



St Michael's Catholic Parish Traralgon

St Michael's Vision Statement: Inspired by Jesus Christ, we are a welcoming Catholic Community seeking to enrich lives. Come and join us!

St Michael's Mission Statement:

To provide opportunities for parishioners –

- to grow in holiness
- to discover and live out their personal and community call to mission to live as Catholics who effectively transform society.

www.smpt.org.au

email: sec@smpt.org.au

Statement of Commitment to the safety of children and vulnerable adults: Central to the mission of St Michael's Parish is an unequivocal commitment to fostering the dignity, self-esteem and integrity of children, young people and vulnerable adults and providing them with a safe, supportive and enriching environment to develop spiritually, physically, intellectually, emotionally and socially. Please contact our Safeguarding Officers, Chris DiCorleto and Shane Reid on 0417 572 546 if you have any concerns.

St Michael's Parish Information

Fr Francis Otobo Parish Priest

Fr Ajin Albarnas IVD Assistant Priest

Parish Centre 5174 2060

Priests' Residence: 5174 6765

Deacon Tony Aspinall

Phone 5174 8167

Em: deacontony8@gmail.com

Sr Doreen Dagge RSJ 5174 9997

Monsignor John Allman

O'Mara House 5174 9674

St Michael's Parish Office 5174 2060

35 Kay Street, Traralgon

PO Box 103, Traralgon 3844

Office hours –

Tues to Friday 9:00am to 4:00pm

Parish Secretary: Bev O'Brien

Email: sec@smpt.org.au

Sacraments / Youth Jenifer Hanratty

Email: sacraments@smpt.org.au

After office hours - in case of an emergency please call 0448 529 712 and leave a message. All non-urgent calls should be made during office hours.

Baptisms: currently in abeyance

Weddings: currently in abeyance

Parish Pastoral Council: Greg Imhagwe Chairperson, Fr Francis, Sr Doreen, Lia Di Corleto, Watson Gomez, Jenifer Hanratty, Steve Kimani, Judi McLaughlin, Thomas Mathew, Amanda Reid, Kevin Taylor, Jodie Ware, Ros Joyner, Doug Doherty and Bev O'Brien.

Our Schools:

St Gabriel's School 5174 5515

Principal: Mrs Roslyn Joyner

St Michael's School 5174 3295

Principal: Mrs Jodie Ware

Lavalla Catholic College 5174 5272

Principal: Mr John Freeman

Kildare Campus 5174 8111

St Paul's Campus 5174 7355

SCRIPTURE COMMENTARY by Dianne Bergant CSA

The powerful prophetic oracle in Isaiah casts God in the role of a street vendor, offering food and drink to all. The invitation is similar to that of Woman Wisdom who calls those in the streets into her house to partake of her banquet (see Prv 9:5-6). The reference is probably not to ordinary food and drink, since those called are told to listen (shama), the same verb that introduces Israel's important prayer: Hear, O Israel! The verb suggests both hearing and heeding the message. The real object of the invitation is God's announcement of the re-establishment of a covenant (v.3). This oracle suggests that the covenant was violated, and now God is eager to restore the severed bond.

In the first section of today's psalm (vv.8-9), the psalmist uses covenant language (gracious, compassionate, lovingkindness) to speak about God's goodness. In the second section (vv.15-16), the psalmist speaks directly to God, proclaiming God's universal providence. All of life stands needy and trusting before God in whose hands is found the sustenance upon which life depends. In the third section (vv.17-18), the psalmist prays that all of God's works will give thanks and proclaim God's universal and everlasting reign. Here God's covenant commitment is revealed as justice, lovingkindness and truth. In order to experience the benefits of this covenant, one needs only to call upon God who is always there to hear.

In the Second Reading Paul challenges the theory of retribution which held that good will be rewarded and evil will be punished. He argues that sometimes the opposite is true – the righteous, precisely because they are righteous, enter into the sufferings of Christ. Their misfortune does not separate them from Christ; it unites them with him. Hardships that arise because of their commitment, such as affliction – the pain of the transition into the final age, distress – oppression, religious persecution, famine and nakedness – circumstances that will accompany the endtime, the sword – a reference to execution rather than war. Paul insists that neither the sufferings of this life nor death itself has power over the bond of love that joins believers to Christ.

