



St Michael's Parish, Traralgon

St Michael's Church, Traralgon

St Columbkille's Church, Glengarry

St Michael's Vision Statement: Inspired by Jesus Christ, we are a welcoming Catholic Community seeking to enrich lives. Come and join us!

St Michael's Mission Statement:

To provide opportunities for parishioners –

- to grow in holiness
- to discover and live out their personal and community call to mission to live as Catholics who effectively transform society.

www.smpt.org.au
email: traralgon@cdsale.org.au

Statement of Commitment to the safety of children and vulnerable adults: Central to the mission of St Michael's Parish is an unequivocal commitment to fostering the dignity, self-esteem and integrity of children, young people and vulnerable adults and providing them with a safe, supportive and enriching environment to develop spiritually, physically, intellectually, emotionally and socially.

St Michael's Parish Information

Fr Francis Otobo Parish Priest
Parish Centre 5174 2060
Priests' Residence: 5174 6765

Deacon Tony Aspinall
Phone 5174 8167
Em: deacontony8@gmail.com

Sr Doreen Dage RSJ 5174 9997

Monsignor John Allman
O'Mara House 5174 9674

St Michael's Parish Office 5174 2060
35 Kay Street, Traralgon
PO Box 103, Traralgon 3844

Office hours –
Tuesday to Friday 9:00am to 4:00pm
Parish Secretary: Bev O'Brien
Email: sec@smpt.org.au

Sacraments Admin Jenifer Hanratty
Email: sacraments@smpt.org.au
Youth Coordinator Jenifer Hanratty
Email: youth@smpt.org.au

After office hours - in case of emergency, please call 5174 2060 and leave your details on the message service.

Baptisms: Six weeks notice required

Weddings: Six months notice required

Parish Pastoral Council: Greg Imhagwe Chairperson, Fr Francis, Sr Doreen, Kevin Taylor, Ray Moretti, Amanda Reid, Jenifer Hanratty, Steve Kimani, Marita Kennedy, Rob Tarraran, Jodie Ware, Ros Joyner, Doug Doherty and Bev O'Brien.

Our Schools:

St Gabriel's School 5174 5515
Principal: Mrs Roslyn Joyner

St Michael's School 5174 3295
Principal: Mrs Jodie Ware

Lavalla Catholic College 5174 5272
Principal: Mr John Freeman
Kildare Campus 5174 8111
St Paul's Campus 5174 7355

Reflection by Fr Michael Tate

When I was a boy (is it so long ago?) it was still the rule at Mass that only the priest drank from the chalice. One of the great actions of the Church over the last fifty years has been the recovery of the ancient practice of offering Holy Communion under the appearance of both bread and wine.

The reception of both the consecrated bread and the consecrated wine is in perfect harmony with today's Gospel: 'Anyone who does eat my flesh and drink my blood has eternal life.' Note the present tense: 'has' – right now! This is because, as St John Paul II put it: 'We digest, as it were, the secret of the Resurrection.'

Of course, Our Risen Lord is really present under the appearance of either the bread or the wine. For a Jew, (unlike the Greeks) the body was absolutely core to being the person one is. For a Jew, blood was identified as the life-force of any animal. So, for the Jewish Jesus, to say 'This is my body... this is my blood' was to gift us his core identity, his deepest vitality. Either the consecrated bread or consecrated wine gives us His whole life.

But to receive both the Heavenly Bread and the Spiritual Drink does enable us to more fully respond to Our Lord at the Last Supper: 'Take, eat ... take, drink'. Then the words of today's Gospel can more physically resonate in our own bodies: 'He who eats my flesh and drinks my blood lives in me and I in him.'

We could take a moment to pray in thanksgiving that we are able to join in the tradition starting with the Apostles at the Last Supper and, in doing so, to enter into Holy Communion with the only One who can embody in us the secret of His resurrection.

Year of Youth Prayer

Come Holy Spirit of this Great Southland
Inspire our entire faith community, as we prayerfully discern new horizons for spreading joy in the lives and communities of the People of God.

