



St Michael's Catholic Parish Traralgon

St Michael's Vision Statement: Inspired by Jesus Christ, we are a welcoming Catholic Community seeking to enrich lives. Come and join us!

St Michael's Mission Statement:

To provide opportunities for parishioners –

- to grow in holiness
- to discover and live out their personal and community call to mission to live as Catholics who effectively transform society.

www.smpt.org.au

email: sec@smpt.org.au

Statement of Commitment to the safety of children and vulnerable adults: Central to the mission of St Michael's Parish is an unequivocal commitment to fostering the dignity, self-esteem and integrity of children, young people and vulnerable adults and providing them with a safe, supportive and enriching environment to develop spiritually, physically, intellectually, emotionally and socially. Please contact our Safeguarding Officers, Chris DiCorleto and Shane Reid on 0417 572 546 if you have any concerns.

St Michael's Parish Information

Fr Francis Otobo Parish Priest

Fr Ajin Albarnas IVD Assistant Priest

Parish Centre 5174 2060

Priests' Residence: 5174 6765

Deacon Tony Aspinall

Phone 5174 8167

Em: deacontony8@gmail.com

Sr Doreen Dagne RSJ 5174 9997

Monsignor John Allman

O'Mara House 5174 9674

St Michael's Parish Office 5174 2060

35 Kay Street, Traralgon

PO Box 103, Traralgon 3844

Office hours –

Tues to Friday 9:00am to 4:00pm

Parish Secretary: Bev O'Brien

Email: sec@smpt.org.au

Sacraments / Youth Jenifer Hanratty

Email: sacraments@smpt.org.au

After office hours - in case of an emergency please call 0448 529 712 and leave a message and your contact details.

All non-urgent calls should be made during office hours.

Baptisms: currently in abeyance

Weddings: currently in abeyance

Parish Pastoral Council: Greg Imhagve Chairperson, Fr Francis, Sr Doreen, Lia Di Corleto, Watson Gomez, Jenifer Hanratty, Steve Kimani, Judi McLaughlin, Thomas Mathew, Amanda Reid, Kevin Taylor, Jodie Ware, Ros Joyner, Doug Doherty and Bev O'Brien.

Our Schools:

St Gabriel's School 5174 5515

Principal: Mrs Roslyn Joyner

St Michael's School 5174 3295

Principal: Mrs Jodie Ware

Lavalla Catholic College 5174 5272

Principal: Mr John Freeman

Kildare Campus 5174 8111

St Paul's Campus 5174 7355



HOPE & TRUST IN A TIME OF PANDEMIC

Parents and staff of St Michael's and St Gabriel's Primary Schools and Lavalla Catholic College and St Michael's parishioners are warmly invited to gather together from home.

At this time of our historic struggles during the coronavirus pandemic it is good that we can come together and pray for our own needs, the needs of those we love and the needs of the wider communities in which we move and are concerned for.

Let us be nurtured by the Word of God, respond in song, reflect in silence, express our concerns and enter into moments of quiet... all from the comfort of our own homes.

Well, we enjoyed ourselves so much last time, that we'll have another Zoom Liturgy on Wednesday 2nd September at 7:30pm. Schools parents and staff are warmly invited to share in the loving security of this Liturgy . . . a time of peace and a haven in the storm of isolation life. Stay after the liturgy for a cuppa, or a glass of wine together.

Zoom Liturgy

Celebrating together
from afar.

Gathering for Prayer
as the Church.

We are optimistic
people, people of
hope, people
sustained by faith,
people who trust in
the mercy of God.

If you are connected
to the internet, you
are connected to the
parish

ZOOM LITURGY

Wednesday
September 2nd
7.30 pm

Register at the
parish office...
phone
51742060

Parish office hours
Tuesday to Friday
9:00am to 4:00pm

Celebrations of Mass are in abeyance until further notice.

PARISH OFFICE CLOSED: The office remains closed due to the pandemic restrictions. All contact needs to be made by phone (5174 2060) or email (sec@smp.org.au). Thank you.

In case of an after hours emergency please call 0448 529 712 and leave a clear and concise message and your contact details for Father.

