
<b>Weekday Mass Times</b>	
<b>Tuesday to Friday</b>	9:30am
<b>Attendance at Mass is limited to 10 people plus a leader and must be booked at the Parish Office.</b>	

**PARISH OFFICE CLOSED:** The office remains closed due to the pandemic restrictions. All contact needs to be made by phone (5174 2060) or email (sec@smpt.org.au). Thank you.

*In case of an after hours emergency please call 0448 529 712 and leave a clear and concise message and your contact details for Father.*

**PLEASE PRAY FOR:** We remember those who have died recently including Tonny Koedijk and those whose anniversaries occur at this time including Lyle Smith, Dot Buckland, Lynne King, Desmond Bennett and Bridget Dean. **Lord, let your perpetual light shine upon them. May they rest in peace. Amen.**

**MASS OFFERINGS:** Mass will be offered this week for Ian McLean.

**WE PRAY FOR THOSE WHO ARE SICK** including Maria Alessandrini, Lee Allman, Cath Boers, Fr Bernard Buckley, Conceicao Carvalho, Peter Dal Pra, Ann-Maree Daly, Anthony Derham, Gary Donchi, Bill Edgar, Bernadette Formaran, Fr Frank Freeman, Marj Gilbert, Carolyn Gleeson, Robert Hazelman, Imogen Hillier, Marie Howard, Joan Lamont, Peter Lont, Joyce Martin, Ivy May, Deborah McKerchar, Ben Melenhorst, Joan Quigley, Joan Riggall, Kath Ryan, Jerry Templer, Julie Vaz, Brian Vivian, Celie Smith, George Walkan, Roy Ward and Fr Frank Young, and all those we hold dear in our hearts.

**PLANNED GIVING:** It is with huge thankfulness that the Parish acknowledges those who are continuing their Planned Giving. We were due to have a new Planned Giving Campaign this year, but circumstances have forced us to move our plans to August 2021.

Those who give by envelope will be aware that new envelopes are needed as of November 8. The new envelopes will be arriving shortly, and it will cost the Parish roughly \$9 postage to distribute each packet of envelopes. So we are asking whether parishioners might be able to volunteer to deliver envelopes to say five people in order to help us keep our mailing costs down, especially at this time when our Masses are suspended.

Thanks to those who have volunteered to help deliver envelopes, many hands will make light work. *If you'd also like to volunteer please contact the Parish Office and leave your name and contact details.* We are hoping to have the envelopes ready for delivery in the week October 26 to 30.

If any parishioners would like to change to Direct Debit as their method of giving, it would be appreciated, as this method involves no charges to the Parish, and doesn't require the purchase of the giving envelopes and certainly helps reduce our postage bill.

**PRAYING THE ANGELUS:** Set your alarm to remind you each day, take the time to pray the Angelus, or take time to pause and be grateful for what we have and who we love in our lives. In this time of pandemic, our prayers for healing, peace, integrity in our leaders, and for our battered earth are sorely needed. Please see the Angelus prayer on Page 5.

**OUR 'BULLETIN BOX':** For those parishioners who are unable to access the Bulletin electronically, we now have a Bulletin Box on the brick wall of the front porch of the Parish Office; copies of the Bulletin will be placed in the Bulletin Box each Friday. Please use the hand sanitiser provided before taking a copy. Sincere thanks to Allan Grout who built our Bulletin Box.

Please let the Parish Office know if you would like to have the Bulletin emailed directly to you.

**PUBLIC HOLIDAYS:** Parishioners please note that the Parish Office will be closed on Friday October 23 and on Tuesday November 3<sup>rd</sup> as these are both public holidays. Mass will be held on both these days at 9:30am. Please remember this when ringing to book your attendance.

**OUTDOOR MASS:** We are now allowed to hold Mass for 10 people outdoors. Parishioners must book to attend. Please phone the Parish Office between 1:30 and 3:30pm Tuesdays to Fridays to book. We will hold our outdoor services in the carport attached to the Parish Centre.

- \* Please arrive 10 to 15 minutes prior to Mass starting.
- \* Social distancing must be maintained and masks must be worn.
- \* Plastic chairs will be set up in the car port, set at the correct distance apart.

#### Holy Communion

All worshippers are to wear a face mask throughout the celebration of Mass and the other Sacraments.

The communicant is required –

To maintain the proper distancing in communion queue.

To wear a mask

**To sanitise their hands at a dispensing station before coming to receive Communion.**

Engages in the dialogue and receives the host in the hand, while wearing the mask.

Steps several metres to the side, and away from the priest.

Removes one side of the mask to place the Host in their mouth with the other hand.

Re-positions the mask.

Returns to their seat via a different pathway.

We will plan to hold our **Masses at 9:30am Tuesdays to Fridays, and at 4:00pm on Saturdays and 9:00am Sundays.** However, should the weather be inclement at the time of Mass, it may have to be cancelled.