Come Holy Spirit of Youth

Fill the hearts of young people with the hope and love of Jesus Christ. Enliven our community with the creativity, energy and joy of youth. Guide us together, as we strive to offer God's mercy to those who feel abandoned or outcast.

Come Holy Spirit of Faith

Empower our community to be courageous. Unite your people as witnesses of love. Walk with us, as we blaze new trails of discipleship, Accompanying young people as we renew the Church together.

Come Holy Spirit of Vocation

Stir within young people an awareness of God's call. Reveal to us the graces of young people. Guide us all, in finding our place and raising our voices to build a civilization of love. Amen
Our Lady of the Southern Cross, Help of Christians, pray for us.
St Mary of the Cross MacKillop, friend of the young, pray for us.

IGNITE CONFERENCE IN BRISBANE: Our parish is fortunate to have *Tanya Wandue, Josh Hanratty* and *Sarah Rickwood* travelling to Brisbane for this conference accompanied by Jen Hanratty.

This is great opportunity for our youth to experience their faith with thousands of likeminded young people.

We are asking parishioners to help our youngsters out financially, and by keeping them constantly in our prayers. May the Church continue to be richly blessed by the enthusiasm and vigour of our young people.

SUNDAY MASS TIMES

Saturday	6.00pm	St Michael's Traralgon
Sunday	9:30am	St Michael's Traralgon
	6:00pm	St Michael's Traralgon

WEEKDAY LITURGY TIMES

August 20 to 25, 2018

Mon 20	9:30am	Liturgy of the Word
Tues 21	10:45am	Mass, Marjery Cole
Weds 22	11:00am	Exposition
	12:00pm	Mass
Thurs 23	9:30am	Mass, St Gabriel's PS
Fri 24	9:30am	Mass
Sat 25	9.30am	Mass, Reconciliation

Rosary: Tuesday to Sunday 30 minutes before Mass.

Reconciliation: Saturdays 10:15am & 5:30pm or any time by arrangement with Father.

PLEASE PRAY FOR: We remember those who have died recently, including Anne O'Brien (Sale), Pat McMillan and Michael Dieni and those whose anniversaries occur at this time including Bishop Patrick Lyons, Damian Goodwin, Doreen Bickerton, Pauline England, Kathleen Heal, Jim W Gilmour, Eva Lang, Joseph & Angela Dieni, Joan Clarke, Mary Lasaga, Elizabeth Lestin, Roger King and Cliff Bunn.

Lord, let your perpetual light shine upon them. May they rest in peace. Amen.

WE PRAY FOR THOSE WHO ARE SICK:

including Joe Agostino, Maria Alessandrini, Lee Allman, Dorothy Buckland, Fr Bernard Buckley, Lisa Daly, Gary Donchi, Fr Frank Freeman, Carolyn Gleeson, Robert Hazelman, Marie Howard, Joan Lamont, Ann Lapuh, Mark Martin, Joyce Martin, Ivy May, Joan Riggall, Dorothy Smith, Jerry Templer, Brian Vivian, Celie Smith, and Fr Frank Young, Justin Young.



CHARISMATIC PRAYER GROUP: The CPG meets every Thursday evening at 7:30pm in the Mary MacKillop Hall.

All are welcome to come and join in! Enquiries to Cathy on 5174 3001.

PARISH OFFICE HOURS: over the next four weeks, the Office hours will be flexible whilst Jen Hanratty 'mans' the office on her own. Please be patient if the office isn't open when you expect. Jen will be 'minding the shop' as well as being a family mum, so the hours may be quite varied.

BAPTISMS: The next meeting for those preparing for Baptism is on **Wednesday September 19 at 7:00pm in the Parish Centre.** Please contact the Parish Office on 5174 2060 for further information.



K.S.C. AWARDS, 2019:

Two members of the Knights of the Southern Cross have been presented with framed Membership Certificates for 50 years of service to the Order.