The deserted place described in the gospel was not an arid desert, for it had grass upon which the crowd reclined. It probably held great symbolic meaning, for it would have reminded the people of the desert where God entered into covenant with them. A return to the desert often implied recommitment. Seeing the crowds, Jesus was moved with pity, a word used only by or about Jesus, and which has messianic significance (see Mt 9:36;15:32;20:34). Jesus' actions over the food are brief but rich with Eucharistic connotations. It is clear that the gospel writer saw this action as a foreshadowing of the final messianic banquet. Finally, it was through the disciples that the crowds experienced the munificence of Jesus; Jesus provides for his people through the agency of the church.

(used with permission from LiturgyHelp Online)

Sunday Mass Times	
Saturday	4:00pm 5:30pm
Sunday	9:00am 10:30am
	4:00pm 5:30pm
Weekday Mass Times	
Tuesday to Friday	9:30am
Attendance at Mass is limited to 20 parishioners. ATTENDANCE AT ALL MASSES MUST BE BOOKED AT THE PARISH OFFICE.	



Happy birthday to John Waanders who recently celebrated his 90th birthday. Well done John, hope you enjoyed your celebrations! Happy birthday from us all.

And while we're on birthdays, Happy birthday to Fr Ajin, who turns 34 this Saturday! Hope you enjoy your first 'Australian birthday', hopefully the only one you spend in Pandemic restrictions. We are grateful that you are here in 3844 with us. Happy birthday, young man, from us all.

PARISH OFFICE CLOSED: The office remains closed due to the pandemic restrictions. All contact needs to be made by phone (5174 2060) or email (sec@smpt.org.au). Thank you.

WEARING MASKS: As of Monday morning next week, all Victorians are required to wear a mask when outside their home.

Parishioners will need to wear a mask to come to Masses from next week.

Please use the 'Prayer for life wearing Masks'.



Lord

May your love and light shine in and through me today
 In a way that no mask can hide.
 May my eyes dance with the laughter and joy
 Replacing my hidden smile.
 May my actions of care and concern
 Speak louder than my muffled voice ever could.
 And may the generosity of my heart
 Radiate out through who I am
 And how I respond to the world around me
 So that others may not see my mask
 But your image shining out
 Moving in and through me today.
 Amen

Br Michael Herry

EMMAUS SPIRITUALITY CENTRE:

Free - Introduction to Spiritual Direction The Emmaus Team is offering a free 450 minute Zoom sessions to anyone who wishes to know more about Spiritual Direction and the Emmaus programs. This is an opportunity to meet with a team member and gain a greater understanding of what Spiritual Direction is about. Phone 0477 474 848 to arrange a suitable time or Email: salespirituality1@gmail.com

PLEASE PRAY FOR: We remember those who have died recently including Nancy DeZwart, Alwyn Hales, Sr Cathy Dean RSJ, Margot Donahoe and Carmel Little and those whose anniversaries occur at this time including Giulia Moretti, John De Martin, Robert Eastham, Tasma Sharpe, Cyril Carberry, Tom Clarke, Salvatore & Angela Teuma and Franc Rolih.

Lord, let your perpetual light shine upon them. May they rest in peace. Amen.

WE PRAY FOR THOSE WHO ARE SICK

including Maria Alessandrini, Lee Allman, Lulu Aragon, Cath Boers, Fr Bernard Buckley, Conceicao Carvalho, Peter Dal Pra, Ann-Maree Daly, Sr Cathy Dean RSJ, Anthony Derham, Gary Donchi, Bill Edgar, Bernadette Formaran, Fr Frank Freeman, Marj Gilbert, Carolyn Gleeson, Robert Hazelman, Imogen Hillier, Marie Howard, Joan Lamont, Peter Lont, Joyce Martin, Ivy May, Deborah McKerchar, Ben Melenhorst, Joan Quigley, Joan Riggall, Kath Ryan, Jerry Templer, Julie Vaz, Brian Vivian, Celie Smith, George Walkan, Roy Ward and Fr Frank Young, and all those we hold dear in our hearts.



