



St Michael's Catholic Parish Traralgon

St Michael's Vision Statement: Inspired by Jesus Christ, we are a welcoming Catholic Community seeking to enrich lives. Come and join us!

St Michael's Mission Statement:

To provide opportunities for parishioners –

- to grow in holiness
- to discover and live out their personal and community call to mission to live as Catholics who effectively transform society.

www.smpt.org.au
email: sec@smpt.org.au

Statement of Commitment to the safety of children and vulnerable adults: Central to the mission of St Michael's Parish is an unequivocal commitment to fostering the dignity, self-esteem and integrity of children, young people and vulnerable adults and providing them with a safe, supportive and enriching environment to develop spiritually, physically, intellectually, emotionally and socially. Please contact our Safeguarding Officers, Chris DiCorleto and Shane Reid on 0417 572 546 if you have any concerns.

St Michael's Parish Information

Fr Francis Otobo Parish Priest
Fr Ajin Albarnas IVD Assistant Priest
 Parish Centre 5174 2060
 Priests' Residence: 5174 6765

Deacon Tony Aspinall
 Phone 5174 8167
 Em: deacontony8@gmail.com

Sr Doreen Dagge RSJ 5174 9997

Monsignor John Allman
 O'Mara House 5174 9674

St Michael's Parish Office 5174 2060
 35 Kay Street, Traralgon
 PO Box 103, Traralgon 3844
 Office hours –
 Tues to Friday 9:00am to 4:00pm
 Parish Secretary: Bev O'Brien
 Email: sec@smpt.org.au
 Sacraments / Youth Jenifer Hanratty
 Email: sacraments@smpt.org.au

After office hours - in case of an emergency please call 0448 529 712 and leave a message. All non-urgent calls should be made during office hours.

Baptisms: currently in abeyance

Weddings: currently in abeyance

Parish Pastoral Council: Greg Imhagwe Chairperson, Fr Francis, Sr Doreen, Lia Di Corleto, Watson Gomez, Jenifer Hanratty, Steve Kimani, Judi McLaughlin, Thomas Mathew, Amanda Reid, Kevin Taylor, Jodie Ware, Ros Joyner, Doug Doherty and Bev O'Brien.

Our Schools:

St Gabriel's School 5174 5515
 Principal: Mrs Roslyn Joyner

St Michael's School 5174 3295
 Principal: Mrs Jodie Ware

Lavalla Catholic College 5174 5272
 Principal: Mr John Freeman
 Kildare Campus 5174 8111
 St Paul's Campus 5174 7355

One in a million.

I want to believe that most of us, if not all of us, are doing alright; though I hear that some of us have been in and out of the hospital in the last couple of weeks. One or two are still in the hospital. We bless God for those who have come back home from the hospital. For those still in there, we keep up the prayers for a quick return to their homes.

As I write this piece my heart is drawn, in appreciation, to the many wonderful things that you all are doing in our community during this period. My deep sentiments of appreciation go out to you all for your continued support and understanding, first with the COVID-19 restrictions and instructions as stipulated by the Government and our own local Diocesan authority. Thanking you especially for staying back and cleaning every touched surface after Masses and for keeping social distances during and after Mass. Also, I know that some of us have always received Communion on the tongue and would like to resume this practice as soon as possible. As you well know, it is not in our hands to change standing instructions in situations like this. I therefore urge you all to please continue to exercise some patience and caution as we travel through this together. I count on your maturity. Thanks for your understanding in this regard as well.

A particular note of gratitude goes to you all for your kindness, generosity and love. To those who continue to support with their financial contributions, and others who keep dropping food in, we can't say thank you enough. May God also surprise you with God's abundant love and mercies.