Chairman of Morwell Branch Noel Black and Traralgon member Robert Drenen were recipients of the awards at a social function in Morwell last Sunday. The certificates were presented by Victorian State Secretary of the Order Mr Michael Palma, a former Morwell member and Lavalla College student.

These two surviving Latrobe Valley branches, due to low membership and age related health problems, hold a combined afternoon meeting monthly in Mary MacKillop meeting room, Traralgon.

MAINTENANCE ASSISTANCE REQUIRED:

Our Maintenance Team, who do an absolutely marvellous job (thank you so much gentlemen!) have let it be known that many of them are reaching 'grand ages' and need support from younger members of our community.

Our sincere thanks to Peter Mitchell who has worked tirelessly over many years in this area. With grateful hearts we wish you and Joan well, Peter, in the future.

Please put your details on a green Maintenance Form in the entry to the Church if you are able to assist in any way at all. Gardeners, weeders, cobwebbers, tree pruners, carpenters, the scope to use your talents is endless.

ORDINATION TO DIACONATE: The Diocese of Sale is looking forward to celebrating the Ordination to the Diaconate of Stanly Devasia at St Mary's Cathedral at 11 am on Saturday 22nd September 2018.

I will be conducting a Diocesan Choir and welcome expressions of interest from anyone who would like to sing with the choir on that day. Singers must have a current Working With Children Check in accordance with the Diocese's Child Safety Policy. Music packs will be emailed to singers.

Please register your interest by contacting Sophy Morley without delay. E smorley@sale.catholic.org.au P 5622 6677 or 0413 590 007

THIS WEEK'S MEETINGS:

Tues 21

5:30-6:30pm Plenary Council Committee Meeting, Parish Centre

7:30pm LV Celebrate Youth Meeting, Parish Centre

Weds 22

5:30pm Liturgy Team Meeting, Parish Centre

104TH WORLD DAY OF MIGRANTS & REFUGEES:

This weekend we celebrate the richness, the diversity and growth of all our 'overseas' parishioners (and priest). We are so very grateful for your presence here among us, and for the many beautiful and varied gifts you bring to our parish and our families.

May we all remember those whose lives have been disrupted by war, famine and political strife. May our church work tirelessly to bring peace and justice for all.

CATHOLIC WOMENS' LEAGUE IN OUR PARISH.

Our parish is holding a meeting for interested ladies who would like to join the Catholic Women's League. The meeting will be held on Tuesday 11th September at 10:00am in the Mary MacKillop room. Fr Francis will attend the meeting; it's hoped there will be a lot of support.

The Catholic Women's League plays an important part in the fabric of the life of the Diocese and of parishes. For many years, our parish was blessed with the presence of the Catholic Women's League and it's hoped that the we may now re-open the St Michael's Traralgon branch.

If you're interested please come along on September 11. If you're unable to be there on the day, please give your details to Linda Darmody on 5174 9770, Ansje Sykes 0413 489 704 or leave a message at the Parish Office (5174 2060.)

FINANCE MATTERS:

"Watch carefully then how you live, not as foolish persons but as wise..." EPHESIANS 5:15

A wise person recognizes that all we have and all we are comes from God. A wise person thanks God continually throughout the day for all His many blessings. A wise person realizes that God has blessed us for a reason and that He wants us to help Him build His kingdom of earth.

Stewardship Program:

If you wish to have information about our Planned Giving programme please contact the Parish Office.

Counters:

August 19 Arend Team

August 26 Armstrong Team

BAPTISM FOR SCHOOL AGED CHILDREN:

Our Parish is once more running a programme for children aged from 4 to 13 who wish to be baptized.

There will be two sessions, of one hour (4.30 – 5.30pm), held in the Parish Centre, starting on **Wednesday September 12** with a second meeting on **September 19th**.