TAKING COMMUNION DURING THIS PANDEMIC:

Parishioners are again reminded that we are instructed that **Communion may only be received in the hand (not on the tongue) during this time of pandemic.** Your support and care of each other in this manner is a caring and loving response to our current situation.

AN ACT OF SPIRITUAL COMMUNION

The simple and loving act of Spiritual Communion (written by St. Alphonsus Liguori) can be made when we are unable to attend Mass and receive the Eucharist.

Pray these words:

My Jesus,

I believe that You are in the Blessed Sacrament.

I love You above all things, and I long for You in my soul.

Since I cannot now receive You sacramentally, come at least spiritually into my heart. As though You have

already come, I embrace You and unite myself entirely to You; never permit me to be separated from You.

Amen.

CatholicCare Fundraising Sunday - August 09, 2020.

CatholicCare has been part of the fabric of the Catholic Community in Greater Melbourne, Geelong and Gippsland, helping those on the fringes of society for the past 85 years. As the impact of the Covid-19 pandemic continues, now, more than ever, Victorian families are in need of help from CatholicCare as they struggle to make ends meet.

As our parish's social service agency, CatholicCare delivers family and relationship counselling, refugee and settlement support, education and school programs, and pastoral services.

Ways in which we can donate to CatholicCare are :-

1. **Online Donation** - go to – www.cam.org.au/SundayAppeal (include the name and town of our Parish in the comments section).
2. **Phone** – call 9287 5513 and speak to a member of the fundraising team.
3. **Bank transfer** – transfer funds directly to the CatholicCare bank account – Account name, CatholicCare: BSB 083 347: Acc no. 171 551 421: Ref SundayAppeal(your surname).

All donations over \$2 are tax deductible. CatholicCare will issue tax deductible donation receipts to all who provide their details. Details can be emailed to fundraising@ccam.org.au.

Prayer for Bishop-elect Greg Bennet

Eternal God, our Shepherd and Guide

We bless and thank you for the appointment of your servant, Greg Bennet, as the tenth Bishop of Sale.

May your Holy Spirit grace him with the gifts of wisdom and strength, gentleness and compassion, as he prepares to take up his role as our pastor and teacher.

May he be a shepherd after your own heart, who will walk in your ways and, with loving care, watch over your people.

May he be a leader of vision and a teacher of your truth.

As Bishop-elect Bennet prepares to make his home among us, may we welcome him joyfully into our Diocesan community, now entrusted to his care and leadership.

May we, as the Body of Christ in the Diocese of Sale, through our work and prayer together bear witness to Christ and the building up of your kingdom.

We ask this through your Son Jesus Christ, in the unity of the Holy Spirit, One God, for ever and ever. Amen,

Our Lady of Perpetual Help pray for us

St Mary of the Cross MacKillop pray for us.

Amen

Isolation Prayer Life, Access to Masses online/TV/:

Keep up to date with the latest prayer resources for your communities <https://www.cdsale.org.au/news/prayer-resources-in-time-of-need>

Livestreamed Masses

<https://www.cdsale.org.au/coronavirus>

Music and prayer for 17th Sunday in Ordinary Time. You are invited to pray at home with the Sunday readings with free access to the following online music and video resources

Psalms and chants from Marist Music for this Sunday www.maristmusic.org.au/ available as sheet music and audio.

Sunday Readings and Family Prayer – download and pray the Scriptures of the Sunday Mass and/or use the Family Prayer sheets with children. From Liturgy Brisbane <https://www.liturgybrisbane.net.au/prepare/sunday-readings-and-family-prayer/> (updated weekly).

Daily Prayer

Short daily Gospel reflections with access to readings and prayers of the faithful can be found at <https://www.pray.com.au>

Praying at home

1. Pray the Liturgy of the Word: read and pray with the Sunday scriptures. www.liturgybrisbane.net.au
2. **Come to the Water (Fr Frank Andersen)** <https://tinyurl.com/ComeWater> is a common hymn in our parishes. It is drawn from this Sunday's first reading from Isaiah (Is 55:1-3) and speaks to how all our needs and our longing is answered by God....very appropriate for this time of pandemic.