We do live in Gippsland, after all. 😊

**Congratulations!** Well done to Nanette and Terry Phelan who celebrated 55 years of marriage on Friday October 16. They reminisced about their marriage which was celebrated in the Hobart Cathedral, and their 55<sup>th</sup> Anniversary which was celebrated with Mass in St Michael's carport.

What a amazing journey your marriage has been thus far, full of all that life can possibly visit on a married couple. Your Parish family wishes you every happiness in all your years to come.

### **ISOLATION PRAYER LIFE:**

**Access to Masses online/TV/** Keep up to date with the latest prayer resources for your communities <https://www.cdsale.org.au/news/prayer-resources-in-time-of-need>

Livestreamed Masses

<https://www.cdsale.org.au/coronavirus>

Mass with Fr Rob Galea can be found by going to [frgministry.com](http://frgministry.com).

**Music and prayer for 29<sup>th</sup> Sunday in Ordinary Time.** You are invited to pray at home with the Sunday readings with free access to the following online music and video resources

**Australian Catholics** - use the Scriptures and the reflection questions provided for your personal prayer or for your Sunday Liturgy of the Word celebration at home or via livestream <https://tinyurl.com/Scripture-and-Reflections>

**Psalms and chants from Marist Music for this Sunday** [www.maristmusic.org.au/](http://www.maristmusic.org.au/) available as sheet music and audio.

### **Daily Prayer**

Short daily Gospel reflections with access to readings and prayers of the faithful can be found at <https://www.pray.com.au> and at <https://thewell.org.au/about>

### **Praying at home**

1. Pray the Liturgy of the Word: read and pray with the Sunday scriptures. [www.liturgybrisbane.net.au](http://www.liturgybrisbane.net.au)
2. Please continue to pray for Bishop-elect Greg Bennet as he makes preparations for his episcopal ordination as soon as he is able.

### **AN ACT OF SPIRITUAL COMMUNION**

The simple and loving act of Spiritual Communion (written by St. Alphonsus Liguori) can be made when we are unable to attend Mass and receive the Eucharist.

Pray these words:

*My Jesus,*

*I believe that You are in the Blessed Sacrament.*

*I love You above all things, and I long for You in my soul.*

*Since I cannot now receive You sacramentally, come at*

*least spiritually into my heart. As though You have already come, I embrace You and unite myself entirely to You; never permit me to be separated from You.*

*Amen.*

### **CATHOLIC MISSION SUNDAY:**

**This Sunday, October 18, is our normal Catholic Mission Collection Sunday.**

If you are able, please make a difference this World Mission Month.

Help empower children and young adults with disability at the Arrupe Centre in Cambodia, which provides vital care for those who would otherwise have limited opportunities or support to lead a fulfilling life.

To donate, go to <https://www.catholicmission.org.au/>, and select the red Donate button in the top right hand corner of the screen.

There is also lots of information on the Catholic Mission webpage about the many and varied ways in which we can assist their efforts in Cambodia.



### **CATHOLIC CARE GIPPSLAND: TWO BUSHFIRE RECOVERY POSITIONS**

CatholicCare Gippsland is currently seeking **two full time or part time** positions:

**Community Development Worker and Family Counsellor** to join our Bushfire Response team to support, address and provide paths of assistance to people affected by grief and trauma within the bushfire affected regions in East Gippsland.

These are exciting positions that can include counselling to individuals, couples and families, group facilitation and liaising with key stakeholders.

As part of these two positions the Bushfire Response program will provide an outreach mobile service to the community, with a particular focus on remote townships using a CatholicCare especially fitted out vehicle

For a detailed position description, go to: <http://www.ccam.org.au/page/58/careers>. Applications close on **COB Wednesday 2 November, 2020** and can be emailed to [recruitment@ccam.org.au](mailto:recruitment@ccam.org.au) with the job title in the subject line, a cover letter explaining your experience in-line with the position description, and your resume. Enquiries can be directed to the HR team on (03) 9287 5584.

### **FINANCE MATTERS:**

*"Render therefore to Caesar the things that are Caesar's and to God the things that are God's." - Matthew 22:21*

Everything we are and everything we have belongs to God. We aren't "owners" of anything, we are merely "stewards" of the gifts God has given each of us. All God is asking is that we give back a portion of what He gave us. This is the essence of Stewardship. God should be our first priority in everything. All else comes second, especially our money.



**Entrance Antiphon** Cf Ps 16:6,8

*To you I call; for you will surely heed me, O God;  
turn your ear to me; hear my words.  
Guard me as the apple of your eye;  
in the shadow of your wings protect me.*

**First Reading** Is 45:1.4-6

A reading from the prophet Isaiah

*I have taken the hand of Cyrus to subdue nations before his countenance.*

Thus says the Lord to his anointed, to Cyrus, whom he has taken by his right hand to subdue nations before him and strip the loins of kings, to force gateways before him that their gates be closed no more:

It is for the sake of my servant Jacob, of Israel my chosen one, that I have called you by your name, conferring a title though you do not know me. I am the Lord, unrivalled; there is no other God besides me.