The children will be presented to the Parish community in the Rite of Reception later in September, prior to Baptism being celebrated **on Sunday 23rd September**. Contact either the Parish Office on 5174 2060 or *Susan Grout (0412671308)* by Wednesday August 15th, if your child/children are interested. There is a payment of \$40 for the Candle and Stole each child will receive at their Baptism. Please bring this with you on September 12th to place your order, unless you would like to make your own.

CHILDREN'S LITURGY OF THE WORD: all kinder and primary school-aged children are welcome to participate in the Liturgy of the Word which occurs during 9:30am Masses during term time. Please contact Marianne Saunders on 0490 628 833 for information.

SMY@L – St. Michael's Parish Youth Group

St. Michael's Youth group is for all young people from *Year 5, 6 & lower secondary levels (from any school)*.

Operation Christmas Shoebox is underway once again. Parishioners are asked to support this outreach venture, please refer to the fliers in the church entries for more details. Thank you.

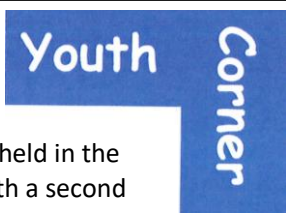
A DATE FOR YOUR DIARIES!: *A Celebrate Youth Event!!*

Sunday 16th September, Kildare Hall, Lavalla Catholic College, Kosciuszko Street, Traralgon.

We are looking for performers, musicians. There will be a concert from 4:00pm to 5:00pm, followed by Mass at 5:00pm, followed by a party! Plans are growing, we look forward to great celebrations with a variety of talent on display. We are also hoping for sponsorship to help cover the costs of providing security, sound and light, and catering. If you or your business can help in any way, please contact the parish office.

This is a special event to celebrate the many talents of our Youth, and to celebrate the close of the Year of Youth. Please contact Jen at the Parish Office on 5174 2060 if you are interested.

ALTAR SERVING TRAINING: Sundays October 21 and December 02. Dates for your diaries. Altar serving training sessions will be held at 11:00am on both these Sundays. Let the Parish office know if your child(ren) will be interested.



Plenary Council Prayer

*Come, Holy Spirit of Pentecost
Come, Holy Spirit of the great South Land.
O God, bless and unite all your people in
Australia and guide us on the pilgrim way
of the Plenary Council.*

*Give us grace to see your face in one
another and to recognise Jesus, our
companion on the road.
Give us the courage to tell our stories and
to speak boldly of your truth.
Give us ears to listen humbly to each other
and a discerning heart to hear what you
are saying.*

*Lead your Church into a hope-filled future,
that we may live the joy of the Gospel.*

*Through Jesus Christ our Lord, bread for
the journey from age to age.*

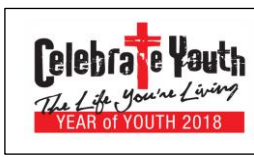
Amen.

*Our Lady Help of Christians,
pray for us.*

*St Mary MacKillop, pray for us.
Amen*

CATHOLIC CARE SUNDAY APPEAL:

CatholicCare Sunday Appeal is CatholicCare's major annual fundraiser. This is an opportunity for our parish community in partnership with our Diocese and the Archdiocese of Melbourne to assist CatholicCare to provide essential social services to the most vulnerable and disadvantaged people in our community, and across Melbourne, Geelong and Gippsland. We will have a collection on **Sunday August 26**. Donation envelopes are available.



Rosters for August 25 & 26 ~ Twenty-first Sunday in Ordinary Time

Mass	Lector	Commentator	Eucharistic Ministers	Welcomers	Music	Sacristan
6:00pm	C Roga	M Noone	J Scholtes, Volunteers x 3	S Frankland L Kennedy	Jane	A & M Giddens
9:30am	T Denny S Reid	L Van der Velden	W Detering, C Payne, J Cahill, C Mesaric, M Hanratty, S Reid	C Collis E Freeman	Jane	G Imhagwe
6:00pm	H Theissing	Volunteer needed	J O'Brien, R O'Connor, volunteers x 2	G Edgar J Sykes	Jane	L Theissing