My heart nearly melted when I ask a parishioner: "I haven't seen you at Mass since the easing of the lockdown, are you ok?" She responded by saying, "I would love to come to Mass, but I felt that since the number is restricted, and there are so many of us, I'd rather first give others the opportunity to attend Mass. When the number is upped a little more and many of us can be accommodated, I will certainly be there." And she jokingly added (in the Australian style), "though I send in my collection every week." We laughed together. But this is it: the "concern for the other." This is what I have been seeing in the community throughout this entire period of lockdown. And so, while I encouraged her to try and ring the office and make it to Mass once in a while until all this *wahala* (trouble) is over, I did appreciate her thoughtfulness towards others, and of course her generosity.

There are many other gestures of deep love, care and concern being expressed for others such that this pandemic has really brought out the communality, the humanity and the common unity that exists in our community. This is what Jesus desires for the human race—that we love, care and help one another in the spirit of the one human family.

To everyone on of us, I simply say, thank you. **You are indeed one in a million.**

Be prayerful, be positive, and stay blessed.

Fr Francis

Sunday Mass Times	
Saturday	4:00pm 5:30pm
Sunday	9:00am 10:30am
	4:00pm 5:30pm
Weekday Mass Times	
Tuesday to Friday	9:30am
Attendance at Mass is limited to 20 parishioners. ATTENDANCE AT ALL MASSES MUST BE BOOKED AT THE PARISH OFFICE.	

PLEASE PRAY FOR: We remember those who have died recently including Luz Goicoa and Barbara Durea and those whose anniversaries occur at this time including, Joseph Varghese, Lyn McCulloch, Carmel Little, Angelina Agostino, Sam and Dora Vella and family, Fr John Allen, Fr Matt White, John Besselink, Tasma Sharpe, Joseph Zahra and Bambina Damiano.

Lord, let your perpetual light shine upon them. May they rest in peace. Amen.

WE PRAY FOR THOSE WHO ARE SICK

including Maria Alessandrini, Lee Allman, Lulu Aragon, Cath Boers, Fr Bernard Buckley, Conceicao Carvalho, Peter Dal Pra, Ann-Maree Daly, Anthony Derham, Gary Donchi, Bill Edgar, Bernadette Formaran, Fr Frank Freeman, Marj Gilbert, Carolyn Gleeson, Robert Hazelman, Imogen Hillier, Marie Howard, Joan Lamont, Peter Lont, Joyce Martin, Ivy May, Deborah McKerchar, Ben Melenhorst, Joan Quigley, Joan Riggall, Kath Ryan, Jerry Templer, Julie Vaz, Brian Vivian, Celie Smith, George Walkan, and Fr Frank Young, and all those we hold dear in our hearts.



PARISH OFFICE CLOSED: The office remains closed due to the pandemic restrictions. All contact needs to be made by phone (5174 2060) or email (sec@smpt.org.au). Thank you.

TAKING COMMUNION DURING THIS PANDEMIC:

Parishioners are again reminded that we are instructed that **Communion may only be received in the hand (not on the tongue) during this time of pandemic.** Your support and care of each other in this manner is a caring and loving response to our current situation.

AN ACT OF SPIRITUAL COMMUNION

The simple and loving act of Spiritual Communion (written by St. Alphonsus Liguori) can be made when we are unable to attend Mass and receive the Eucharist.

Pray these words:

My Jesus,

I believe that You are in the Blessed Sacrament.

I love You above all things, and I long for You in my soul.

Since I cannot now receive You sacramentally, come at least spiritually into my heart. As though You have

already come, I embrace You and unite myself entirely to You; never permit me to be separated from You.

Amen.

Congratulations

Congratulations to **Monsignor John Allman**. On Wednesday 22nd July, he will celebrate his 69th Anniversary of his ordination to the priesthood. What a marvellous journey he has been on! His generosity, his endurance and his great faith are an example to each one of us.

Thank you so much, Mons, for all you have done in your ministry as priest, and in particular for our parish of St Michael's Traralgon.

We hope you manage a small celebration, even in this time of pandemic restrictions.

