



St Michael's Catholic Parish Traralgon

St Michael's Vision Statement: Inspired by Jesus Christ, we are a welcoming Catholic Community seeking to enrich lives. Come and join us!

St Michael's Mission Statement:

To provide opportunities for parishioners –

- to grow in holiness
- to discover and live out their personal and community call to mission to live as Catholics who effectively transform society.

www.smpt.org.au

email: sec@smpt.org.au

Statement of Commitment to the safety of children and vulnerable adults: Central to the mission of St Michael's Parish is an unequivocal commitment to fostering the dignity, self-esteem and integrity of children, young people and vulnerable adults and providing them with a safe, supportive and enriching environment to develop spiritually, physically, intellectually, emotionally and socially. Please contact our Safeguarding Officers, Chris DiCorleto and Shane Reid on 5174 2060 if you have any concerns.

St Michael's Parish Information

Fr Francis Otobo Parish Priest

Fr Ajin Albarnas IVD Assistant Priest

Parish Centre 5174 2060

Priests' Residence: 5174 6765

Deacon Tony Aspinall

Phone 5174 8167

Em: deacontony8@gmail.com

Sr Doreen Dagge RSJ 5174 9997

Monsignor John Allman

O'Mara House 5174 9674

St Michael's Parish Office 5174 2060

35 Kay Street, Traralgon

PO Box 103, Traralgon 3844

Office hours –

Tues to Friday 9:00am to 4:00pm

Parish Secretary: Bev O'Brien

Email: sec@smpt.org.au

Sacraments / Youth Jenifer Hanratty

Email: sacraments@smpt.org.au

After office hours - in case of an emergency please call 0448 529 712 and leave a message and your contact details.

All non-urgent calls should be made during office hours.

Baptisms: currently in abeyance

Weddings: currently in abeyance

Parish Pastoral Council: Greg Imhagve Chairperson, Fr Francis, Sr Doreen, Lia Di Corleto, Watson Gomez, Jenifer Hanratty, Steve Kimani, Judi McLaughlin, Thomas Mathew, Amanda Reid, Kevin Taylor, Jodie Ware, Ros Joyner, Doug Doherty and Bev O'Brien.

Our Schools:

St Gabriel's School 5174 5515

Principal: Mrs Roslyn Joyner

St Michael's School 5174 3295

Principal: Mrs Jodie Ware

Lavalla Catholic College 5174 5272

Principal: Mr John Freeman

Kildare Campus 5174 8111

St Paul's Campus 5174 7355

SPIRITUAL THOUGHTS DURING A PANDEMIC

PRESENTED BY REV DR AUSTIN COOPER OMI

7.30 – 8.30 pm Thursday 8th October 2020

**A Zoom virtual event
hosted by the Parishes of the Valley Region,
Catholic Diocese of Sale**

You're invited to join us for Fr Austin's presentation as he explores how cultivating our spiritual life helps us to navigate through this time of uncertainty and anxiety.

This event is free but bookings are essential to attend.
Registrations close midday on Thursday 8th October

BOOKINGS

<https://tinyurl.com/Austin-Cooper-talk>

You will receive your personalised link once you register online.

✉ **Sophy Morley**
smorley@sale.catholic.org.au

THE VALLEY REGION PASTORAL GROUP is pleased to host **Fr Austin Cooper OMI**, who is presenting a reflection 'Spiritual Thoughts During A Pandemic', in a Zoom online presentation on **Thursday 8th October from 7.30 - 8.30 pm**.

Attendance is free but registrations are essential. Please visit <https://tinyurl.com/Austin-Cooper-talk> to register your attendance.

An email will be sent to the attendee with details of the presentation and the Zoom link to access on the night. People may use their computers, tablets or smart phones to access the presentation. It would be marvellous to have as many parishioners as possible in 'attendance'.

Celebrations of Mass are in abeyance until further notice.

Monday October 05 at 1:30pm

*Requiem Mass for **Margaret Cahill**. Attendance by invitation only*

Monday October 05 at 1:30pm at LV Funeral Services

Chapel, Funeral Prayers for (Bob) Patrick Bullivant.

Attendance by invitation only.

PARISH OFFICE CLOSED: The office remains closed due to the pandemic restrictions. All contact needs to be made by phone (5174 2060) or email (sec@smpt.org.au). Thank you.

In case of an after hours emergency please call 0448 529 712 and leave a clear and concise message and your contact details for Father.

PLEASE PRAY FOR: We remember those who have died recently including Jim Reid, Lulu Aragon, Bob Bullivant, Margaret Cahill and Justin Young, and those whose anniversaries occur at this time including Theresa Ryan, Eddie Dekleva, Mick McNulty, Helen Bermingham and Jim Bermingham.