- **Altar Cleaning:** Aug 19 M Tainsh Aug 26 J Scholtes
- **Church Cleaning:** August St Gabriel's September McLaughlin Team
- **Children's Liturgy of the Word:** Aug 26 J Doherty
- **Touring Statue of Our Lady:** Aug 19 S & C Kanara Aug 26 V & J Besselink
Please contact the family before you leave the statue to make sure they are home. Thank you. For further information regarding roster please contact: Marie Moulton 5174 0938 Email: memou_38@bigpond.com
- **Mick's Kitchen:** Aug 30 Burns Team September 06 Moretti Team

Entrance Antiphon Cf. Ps 83: 10-11

*Turn your eyes, O God, our shield;
and look on the face of your anointed one;
one day within your courts
is better than a thousand elsewhere.*

First Reading Proverbs 9:1-6

A reading from the book of Proverbs

Come and eat my bread; drink the wine I have prepared.

Wisdom has built herself a house,
she has erected her seven pillars,
she has slaughtered her beasts, prepared her wine,
she has laid her table.
She has despatched her maidservants
and proclaimed from the city's heights:
'Who is ignorant? Let him step this way.'
To the fool she says,
'Come and eat my bread,
drink the wine I have prepared!
Leave your folly and you will live,
walk in the ways of perception.'

Responsorial Psalm Ps 33:2-3. 10-15. R. v.9

(R.) Taste and see the goodness of the Lord.

1. I will bless the Lord at all times,
his praise always on my lips;
in the Lord my soul shall make its boast.
The humble shall hear and be glad. **(R.)**
2. Revere the Lord, you his saints.
They lack nothing, those who revere him.
Strong lions suffer want and go hungry
but those who seek the Lord lack no blessing.
(R.)
3. Come children, and hear me
that I may teach you the fear of the Lord.
Who is he who longs for life
and many days, to enjoy his prosperity? **(R.)**
4. Then keep your tongue from evil
and your lips from speaking deceit.
Turn aside from evil and do good;
seek and strive after peace. **(R.)**



Second Reading Ephesians 5:15-20

A reading from the letter of St Paul to the Ephesians
Be watchful that you may know the will of God.

Be very careful about the sort of lives you lead, like intelligent and not like senseless people. This may be a wicked age, but your lives should redeem it. And do not be thoughtless but recognise what is the will of the Lord. Do not drug yourselves with wine, this is simply dissipation; be filled with the Spirit. Sing the words and tunes of the psalms and hymns when you are together, and go on singing and chanting to the Lord in your hearts, so that always and everywhere you are giving thanks to God who is our Father in the name of our Lord Jesus Christ.

Gospel Acclamation John 6:56

*Alleluia, alleluia!
All who eat my flesh and drink my blood
live in me and I in them, says the Lord.
Alleluia!*

Gospel John 6:51-58

A reading from the holy Gospel according to John
My flesh is real food and my blood is real drink.

Jesus said to the crowd:

'I am the living bread which has come down from heaven.

Anyone who eats this bread will live for ever;
and the bread that I shall give
is my flesh, for the life of the world.'

Then the Jews started arguing with one another:
'How can this man give us his flesh to eat?' they said. Jesus replied:

'I tell you most solemnly,
if you do not eat the flesh of the Son of Man
and drink his blood,
you will not have life in you.

Anyone who does eat my flesh and drink my blood
has eternal life,
and I shall raise him up on the last day.

For my flesh is real food
and my blood is real drink.

He who eats my flesh and drinks my blood
lives in me
and I live in him.

As I, who am sent by the living Father,
myself draw life from the Father,
so whoever eats me will draw life from me.

This is the bread come down from heaven;
not like the bread our ancestors ate:
they are dead,

but anyone who eats this bread will live for ever.'

Next week's Readings ~ August 26, 2018
23rd Sunday in Ordinary Time

First Reading: Joshua 24:1-2 15-18
Second Reading: Ephesians 5:21-32
Gospel: John 6:60-69