FINANCE MATTERS:

“Jesus said to them, ‘There is no need for them to go away; give them some food yourselves’.” (Matthew 14:16)

This is what Jesus said right before he fed the five thousand men. How often do we really place our trust in Jesus when the situation looks grim? With Jesus, no gift is too small or insignificant when offered with love. But, we have to do our part. We should trust that Jesus will provide all that we need. We need to believe that Jesus has a better plan in store for us.

Rosters for Saturday Aug 08 & Sunday Aug 09, 2020

Mass	Lector	Commentator	Usher
Sat 4:00pm	Watson Gomez	Susan Grout	<i>Volunteer required</i>
Sat 5:30pm	Eileen Harte	Dorothy Smith	<i>Volunteer required</i>
Sun 9:00am	Shane Reid	Theresa Denny	<i>Volunteer required</i>
Sun 10:30am	Jennifer Dal Pra	<i>Volunteer required</i>	<i>Volunteer required</i>
Sun 4:00pm	Elizabeth Joseph	Margaret Tainsh	<i>Volunteer required</i>
Sun 5:30pm	Cath/Sienna Hill	Ella Hill	Margaret Wilkinson

Entrance Antiphon Ps 69:2 6

O God, come to my assistance;
O Lord, make haste to help me!
You are my rescuer, my help;
O Lord, do not delay.

First Reading Isaiah 55:1-3

A reading from the prophet Isaiah

Hasten and eat.

Thus says the Lord:

Oh, come to the water all you who are thirsty;
though you have no money, come!
Buy corn without money, and eat, and, at no cost,
wine and milk.
Why spend money on what is not bread,
your wages on what fails to satisfy?
Listen, listen to me and you will have good things
to eat and rich food to enjoy.
Pay attention, come to me; listen, and your soul
will live. With you I will make an everlasting
covenant out of the favours promised to David.

Responsorial Psalm Ps 144:8-9. 15-18. R. v.16

(R.) *The hand of the Lord feeds us:
he answers all our needs.*

1. The Lord is kind and full of compassion,
slow to anger, abounding in love.
How good is the Lord to all,
compassionate to all his creatures. **(R.)**
2. The eyes of all creatures look to you
and you give them their food in due time.
You open wide your hand,
grant the desires of all who live. **(R.)**
3. The Lord is just in all his ways
and loving in all his deeds.
He is close to all who call him,
call on him from their hearts. **(R.)**

**Second Reading** Rom 8:35 37-39

A reading from the letter of St Paul to the Romans

No creature can separate us from the love of Christ, which is in Christ.

Nothing can come between us and the love of Christ, even if we are troubled or worried, or being persecuted, or lacking food or clothes, or being threatened or even attacked. These are the trials through which we triumph, by the power of him who loved us.

For I am certain of this: neither death nor life, no angel, no prince, nothing that exists, nothing still to come, not any power, or height or depth, nor any created thing, can ever come between us and the love of God made visible in Christ Jesus our Lord.

Gospel Acclamation Mt 4:4

Alleluia, alleluia!

No one lives on bread alone, but on every word that comes from the mouth of God.

Alleluia!

Gospel Matthew 14:13-21

A reading from the holy Gospel according to Matthew

They all ate and were satisfied.

When Jesus received the news of John the Baptist's death he withdrew by boat to a lonely place where they could be by themselves. But the people heard of this and, leaving the towns, went after him on foot. So as he stepped ashore he saw a large crowd; and he took pity on them and healed their sick.

When evening came, the disciples went to him and said, 'This is a lonely place, and the time has slipped by; so send the people away, and they can go to the villages to buy themselves some food.' Jesus replied, 'There is no need for them to go: give them something to eat yourselves.' But they answered, 'All we have with us is five loaves and two fish.' 'Bring them here to me,' he said. He gave orders that the people were to sit down on the grass; then he took the five loaves and the two fish, raised his eyes to heaven and said the blessing. And breaking the loaves he handed them to his disciples who gave them to the crowds. They all ate as much as they wanted, and they collected the scraps remaining, twelve baskets full. Those who ate numbered about five thousand men, to say nothing of women and children.

Next week's Readings

1st Reading Kings 19:9 11-13

2nd Reading Romans 9:1-5

Gospel: Matthew 14:22-33