Lord, let your perpetual light shine upon them. May they rest in peace. Amen.

MASS OFFERINGS: Masses have been offered this week for Justin Young.

WE PRAY FOR THOSE WHO ARE SICK including Maria Alessandrini, Lee Allman, Cath Boers, Fr Bernard Buckley, Conceicao Carvalho, Peter Dal Pra, Ann-Maree Daly, Anthony Derham, Gary Donchi, Bill Edgar, Bernadette Formaran, Fr Frank Freeman, Marj Gilbert, Carolyn Gleeson, Robert Hazelman, Imogen Hillier, Marie Howard, Joan Lamont, Peter Lont, Joyce Martin, Ivy May, Deborah Mc Kerchar, Ben Melenhorst, Joan Quigley, Joan Riggall, Kath Ryan, Jerry Templer, Julie Vaz, Brian Vivian, Celie Smith, George Walkan, Roy Ward and Fr Frank Young, and all those we hold dear in our hearts.

AN ACT OF SPIRITUAL COMMUNION

The simple and loving act of Spiritual Communion (written by St. Alphonsus Liguori) can be made when we are unable to attend Mass and receive the Eucharist.

Pray these words:

My Jesus,

I believe that You are in the Blessed Sacrament.

I love You above all things, and I long for You in my soul.

Since I cannot now receive You sacramentally, come at least spiritually into my heart. As though You have

already come, I embrace You and unite myself entirely to You; never permit me to be separated from You.

Amen.

PRAYING THE ANGELUS: Set your alarm to remind you each day, take the time to pray the Angelus. In this time of pandemic, our prayers for healing, peace, integrity in our leaders, and for our battered earth are sorely needed. Please see the Angelus prayer on Page 5.

LIVING LIFE TO THE FULL IN A TIME OF PANDEMIC

LITURGY: On Wednesday evening, around 25 people 'gathered on line' to participate in this very moving liturgy. The opportunity to connect with other parishioners is so beneficial to us, and to the Parish.

The experiences and feelings of our isolation time were explored and prayed over. Included are a few of our prayers in our 'Litany of Mental Health' –

- * When we remember your promise of life and love, we can become more than we are.
- * When we remember the igniting power of the Holy Spirit, we become alive again to your promise of life in abundance.
- * During this pandemic, we celebrate the amazing power of the Spirit to humble us, unite us, and make us new.
- * Come, Holy Spirit, come. Blow through our hearts and minds, through the fears and foolishness that separate us one from another, and reshape us into the Body needed here and now.
- * Come, Holy Spirit, Come. Fill us with new life, free of fear, ignorance, and loneliness that we may truly welcome, include, support, and engage all your children, particularly those who struggle with symptoms of a diminished life.
- * Come, Holy Spirit, Come. Make of us signs of your care for all.

Amen.

Again, sincere thanks to all members of the Liturgy Team, to Simon Hemming, Greg Imhagwe and to all who participated in this moving liturgy in any way. We are indeed blessed to have people in our Parish who so generously and willingly give of their time and skills to promote this enriching form of prayer.

PLENARY COUNCIL NEWS:

The latest Plenary Post is now available online. Go to <https://plenarycouncil.catholic.org.au/plenary-post> for full details.

The working document for the Plenary Council, the 'instrumentum laboris', is now taking shape. The writing team is doing a mighty job as they faithfully engage with all the wisdom, insight and story so generously shared and, in so doing, 'Listen to what the Spirit is saying'.



Plenary Council 2020

'Listen to what the Spirit is saying...'



Don't forget to check out Fr Elio's videos (they are between 3 to 5 minutes in length). Fr Elio hopes that by sharing his thoughts and ideas, we may all be prompted to uncover the spiritual in art as we experience it.

ST VINCENT DE PAUL SOCIETY 'ASSIST A STUDENT': The SVDP 'Assist a student' program is seeking assistance from us. This program supports very poor students in countries to our north, to allow them to attend school. Without the assistance of AAS program not be able to afford to attend. The cost is \$100 per student, but SVDP are happy to accept any donations. Any administrative costs are met by the Australian SVDP. The aim is to break the poverty cycle students may be born into, and it encapsulates the Vincentian message of a "hand up, not a hand out". Please donate online by going to www.vinnies.org.au/AAS. Donations over \$2 are tax deductible. Email donation@svdp-vic.org.au. Ph (03) 9895 5959.

ISOLATION PRAYER LIFE, Access to Masses online/TV/:
Keep up to date with the latest prayer resources for your communities <https://www.cdsale.org.au/news/prayer-resources-in-time-of-need>
Livestreamed Masses
<https://www.cdsale.org.au/coronavirus>
Mass with Fr Rob Galea can be found by going to frgministry.com.