Though you do not know me, I arm you that men may know from the rising to the setting of the sun that, apart from me, all is nothing.

**Responsorial Psalm** Ps 95:1. 3-5. 7-10. R. v.7**(R.) Give the Lord glory and honour.**

1. O sing a new song to the Lord,  
sing to the Lord all the earth.  
Tell among the nations his glory  
and his wonders among all the peoples. **(R.)**
2. The Lord is great and worthy of praise,  
to be feared above all gods;  
the gods of the heathens are naught.  
It was the Lord who made the heavens. **(R.)**
3. Give the Lord, you families of peoples,  
give the Lord glory and power,  
give the Lord the glory of his name.  
Bring an offering and enter his courts. **(R.)**
4. Worship the Lord in his temple.  
O earth, tremble before him.  
Proclaim to the nations: 'God is king.'  
He will judge the peoples in fairness. **(R.)**

**Second Reading** 1 Thes 1:1-5

A reading from the first letter of St Paul to the Thessalonians

*We are mindful of your faith, hope, and love.*

From Paul, Silvanus and Timothy, to the Church in Thessalonika which is in God the Father and the Lord Jesus Christ; wishing you grace and peace from God the Father and the Lord Jesus Christ.

We always mention you in our prayers and thank God for you all, and constantly remember before God our Father how you have shown your faith in action, worked for love and persevered through hope, in our Lord Jesus Christ.

We know, brothers, that God loves you and that you have been chosen, because when we brought the Good News to you, it came to you not only as words, but as power and as the Holy Spirit and as utter conviction.

**Gospel Acclamation** Phil 2:15-16

*Alleluia, alleluia!*

*Shine on the world like bright stars;  
you are offering it the word of life.*

*Alleluia!*

**Gospel** Mt 22:15-21

A reading from the holy Gospel according to Matthew  
*Give to Caesar the things that belong to Caesar and to God the things that are God's.*

The Pharisees went away to work out between them how to trap Jesus in what he said. And they sent their disciples to him, together with the Herodians, to say, 'Master, we know that you are an honest man and teach the way of God in an honest way, and that you are not afraid of anyone, because a man's rank means nothing to you. Tell us your opinion, then. Is it permissible to pay taxes to Caesar or not?' But Jesus was aware of their malice and replied, 'You hypocrites! Why do you set this trap for me? Let me see the money you pay the tax with.' They handed him a denarius, and he said, 'Whose head is this? Whose name?' 'Caesar's' they replied. He then said to them, 'Very well, give back to Caesar what belongs to Caesar – and to God what belongs to God.'

Next week's Readings:	30 <sup>th</sup> Sunday in Ordinary Time
First Reading:	Exodus 22:20-26
Second Reading:	1 Thessalonians 1:5-10
Gospel:	Matthew 22:34-40

# The Angelus

This traditional prayer evolved in Europe from a recitation of three Hail Mary's following the ringing of the evening bell of the local monastery around the 12th century.

Although the Angelus has been traditionally said three times daily, at 6 am, noon and 6 pm, you can pray it at anytime! It is still accompanied by the ringing of a bell (the Angelus bell) in some places such as Vatican City and parts of Germany and Ireland. The prayer is also recited by some Anglican, Lutheran and the Orthodox faithful.



When prayed in a group setting a leader recites the verses and everyone recites both the responses and the Hail Mary's in between each verse. (*The language may need adapting for children if prayed with the whole family*)

When we pray the Angelus with humility and love, we are emulating Mary's faith in God's goodness. We recall with reverence and great joy that God entered human history in the person of Jesus who promised that he would always be with us even till the end of time. This is especially relevant in this time of Covid19.

*Why not pray the Angelus?*

*Set your mobile phone to chime each day at one or more of the three set hours?*

*The Traditional hours are 6 am, 12 noon and 6 pm.*

*You might like to synchronise your Angelus prayer with a friend or family member.*

*If not the Angelus, perhaps we can just pause*

*and be grateful for what we have and who we love in our lives.*

## **Praying the Angelus**

V. The Angel of the Lord declared unto Mary.

**R. And she conceived of the Holy Spirit.**

***Hail Mary, full of grace, the Lord is with you;***

***Blessed are you among women, and blessed is the fruit of your womb, Jesus.***

***Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen***

V. Behold the handmaid of the Lord.

**R. Be it done unto me according to your word.**

***Hail Mary, etc.***

V. And the Word was made Flesh.

**R. And dwelt among us.**

***Hail Mary, etc.***

V. Pray for us, O holy Mother of God.

**R. That we may be made worthy of the promises of Christ.**

Let us pray:

**Pour forth, we beseech you, O Lord, your grace into our hearts, that we to whom the Incarnation of Christ your son was made known by the message of an angel, may by His passion and cross be brought to the glory of his resurrection. Through the same Christ our Lord.**

**Amen.**

V. Glory be to the Father and to the Son and to the Holy Spirit.

**R. As it was in the beginning is now and ever shall be world without end, Amen.**