PLEASE PRAY FOR: We remember those who have died recently including Ron McColl, Ella O'Brien and those whose anniversaries occur at this time including Brianna Lowden, Joan Clarke, Damian Goodwin, Naomi McKear, Maria Di Sisto, Tom Dwyer, Bert Ireland, Carmela Woodhouse and John Harte.

Lord, let your perpetual light shine upon them. May they rest in peace. Amen.

MASS OFFERINGS: Masses are being offered this week for Naomi McKear, Rita Sweeney, Maria Di Sisto and for Refugees and the Homeless.

WE PRAY FOR THOSE WHO ARE SICK

including Maria Alessandrini, Lee Allman, Lulu Aragon, Cath Boers, Fr Bernard Buckley, Conceicao Carvalho, Peter Dal Pra, Ann-Maree Daly, Sr Cathy Dean RSJ, Anthony Derham, Gary Donchi, Bill Edgar, Bernadette Formaran, Fr Frank Freeman, Marj Gilbert, Carolyn Gleeson, Robert Hazelman, Imogen Hillier, Marie Howard, Joan Lamont, Peter Lont, Joyce Martin, Ivy May, Deborah McKerchar, Ben Melenhorst, Joan Quigley, Joan Riggall, Dolores Said, Kath Ryan, Jerry Templer, Julie Vaz, Brian Vivian, Celie Smith, George Walkan, Roy Ward and Fr Frank Young, and all those we hold dear in our hearts.



AN ACT OF SPIRITUAL COMMUNION

The simple and loving act of Spiritual Communion (written by St. Alphonsus Liguori) can be made when we are unable to attend Mass and receive the Eucharist.

Pray these words:

My Jesus,

I believe that You are in the Blessed Sacrament.

I love You above all things, and I long for You in my soul.

Since I cannot now receive You sacramentally, come at

least spiritually into my heart. As though You have already come, I embrace You and unite myself entirely to You; never permit me to be separated from You.

Amen.

EMMAUS SPIRITUALITY CENTRE:

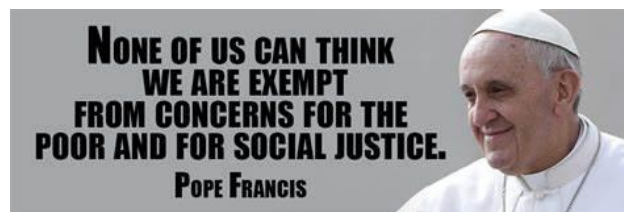
Free - Introduction to Spiritual Direction The Emmaus Team is offering a free 450 minute Zoom sessions to anyone who wishes to know more about Spiritual Direction and the Emmaus programs. This is an opportunity to meet with a team member and gain a greater understanding of what Spiritual Direction is about.

Phone 0477 474 848 to arrange a suitable time or

Email: salespirituality1@gmail.com

SOCIAL JUSTICE SUNDAY:

This Sunday we celebrate **Social Justice Sunday**



"The COVID-19 pandemic is affecting the mental health of many members of our parishes, schools and communities. Understanding mental health will help us to be aware of those who need our support. In the Social Justice Statement 2020-21, To Live Life to the Full: Mental health in Australia today, the Bishops invite us all to reject stigmatisation, to work for the transformation of social determinants of mental ill-health and to call for policies and service provision that meets the needs of the poorest and most marginalised members of our community. Download the Statement at

<https://agora.catholic.org.au/e/576423/SocialJustice-2020/nf41c/517739418?h=MpfeMHMCeEGis5VmV7g-ILAQylxRq4R4g9rJv11LO6k>

Our society tends to push away or draw away from those who confront us with our frailties and limitations. This is not the way of Jesus. Let us follow him in drawing near to those who are experiencing mental ill health and acknowledge that they are members of the Body of Christ - 'they' are part of 'us'!

Taken from a letter from the Most Rev Terence J Brady DD, Delegate for Social Justice Bishops Commission for Social Justice, Mission & Service

SPECIAL COLLECTION:

FATHERS' DAY APPEAL FOR THE PRIESTS WELFARE FOUNDATION OF THE DIOCESE OF SALE

This Fund supports the priests and deacons of our diocese in times of sickness or retirement. At present the Foundation is supporting eleven priests and three deacons and their wives in retirement and is responsible for the other priests, including our overseas priests, and deacons in time of sickness. The budgeted expenditure of the Foundation for them over the next year will be over \$200,000. Donations can now be made by clicking on <https://www.cdsale.org.au/priestswelfarefoundation>.

