



St Michael's Parish, Traralgon

St Michael's Church, Traralgon

St Columbkille's Church, Glengarry

St Michael's Vision Statement: Inspired by Jesus Christ, we are a welcoming Catholic Community seeking to enrich lives. Come and join us!

St Michael's Mission Statement:

To provide opportunities for parishioners –

- to grow in holiness
- to discover and live out their personal and community call to mission to live as Catholics who effectively transform society.

www.smpt.org.au
email: traralgon@cdsale.org.au

Statement of Commitment to the safety of children and vulnerable adults: Central to the mission of St Michael's Parish is an unequivocal commitment to fostering the dignity, self-esteem and integrity of children, young people and vulnerable adults and providing them with a safe, supportive and enriching environment to develop spiritually, physically, intellectually, emotionally and socially.

St Michael's Parish Information

Fr Francis Otabo Parish Priest
Parish Centre 5174 2060
Priests' Residence: 5174 6765

Deacon Tony Aspinall
Phone 5174 2060
Em: deacontony8@gmail.com

Sr Doreen Dagge RSJ 5174 9997

Monsignor John Allman
O'Mara House 5174 9674

St Michael's Parish Office 5174 2060
35 Kay Street, Traralgon
PO Box 103, Traralgon 3844

Office hours –
Tuesday to Friday 9:00am to 4:00pm
Parish Secretary: Bev O'Brien
Email: sec@smpt.org.au
Sacraments Admin Jenifer Hanratty
Email: sacraments@smpt.org.au
Youth Coordinator Jenifer Hanratty
Email: youth@smpt.org.au

After office hours - Should anyone urgently require an after hours priest, please call Fr Peter Bickley on 0408 517 073 or the Morwell Presbytery on 5133 8132.

Baptisms: Six weeks notice required
Weddings: Six months notice required

Parish Pastoral Council: Greg Imhagwe Chairperson, Fr Francis, Sr Doreen, Kevin Taylor, Ray Moretti, Amanda Reid, Jenifer Hanratty, Steve Kimani, Marita Kennedy, Jodie Ware, Ros Joyner, Doug Doherty and Bev O'Brien.

Our Schools:
St Gabriel's School 5174 5515
Principal: Mrs Roslyn Joyner

St Michael's School 5174 3295
Principal: Mrs Jodie Ware

Lavalla Catholic College 5174 5272
Principal: Mr John Freeman
Kildare Campus 5174 8111
St Paul's Campus 5174 7355

ACT OF CONSECRATION TO THE HOLY SPIRIT

On my knees before the great multitude of heavenly witnesses, I offer myself, soul and body to You, Eternal Spirit of God.

I adore the brightness of Your purity, the unerring keenness of Your justice, and of Your love. You are the Strength and Light of my soul.

In You I live and move and am. I desire never to grieve You by unfaithfulness to

I pray with all my heart to be kept from the smallest sin against You. Mercifully guard every thought and grant that I may always watch for Your light, and listen to Your voice, and follow Your gracious inspirations. I cling to You and give myself to You and ask You, by Your compassion to watch over me in my weakness.

Beholding your sore wounded and broken body on the cross, I implore You, Adorable Spirit, Helper of my infirmity, to keep me in Your grace that I may never turn my soul away from You.

Give me grace, O Holy Spirit, Spirit of the Father and the Son to say to You always and everywhere, "Speak Lord for Your servant heareth." Amen.



PRAYER FOR THE SEVEN GIFTS OF THE HOLY SPIRIT

O Lord Jesus Christ, Who, before ascending into heaven, did promise to send the Holy Spirit to finish Your work in the souls of Your Apostles and Disciples, deign to grant the same Holy Spirit to me that He may perfect in my soul, the work of Your grace and Your love.

Grant me the Spirit of Wisdom that I may despise the perishable things of this world and aspire only after the things that are eternal, the Spirit of Understanding to enlighten my mind with the light of Your divine truth, the Spirit of Counsel that I may ever choose the surest way of pleasing God and gaining heaven, the Spirit of Fortitude that I may bear my cross with You and that I may overcome with courage all the obstacles that oppose my salvation, the Spirit of Knowledge that I may know God and know myself and grow perfect in the science of the Saints, the Spirit of Piety that I may find the service of God sweet and amiable, and the Spirit of Fear that I may be filled with a loving reverence towards God and may strive in every way to please Him.