Music and prayer for 27th Sunday in Ordinary Time. You are invited to pray at home with the Sunday readings with free access to the following online music and video resources

Australian Catholics - use the Scriptures and the reflection questions provided for your personal prayer or for your Sunday Liturgy of the Word celebration at home or via livestream <https://tinyurl.com/Scripture-and-Reflections>
Psalms and chants from Marist Music for this Sunday www.maristmusic.org.au/ available as sheet music and audio.

Sunday Readings and Family Prayer – download and pray the Scriptures of the Sunday Mass and/or use the Family Prayer sheets with children. From Liturgy Brisbane <https://www.liturgybrisbane.net.au/prepare/sunday-readings-and-family-prayer/> (updated weekly). Available by subscription only.

Daily Prayer
Short daily Gospel reflections with access to readings and prayers of the faithful can be found at <https://www.pray.com.au> and at <https://thewell.org.au/about>

Praying at home
1. Pray the Liturgy of the Word: read and pray with the Sunday scriptures. www.liturgybrisbane.net.au
2. Please continue to pray for Bishop-elect Bennett as he makes preparations for his episcopal ordination on 20th October.

MAINTAINING OUR PARISH:

In this time of uncertainty, please remember our priests and religious in your prayers. Our priests are financially supported by our weekly 'first collections', and these expenses will still need to be met. Parishioners are asked to make donations by electronic transfer to **St Michael's Parish Traralgon Presbytery Account, BSB 083 879 Account Number 48906 6098, Reference 1Collect.**

Our Parish still needs to pay our utility bills, our wages bills, rates and insurances. We meet these costs through the Planned Giving Program. Parishioners who currently give via the weekly envelopes are asked to consider altering their giving to Direct Debit giving to enable our Parish to continue. Direct Debit Giving forms are available from the office. If you are able to make the change, **please email to sec@smpt.org.au or phone Bev on 5174 2060 and we can get a form to you.**

Anyone wishing to make a general donation to our parish can do so by electronic transfer to St Michael's Parish Traralgon Church Account, BSB 083 879, Account Number 48885 1289, *Reference Donation(surname)*. Please let Bev know by email (sec@smpt.org.au) if you decide to do this. Thank you.
Thanks to those parishioners who have dropped in their planned giving and first collection donations in envelopes through the parish 'mail slot'.

If you are wanting to request a Mass Offering, then please place your donation in an envelope, and clearly mark:-
1. The name of the person(s) for whom you wish the Mass to be offered.
2. Whether it's a death anniversary, or recent death, etc.
3. Your name, contact number and email.

The envelopes can be 'posted' through the mail slot beside the front door of the Parish Office.

If you would like a copy of the **Parish Bulletin** emailed to you, please let Bev know in the office, and your email address will be added to the 'Bulletin' List. The Bulletin is available online on our Website, our App, and our Facebook page.

Please look out for those in our community who are the most vulnerable and could be in need of our support. Let the Office know if you know of anyone in need.

FINANCE MATTERS:

"The stone the builders rejected has become the corner stone..." - Matthew 21:42

Jesus was rejected by the religious and political leaders of his day, as well as ordinary citizens. Living a stewardship lifestyle may cause you to be "rejected" by others in today's society. For example, saying grace before a meal in a restaurant may attract some strange looks from some. But to others it is sign that God is alive and well!

Entrance Antiphon Cf Est 4:17

*Within your will, O Lord, all things are established,
and there is none that can resist your will.
For you have made all things, the heaven and the earth,
and all that is held within the circle of heaven;
you are the Lord of all.*

First Reading Is 5:1-7

A reading from the prophet Isaiah

The vineyard of the Lord God of hosts is the House of Israel.

Let me sing to my friend the song of his love for his vineyard. My friend had a vineyard on a fertile hillside. He dug the soil, cleared it of stones, and planted choice vines in it. In the middle he built a tower, he dug a press there too. He expected it to yield grapes, but sour grapes were all that it gave. And now, inhabitants of Jerusalem and men of Judah, I ask you to judge between my vineyard and me. What could I have done for my vineyard that I have not done? I expected it to yield grapes. Why did it yield sour grapes instead?

Very well, I will tell you what I am going to do to my vineyard: I will take away its hedge for it to be grazed on, and knock down its wall for it to be trampled on. I will lay it waste, unpruned, undug; overgrown by the briar and the thorn. I will command the clouds to rain no rain on it.

Yes, the vineyard of the Lord of hosts is the House of Israel, and the men of Judah that chosen plant.

He expected justice, but found bloodshed, integrity, but only a cry of distress.

Responsorial Psalm Ps 79:9. 12-16. 19-20. R. Is 5:7

(R.) The vineyard of the Lord is the House of Israel.