The foundation is most grateful and appreciative of your support for our priests and deacons in these difficult times. All donations of \$2.00 and over are tax deductible and a receipt for taxation purposes will be automatically sent if an email address is provided. Your donations may also be made through your local parish.

FINANCE MATTERS: *"What profit would there be for one to gain the whole world and forfeit his life?" (Matthew 16:26)*

St. Francis of Assisi once said, "Remember, you are what you are in the eyes of God, and nothing else." We often forget this stewardship wisdom when we spend all of our time, talent, and treasure to gain more of the world's riches. We need to set our priorities based on God's values and not the values of the material world.

Isolation Prayer Life, Access to Masses online/TV/:

Keep up to date with the latest prayer resources for your communities <https://www.cdsale.org.au/news/prayer-resources-in-time-of-need>

Livestreamed Masses

<https://www.cdsale.org.au/coronavirus>

Mass with Fr Rob Galea can be found by going to frgministry.com.

Music and prayer for 21st Sunday in Ordinary Time. You are invited to pray at home with the Sunday readings with free access to the following online music and video resources

Australian Catholics - use the Scriptures and the reflection questions provided for your personal prayer or for your Sunday Liturgy of the Word celebration at home or via livestream

Psalms and chants from Marist Music for this Sunday www.maristmusic.org.au/ available as sheet music and audio.

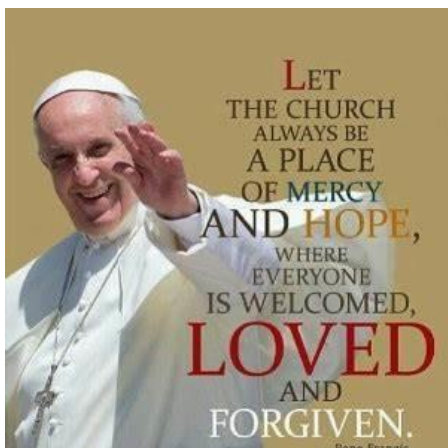
Sunday Readings and Family Prayer – download and pray the Scriptures of the Sunday Mass and/or use the Family Prayer sheets with children. From Liturgy Brisbane <https://www.liturgybrisbane.net.au/prepare/sunday-readings-and-family-prayer/> (updated weekly). (available free til the end of this months).

Daily Prayer

Short daily Gospel reflections with access to readings and prayers of the faithful can be found at <https://www.pray.com.au>

Praying at home

1. Pray the Liturgy of the Word: read and pray with the Sunday scriptures. www.liturgybrisbane.net.au
2. Please continue to pray for Bishop-elect Bennett as he makes preparations for his episcopal ordination on 20th October. (see page 2)



Prayer for Bishop-elect Greg Bennet

Eternal God, our Shepherd and Guide

We bless and thank you for the appointment of your servant, Greg Bennet, as the tenth Bishop of Sale.

May your Holy Spirit grace him with the gifts of wisdom and strength, gentleness and compassion, as he prepares to take up his role as our pastor and teacher.

May he be a shepherd after your own heart, who will walk in your ways and, with loving care, watch over your people.

May he be a leader of vision and a teacher of your truth.

As Bishop-elect Bennet prepares to make his home among us, may we welcome him joyfully into our Diocesan community, now entrusted to his care and leadership.

May we, as the Body of Christ in the Diocese of Sale, through our work and prayer together bear witness to Christ and the building up of your kingdom.

We ask this through your Son Jesus Christ, in the unity of the Holy Spirit, One God, for ever and ever. Amen,

Our Lady of Perpetual Help pray for us

St Mary of the Cross MacKillop pray for us.

Amen

SEPTEMBER: A Catholic Season of Creation: In September we are asked to focus on God's creation and our care for it. Pope Francis states in *Laudato Si (On Care for our Common Home)* that the Season of Creation is a "season of increased prayer and effort on behalf of our common home". Please take the time to check out various websites and resources to help us celebrate this important time in communion with our Christian brothers and sisters.