Mark me, dear Lord, with the sign of Your true disciples and animate me in all things with Your Spirit. Amen

SUNDAY MASS TIMES

Saturday	5:30pm	St Michael's Traralgon
Sunday	9:30am	St Michael's Traralgon
	10:00am	St Columbkille's Glengarry
	5:30pm	St Michael's Traralgon

WEEKDAY LITURGY TIMES

June 10 to 15

Mon 10	9:30am	Liturgy of the Word
Tues 11	9:30am	Communion Service
Weds 12	11:00am	Exposition
	12:00pm	Communion Service
Thurs 13	9:30am	Communion Service, St Gabriel's PS
Fri 14	10:30am	Communion Service Bupa Care
Sat 15	9:30am	Mass

Rosary: Tuesday to Sunday 30 minutes before Mass.

Reconciliation: Saturdays 10:15am & 5:00pm or any other time by arrangement with Father.

PLEASE PRAY FOR: We remember those who have died recently including Glenys Canny and all those whose anniversaries occur at this time including Adrian Stasinowsky, Salvatore & Catherine Ciminello, Geronimo & Anunciatta Agostino, Joe Agostino, Rocco Bruzzese, Walentyna Trochimczuk, John McEntee, Greg Bermingham and Darren Wall.

Lord, Let your perpetual light shine upon them. May the rest in peace. Amen.

WE PRAY FOR THOSE WHO ARE SICK

including Maria Alessandrini, Lee Allman, Lulu Aragon, John Besselink, Fr Bernard Buckley, Julie Dal Pra, Ann-Maree Daly, Gary Donchi, Jennifer Fitzgerald, Fr Frank Freeman, Marj Gilbert, Carolyn Gleeson, Ron Grinter, Robert Hazelman, Imogen Hillier, Marie Howard, Joan Lamont, Ann Lapuh, Peter Lont, Joyce Martin, Ivy May, Deborah McKerchar, Joan Quigley, Joan Riggall, Malcolm Selzer, Ray Smith, Tasma Sharp, Jerry Templer, Brian Vivian, Celie Smith, Margaret West and Fr Frank Young.



HAVE A WONDERFUL HOLIDAY: Our best wishes go to Fr Francis, as he leaves our cold winter to go home to his family in Nigeria. We wish you safe travelling and an enjoyable time catching up with all your family. We look forward to welcoming you back in July.

Fr Mark Godridge and Fr Herman Hengel will celebrate our weekend Masses while Fr Francis is away. Deacon Tony will help out during the mid week, when he is available. Should anyone urgently require an after hours priest, please call Fr Peter Bickley on 0408 517 073 or the Morwell Presbytery on 5133 8132..

MONTHLY PRAYER EXPERIENCES: Our second Prayer Experience will be held on **Tuesday June 25** and will be a Lectio Divina session run by Chris Roga. Hoping to share this evening with you all.

BAPTISMS: Our next meeting for those preparing for Baptism is on **Wednesday June 12 at 7:00pm in the Parish Centre.** Please contact the Office on 5174 2060 for further information.



OUR PARISH 'APP': This is definitely the best way to keep up with what is going on in our Parish, and it's so easy to enjoy! Parish information right there, on your phone. Easily download-able from either the App Store or Google Play. If you need any assistance, please ask any PPC member or any teenager you know.



CHARISMATIC PRAYER GROUP: The CPG meets each Thursday in school term time at 7:30pm in the Mary MacKillop Hall. All are welcome to come and join in! Enquiries to Cathy on 5174 3001..

A Pentecost Prayer

*'Father of light, from whom every good gift comes,
send your Spirit into our lives with the power of a mighty wind,
and by the flame of your wisdom open the horizons of our minds.
Loosen our tongues to sing your praise in words beyond the power of speech, for without your Spirit we could never raise our voice in words of peace or announce the truth that Jesus is Lord.'*
Amen.

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PLANNED GIVING ENVELOPES:

the Giving Envelopes for the twelve months July 23, 2019 to July 12, 2020 are now available for collection, together with Receipts for March to May 2019. Receipts for our electronic givers for this period are also available for collection. We are hoping that everyone will take their own envelopes home and help out by delivering envelopes and statements to people who live in your area. It costs \$9.00 to post each box of envelopes, please help us keep our postage costs to a minimum. Thank you all for your help.