1. You brought a vine out of Egypt;
to plant it you drove out the nations.
It stretched out its branches to the sea,
to the Great River it stretched out its shoots.
(R.)
2. Then why have you broken down its walls?
It is plucked by all who pass by.
It is ravaged by the boar of the forest,
devoured by the beasts of the field. **(R.)**
3. God of hosts, turn again, we implore,
look down from heaven and see.
Visit this vine and protect it,
the vine your right hand has planted. **(R.)**
4. And we shall never forsake you again:
give us life that we may call upon your name.
God of hosts, bring us back;
let your face shine on us and we shall be saved.
(R.)

Second Reading Phil 4:6-9

A reading from the letter of St Paul to the Philippians
Do these things and the God of peace will be with you.

There is no need to worry; but if there is anything you need, pray for it, asking God for it with prayer and thanksgiving, and that peace of God, which is so much greater than we can understand, will guard your hearts and your thoughts, in Christ Jesus. Finally, brothers, fill your minds with everything that is true, everything that is noble, everything that is good and pure, everything that we love and honour, and everything that can be thought virtuous or worthy of praise. Keep doing all the things that you learnt from me and have been taught by me and have heard or seen that I do. Then the God of peace will be with you.

Gospel Acclamation See Jn 15:15

*Alleluia, alleluia!
I call you friends, says the Lord,
because I have made known to you
everything I have learnt from my Father.
Alleluia!*

Gospel Mt 21:33-43

A reading from the holy Gospel according to Matthew
He leased his vineyard to other farmers.

Jesus said to the chief priests and the elders of the people, 'Listen to another parable. There was a man, a landowner, who planted a vineyard; he fenced it round, dug a winepress in it and built a tower; then he leased it to tenants and went abroad. When vintage time drew near he sent his servants to the tenants to collect his produce. But the tenants seized his servants, thrashed one, killed another and stoned a third. Next he sent some more servants, this time a larger number, and they dealt with them in the same way. Finally he sent his son to them. "They will respect my son," he said. But when the tenants saw the son, they said to each other, "This is the heir. Come on, let us kill him and take over his inheritance." So they seized him and threw him out of the vineyard and killed him. Now when the owner of the vineyard comes, what will he do to those tenants?' They answered, 'He will bring those wretches to a wretched end and lease the vineyard to other tenants who will deliver the produce to him when the season arrives.' Jesus said to them, 'Have you never read in the scriptures:

It was the stone rejected by the builders
that became the keystone.

This was the Lord's doing
and it is wonderful to see?

'I tell you, then, that the kingdom of God will be taken from you and given to a people who will produce its fruit.'

Next weeks Readings: 28th Sunday in Ordinary Time

1st Reading: Isaiah 25:6-10. 2nd Reading: Philippians 4:12-14, 19-20.

Gospel: Matthew

The Angelus

This traditional prayer evolved in Europe from a recitation of three Hail Mary's following the ringing of the evening bell of the local monastery around the 12th century.

Although the Angelus has been traditionally said three times daily, at 6 am, noon and 6 pm, you can pray it at anytime! It is still accompanied by the ringing of a bell (the Angelus bell) in some places such as Vatican City and parts of Germany and Ireland. The prayer is also recited by some Anglican, Lutheran and the Orthodox faithful.



When prayed in a group setting a leader recites the verses and everyone recites both the responses and the Hail Mary's in between each verse. (*The language may need adapting for children if prayed with the whole family*)

When we pray the Angelus with humility and love, we are emulating Mary's faith in God's goodness. We recall with reverence and great joy that God entered human history in the person of Jesus who promised that he would always be with us even till the end of time. This is especially relevant in this time of Covid19.

Why not pray the Angelus?

Set your mobile phone to chime each day at one or more of the three set hours?

The Traditional hours are 6 am, 12 noon and 6 pm.

You might like to synchronise your Angelus prayer with a friend or family member.

Praying the Angelus

V. The Angel of the Lord declared unto Mary.

R. And she conceived of the Holy Spirit.

Hail Mary, full of grace, the Lord is with you;

Blessed are you among women, and blessed is the fruit of your womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

V. Behold the handmaid of the Lord.

R. Be it done unto me according to your word.

Hail Mary, etc.

V. And the Word was made Flesh.

R. And dwelt among us.

Hail Mary, etc.

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech you, O Lord, your grace into our hearts, that we to whom the Incarnation of Christ your son was made known by the message of an angel, may by His passion and cross be brought to the glory of his resurrection. Through the same Christ our Lord.

Amen.

V. Glory be to the Father and to the Son and to the Holy Spirit.

R. As it was in the beginning is now and ever shall be world without end, Amen.