The season starts on September 01, the World Day of Prayer for Creation, and ends on October 04, the Feast of St Francis of Assisi, the patron saint of ecology beloved by many Christian denominations.

1. *The Columbans have published a digital resource 'A Catholic Season of Creation – Sundays of September 2020. You can download these files at <https://tinyurl.com/Creation-resource>.*
2. *The Vatican's invitation, Pope's letter, resources and prayers to celebrate the Season of Creation can be found at <https://seasonofcreation.org/catholic>*
3. *Catholic Earthcare Australia is hosting a free online 2020 Convocation with webinar offerings during the month of September. Program and registration at <https://catholicearthcare.org.au/soso-convocation/>*
4. *Full list of resources from the Catholic Bishops of Australia <https://catholic.org.au/national-liturgical-council/holy-see-s-world-day-of-prayer-1-september-and-season-of-creation-1-september-4-october>*



Entrance Antiphon Cf Ps 85:3-5

*Have mercy on me, O Lord,
for I cry to you all the day long.
O Lord, you are good and forgiving,
full of mercy to all who call to you.*

First Reading Jeremiah 20:7-9

A reading from the prophet Jeremiah

The word of the Lord God has meant derision for me.

You have seduced me, Lord, and I have let myself be seduced; you have overpowered me: you were the stronger.

I am a daily laughing-stock, everybody's butt.

Each time I speak the word, I have to howl and proclaim: 'Violence and ruin!' The word of the Lord has meant for me insult, derision, all day long.

I used to say, I will not think about him, I will not speak in his name any more. Then there seemed to be a fire burning in my heart, imprisoned in my bones.

The effort to restrain it wearied me, I could not bear it.

Responsorial Psalm Ps 62:2-6 8-9 Rv2

(R.) *My soul is thirsting for you,
O Lord my God.*

1. O God, you are my God, for you I long;
for you my soul is thirsting.
My body pines for you
like a dry, weary land without water. **(R.)**
2. So I gaze on you in the sanctuary
to see your strength and your glory.
For your love is better than life,
my lips will speak your praise. **(R.)**
3. So I will bless you all my life,
in your name I will lift up my hands.
My soul shall be filled as with a banquet,
my mouth shall praise you with joy. **(R.)**
4. For you have been my help;
in the shadow of your wings I rejoice.
My soul clings to you;
your right hand holds me fast. **(R.)**

**Second Reading** Rom 12:1-2

A reading from the letter of St Paul to the Romans

May you present your bodies as a living sacrifice.

Think of God's mercy, my brothers, and worship him, I beg you, in a way that is worthy of thinking beings, by offering your living bodies as a holy sacrifice, truly pleasing to God. Do not model yourselves on the behaviour of the world around you, but let your behaviour change, modelled by your new mind. This is the only way to discover the will of God and know what is good, what it is that God wants, what is the perfect thing to do.

Gospel Acclamation See Eph 1:17-18

Alleluia, alleluia!

*May the Father of our Lord Jesus Christ
enlighten the eyes of our heart,*

*that we might see how great is the hope to
which we are called.*

Alleluia!

Gospel Matthew 16:21-27

A reading from the holy Gospel according to Matthew

Whoever wishes to come after me must deny himself.

Jesus began to make it clear to his disciples that he was destined to go to Jerusalem and suffer grievously at the hands of the elders and chief priests and scribes, to be put to death and to be raised up on the third day. Then, taking him aside, Peter started to remonstrate with him. 'Heaven preserve you, Lord,' he said. 'This must not happen to you.' But he turned and said to Peter, 'Get behind me, Satan! You are an obstacle in my path, because the way you think is not God's way but man's.'

Then Jesus said to his disciples, 'If anyone wants to be a follower of mine, let him renounce himself and take up his cross and follow me. For anyone who wants to save his life will lose it; but anyone who loses his life for my sake will find it. What, then, will a man gain if he wins the whole world and ruins his life? Or what has a man to offer in exchange for his life?

'For the Son of Man is going to come in the glory of his Father with his angels, and, when he does, he will reward each one according to his behaviour.'

Next week's Readings: September 03, 2020

23rd Sunday in Ordinary Time Year A

First Reading: Ezekiel 33:7-9

Second Reading: Romans 13:8-10

Gospel: Matthew 18:15-20