NEXT WEEKS MEETINGS:

Tuesday 11

1:00pm Knights of the Southern Cross, Mary MacKillop Room

7:30pm Alpha Team Meeting
Parish Centre

Wednesday 12

12:30pm Weds pm Cells Group,
Parish Centre

*Come,
Holy Spirit,
Come!*

VOLUNTEERS

REQUIRED:

Thanks to those who have come forward to help out on our church cleaning roster. We are still in need of perhaps another four or five people. Please let the Parish Office know if you could help out. Thank you.



SMY@L: JUMP'N'CLIMB FABULOUS FRIDAY

(JUNE 21) 2 awesome hours of jumping fun at Jump'n'Climb, 62 Eastern Rd, Traralgon (meet in the foyer at the venue, from 3:50pm). Bring water bottle and jump socks, if you have them. Youth group sign in still applies. 4:00-6:00pm Cost \$20 Members: \$25 Non-members or late RSVP. SMS Lou to RSVP by June 14 on 0414 540 296

STEWARDSHIP REFLECTION:

"The Advocate, the Holy Spirit whom the Father will send in my name, will teach you everything and remind you of all that I told you." (John 14:26)

The materialism of our society lures us to concentrate more on what we want than on what God wants for us. The relativism of our world tells us that we should be tolerant of all things, that there is no absolute truth. Pray to the Holy Spirit to transform our lives and to guide our thoughts, words and actions.

PARISH FINANCE MATTERS:

Should you wish to have information about our Planned Giving program please contact the Parish Office. Counters - see rosters

FORMATION SESSION: The next Formation Session for our Yr 6 to Yr 12 young people will be held on **Friday 14th June, 7:00-8:30pm** in the Parish Centre. The Guest Speaker at this gathering will be **Susan Luscombe** who will present a session on 'The Images of God'. Anyone interested in bringing food for our youngsters to eat, your generosity would be gratefully and eagerly accepted. Please contact Jen on 5174 7703 to let her know.

CONGRATULATIONS go to our **SM@YL Youth Group**, who enjoyed their 20th Anniversary celebration on May 24. Our Parish is blessed with this youth group, our thanks and prayers to all those who have acted as leaders over the years and who are there volunteering currently.

SAVE THIS DATE: Sunday August 25 2019 4:00-7:00pm. Parishioners of all stages of 'youth' are warmly invited to come to our Youth Event to be held in the Kildare Hall at Lavalla Catholic College, Kosciuszko Street, Traralgon. It's a great celebration, and includes Mass at 5:00pm. Please show our youth your encouragement. We're currently looking for sponsors, performers, volunteers, leaders, readers . . . all help gratefully received.

Reflection by Greg Sunter

The feast of Pentecost celebrates the power of the Holy Spirit coming upon the disciples and energising them to set about their mission of continuing the ministry of Jesus. The gospel reading is one of the post-resurrection appearances by Jesus when he breathed the Holy Spirit upon the disciples. The actual events of that first Pentecost are recorded in the book of Acts and are recalled in this week's first reading.

The use of this post-resurrection gospel account is a reminder that Jesus had already imbued the disciples with the Spirit but, as so often throughout his ministry, they were a bit slow to catch on to the significance of what he had done. It seems that they needed a more tangible experience to jolt them into action and Acts records the very physical experience of the Spirit entering their midst as a roaring wind before settling upon them as tongues of flame. Jesus had breathed the Spirit upon them but it took the roaring wind to make a real impression on the disciples. There are frequent references in the gospels to Jesus being 'filled with the Spirit'. It is this Spirit with which he was filled that he breathed upon his disciples; it is that same Spirit that we receive sacramentally in Confirmation. For the weeks following the death of Jesus the disciples had lived in fear and confusion, not fully understanding what had happened and not really knowing what to do. When they realized that the Spirit Jesus had breathed upon them was really present and urging them to action they finally had the courage to begin the mission that Jesus had entrusted to them: to spread the Good News of Jesus and continue to realize his message in the world.