Well done, too, to **Kevin Jones** who has celebrated fifty years as a member of the Knights of the Southern Cross on July 12th, 2020. Normally, a celebratory function would be held with dignitaries from KSC Head Office to present Kevin with a certificate and medallion. However, in our time of pandemic, this hasn't been able to happen. Instead, Kevin received a card and phone calls from the Traralgon Office Bearers of the Knights.



Thank you Kevin, for your great dedication and commitment to a wonderful organization.

Prayer for Bishop-elect Greg Bennet

Eternal God, our Shepherd and Guide

We bless and thank you for the appointment of your servant, Greg Bennet, as the tenth Bishop of Sale.

May your Holy Spirit grace him with the gifts of wisdom and strength, gentleness and compassion, as he prepares to take up his role as our pastor and teacher.

May he be a shepherd after your own heart, who will walk in your ways and, with loving care, watch over your people.

May he be a leader of vision and a teacher of your truth. As Bishop-elect Bennet prepares to make his home among us, may we welcome him joyfully into our Diocesan community, now entrusted to his care and leadership.

May we, as the Body of Christ in the Diocese of Sale, through our work and prayer together bear witness to Christ and the building up of your kingdom.

We ask this through your Son Jesus Christ, in the unity of the Holy Spirit, One God, for ever and ever. Amen,

Our Lady of Perpetual Help

pray for us

St Mary of the Cross MacKillop

pray for us.

Amen

A Prayer for Health and Solidarity (adapted from Caritas Australia)

As parts of our Diocese are once again in lockdown, we pray for them and particularly those who are most vulnerable, both here in Australia and throughout the world.

*God of life,
During this time of isolation,
may we continue to keep our hearts open
to our human family around the world.*

*May we, who have access to medical facilities and services,
remember those who do not have basic health care.*

*May we, coming to terms with the effects of this pandemic,
remember the words of scripture
"Be still and know that I am God"
and find comfort and solace in your loving mercy and care.*

We ask this in the name of Jesus, your son and our brother.

Amen

DARNEL AND WHEAT INFO

1. Darnel is a noxious weed of the ryegrass genus. Also known as poison ryegrass or tare. The plant is often infected with a poisonous fungus. (plant/Britannica)
2. Darnel usually grows in the same production zones as wheat and was a serious weed of cultivation until modern sorting machinery enabled darnel seeds to be separated efficiently from seed wheat. The similarity between these two plants is so great that in some regions, darnel is referred to as 'false wheat'. (Wikipedia)



Isolation Prayer Life, Access to Masses online/TV/:

Keep up to date with the latest prayer resources for your communities <https://www.cdsale.org.au/news/prayer-resources-in-time-of-need>
Livestreamed Masses
<https://www.cdsale.org.au/coronavirus>

Music and prayer for 16th Sunday in Ordinary Time.

You are invited to pray at home with the Sunday readings with free access to the following online music and video resources

Psalms and chants from Marist Music for this Sunday
www.maristmusic.org.au/ available as sheet music and audio.

Sunday Readings and Family Prayer – download and pray the Scriptures of the Sunday Mass and/or use the Family Prayer sheets with children. From Liturgy Brisbane <https://www.liturgybrisbane.net.au/prepare/sunday-readings-and-family-prayer/> (updated weekly).

Daily Prayer

Short daily Gospel reflections with access to readings and prayers of the faithful can be found at <https://www.pray.com.au>

Praying at home

1. Pray the Liturgy of the Hours (Divine Office) with the global Catholic community – versions of Morning and Evening Prayer can be found at <https://universalis.com> or download the prayer app onto your phone or tablet from *Give Us This Day* (Apple App Store or Google Play) Info at <https://giveusthisday.org>
2. Pray the Liturgy of the Word: read and pray with the Sunday scriptures. www.liturgybrisbane.net.au

FINANCE MATTERS:

"The kingdom of heaven may be likened to a man who sowed good seed in his field...He who sows good seed is the Son of Man, the field is the world, the good seed the children of the kingdom." (Matthew 13:24, 37-38)

As children of God, we are all "good seeds." We are blessed by God with the potential to accomplish much good in the world. We fulfill God's plan when we spend time in prayer every day, use our skills to help others, and share our financial gifts to help build God's kingdom on earth. Through our example of gratitude and generosity we sow "good seeds" on earth and ultimately help each other get to Heaven!

Rosters for Saturday July 25 & Sunday July 26, 2020			
Mass	Lector	Commentator	Usher
Sat 4:00pm	Watson Gomez	Mike Hansen	
Sat 5:30pm	Eileen Harte	Dorothy Smith	
Sun 9:00am	Shane Reid	Theresa Denny	
Sun 10:30am	Rebecca Diaz	Margaret Tainsh	
Sun 4:00pm	Elizabeth Joseph	Susan Grout	
Sun 5:30pm	Cath/Sienna Hill	Ella Hill	

Entrance Antiphon Ps 53:6, 8

See, I have God for my help.
The Lord sustains my soul.
I will sacrifice to you with willing heart, and praise
your name, O Lord, for it is good.

First Reading Wis 12:13 16-19

A reading from the book of Wisdom
In the place of sin, you give repentance.

There is no god, other than you, who cares for everything, to whom you might have to prove that you never judged unjustly.

Your justice has its source in strength, your sovereignty over all makes you lenient to all.

You show your strength when your sovereign power is questioned and you expose the insolence of those who know it; but, disposing of such strength, you are mild in judgement, you govern us with great lenience, for you have only to will, and your power is there.

By acting thus you have taught a lesson to your people how the virtuous man must be kindly to his fellow men, and you have given your sons the good hope that after sin you will grant repentance.

Responsorial Psalm Ps 85:5-6 9-10 15-16 Rv5**(R.) Lord, you are good and forgiving**

- O Lord, you are good and forgiving,
full of love to all who call.
Give heed, O Lord, to my prayer
and attend to the sound of my voice. **(R.)**
- All the nations shall come to adore you
and glorify your name, O Lord:
for you are great and do marvellous deeds,
you who alone are God. **(R.)**
- But you, God of mercy and compassion,
slow to anger, O Lord,
abounding in love and truth,
turn and take pity on me. **(R.)**

Next week's Readings

1st Reading 1 Kings 3:5 7-122nd Reading Romans 8:28-30

Gospel: Matthew 13:44-52

Second Reading Rom 8:26-27

A reading from the letter of St Paul to the Romans
The Spirit himself pleads for us in a way that could never be put into words.

The Spirit comes to help us in our weakness. For when we cannot choose words in order to pray properly, the Spirit himself expresses our plea in a way that could never be put into words, and God who knows everything in our hearts knows perfectly well what he means, and that the pleas of the saints expressed by the Spirit are according to the mind of God.

Gospel Acclamation See Mt 11:25

Alleluia, alleluia!

*Blessed are you, Father, Lord of heaven and earth;
You have revealed to little ones the mysteries of the kingdom.*

Alleluia!

Gospel Matthew 13:24-30

A reading from the holy Gospel according to Matthew

Let them grow together until the harvest.

Jesus put a parable before the crowds, 'The kingdom of heaven may be compared to a man who sowed good seed in his field. While everybody was asleep his enemy came, sowed darnel all among the wheat, and made off. When the new wheat sprouted and ripened, the darnel appeared as well. The owner's servants went to him and said, "Sir, was it not good seed that you sowed in your field? If so, where does the darnel come from?" "Some enemy has done this" he answered. And the servants said, "Do you want us to go and weed it out?" But he said, "No, because when you weed out the darnel you might pull up the wheat with it. Let them both grow till the harvest; and at harvest time I shall say to the reapers: First collect the darnel and tie it in bundles to be burnt, then gather the wheat into my barn.'"