Rosters for June 15 & 16 ~ Trinity Sunday

Mass	Lector	Commentator	Eucharistic Ministers	Welcomers	Music	Sacristan
5:30pm	S Grout R Webber	M Noone	C DiCorleto, B Power, M Giddens, D Buckland	H Luque	Jane	L Theissling
9:30am	M Hansen N Georgeson	M Tainsh	T Denny, J & W Waanders, A Symonds, Volunteers x3 (or Deacon Tony and 2 Volunteers)	R Benbow M Blanchard	Jane	P & L Van der Velden
5:30pm	C Hill B O'Brien	E Hill	J Reid, D Locke, Volunteers x 2	Volunteer	Jane	Volunteer required

- **Altar Cleaning:** June 02 M Tainsh June 09 J Scholtes
- **Church Cleaning:** June Volunteer team required
- **Children's Liturgy of the Word:** Youth Mass
- **Touring Statue of Our Lady:** June 02 N & M Limbom June 09 B & M Kennedy
Please contact the family before you leave the statue to make sure they are home. Thank you. For further information regarding roster please contact: Marie Moulton 5174 0938 Email: memou_38@bigpond.com
- **Lick's Kitchen:** June 06 Scholtes Team June 13 Hemming Team
- **Counters** June 09 Morris Team June 16 Mitchell Team

Entrance Antiphon Wis 1:7

*The Spirit of the Lord has filled the whole world
and that which contains all things
understands what is said, alleluia.*

First Reading Acts 2:1-11

A reading from the Acts of the Apostles

They were all filled with the Holy Spirit, and began to speak different languages.

When Pentecost day came round, the apostles had all met in one room, when suddenly they heard what sounded like a powerful wind from heaven, the noise of which filled the entire house in which they were sitting; and something appeared to them that seemed like tongues of fire; these separated and came to rest on the head of each of them. They were all filled with the Holy Spirit, and began to speak foreign languages as the Spirit gave them the gift of speech.

Now there were devout men living in Jerusalem from every nation under heaven, and at this sound they all assembled, each one bewildered to hear these men speaking his own language. They were amazed and astonished. 'Surely' they said 'all these men speaking are Galileans? How does it happen that each of us hears them in his own native language? Parthians, Medes and Elamites; people from Mesopotamia, Judaea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya round Cyrene; as well as visitors from Rome – Jews and proselytes alike – Cretans and Arabs; we hear them preaching in our own language about the marvels of God.'

Responsorial Psalm Ps 66:2-3. 5-6. 8. R. v.4

(R.) *Lord, send out your Spirit
and renew the face of the earth.*

1. Bless the Lord, my soul!
Lord God, how great you are,
How many are your works, O Lord!
The earth is full of your riches. **(R.)**
2. You take back your spirit, they die,
returning to the dust from which they came.
You send forth your spirit, they are created;
and you renew the face of the earth. **(R.)**
3. May the glory of the Lord last for ever!
May the Lord rejoice in his works!
May my thoughts be pleasing to him.
I find my joy in the Lord. **(R.)**

Second Reading Eph 1:17-23

A reading from the letter of St Paul to the Ephesians
He made Jesus to sit at his right hand in heaven.

Rom 8:8-17

A reading from the letter of St Paul to the Romans

People who are interested only in unspiritual things can never be pleasing to God. Your interests, however, are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him. Though your body may be dead it is because of sin, but if Christ is in you then your spirit is life itself because you have been justified; and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

Everyone moved by the Spirit is a son of God. The spirit you received is not the spirit of slaves bringing fear into your lives again; it is the spirit of sons, and it makes us cry out, 'Abba, Father!' The Spirit himself and our spirit bear united witness that we are children of God. And if we are children we are heirs as well: heirs of God and coheirs with Christ, sharing his sufferings so as to share his glory.

Gospel Acclamation

Alleluia, alleluia!

*Come, Holy Spirit; fill the hearts of your faithful
and kindle in them the fire of your love.*

Alleluia!

Gospel Lk 24:46-53

A reading from the holy Gospel according to John
As the Father sent me, so I send you: Receive the Holy Spirit.

In the evening of the first day of the week, the doors were closed in the room where the disciples were, for fear of the Jews. Jesus came and stood among them. He said to them, 'Peace be with you,' and showed them his hands and his side. The disciples were filled with joy when they saw the Lord, and he said to them again, 'Peace be with you.'

'As the Father sent me, so am I sending you.'

After saying this he breathed on them and said:

'Receive the Holy Spirit.

For those whose sins you forgive, they are forgiven;
for those whose sins you retain, they are retained.'

Next weeks Readings Trinity Sunday

1st Reading Prov 8:22-31

2nd Reading Rom 5:1-5

Gospel John 16:12-15