



St Michael's Parish, Traralgon

St Michael's Church, Traralgon

St Columbkille's Church, Glengarry

St Michael's Vision Statement: Inspired by Jesus Christ, we are a welcoming Catholic Community seeking to enrich lives. Come and join us!

St Michael's Mission Statement:

To provide opportunities for parishioners –

- to grow in holiness
- to discover and live out their personal and community call to mission to live as Catholics who effectively transform society.

www.smpt.org.au
email: traralgon@cdsale.org.au

Statement of Commitment to the safety of children and vulnerable adults: Central to the mission of St Michael's Parish is an unequivocal commitment to fostering the dignity, self-esteem and integrity of children, young people and vulnerable adults and providing them with a safe, supportive and enriching environment to develop spiritually, physically, intellectually, emotionally and socially.

St Michael's Parish Information

Fr Francis Otobo Parish Priest
Parish Centre 5174 2060
Priests' Residence: 5174 6765

Deacon Tony Aspinall
Phone 5174 8167
Em: deacontony8@gmail.com

Sr Doreen Dagge RSJ 5174 9997

Monsignor John Allman
O'Mara House 5174 9674

St Michael's Parish Office 5174 2060
35 Kay Street, Traralgon
PO Box 103, Traralgon 3844

Office hours –
Tuesday to Friday 9:00am to 4:00pm
Parish Secretary: Bev O'Brien
Email: sec@smpt.org.au

Sacraments Admin Jenifer Hanratty
Email: sacraments@smpt.org.au

Youth Coordinator Jenifer Hanratty
Email: youth@smpt.org.au

After office hours - in case of emergency, please call 5174 2060 and leave your details on the message service.

Baptisms: Six weeks notice required

Weddings: Six months notice required

Parish Pastoral Council: Greg Imhagwe Chairperson, Fr Francis, Sr Doreen, Kevin Taylor, Ray Moretti, Amanda Reid, Jenifer Hanratty, Steve Kimani, Marita Kennedy, Rob Tarraran, Jodie Ware, Ros Joyner, Doug Doherty and Bev O'Brien.

Our Schools:

St Gabriel's School 5174 5515
Principal: Mrs Roslyn Joyner

St Michael's School 5174 3295
Principal: Mrs Jodie Ware

Lavalla Catholic College 5174 5272
Principal: Mr John Freeman
Kildare Campus 5174 8111
St Paul's Campus 5174 7355

Reflection by Fr Michael Tate:

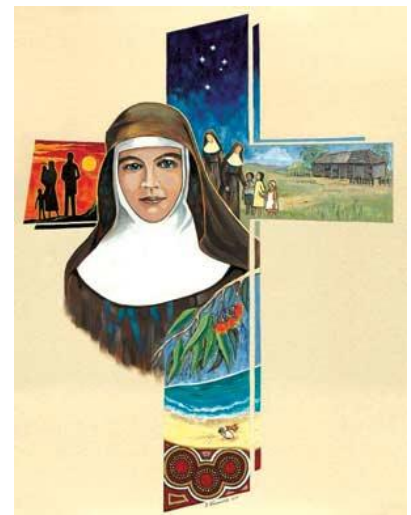
In the temple precinct in Jerusalem there was a stone barrier separating the inner area into which only Jewish people could enter. A non-Jew would cross the barrier under pain of death. This is the 'dividing wall of enmity' to which St Paul refers, and which has been torn down by Jesus Christ in whom a new humanity is being created where discrimination or segregation is to have no place.

It is to the great shame of the Catholic Church that it collaborated in putting the Jewish people behind dividing walls of enmity in the ghettos of Europe. It is to the great credit of Pope John Paull II that much of this enmity was overcome, symbolised when he pressed a prayer into a cleft between the stones of the Wailing Wall of the Old Temple.

Every week we come to Mass in response to Our Lord's invitation in today's gospel. 'Come away and rest a while'. Our Lord is saying 'Come away by yourselves so that I can nourish you with Heavenly Bread and Spiritual Drink which is my Holy Communion with you.'

Yes, we do that as a moment celebrating our distinctive identity, but always as a prelude to a great task. We are to go out and break down the various 'dividing walls of enmity': racism, caste and class, historical grievances, sexist subjugation.

We could take a moment to pray that we imitate St John Paull II in pressing our prayers and actions into whatever opportunities present themselves so as to break down dividing walls of enmity within our families, local communities and even around the world.



Our Australian Saint's Feast Day is on Wednesday 8th August this year.

Mary Helen MacKillop RSJ was born in Melbourne. She is best known for her work in Sth Australia. Together with Rev Julian Tenison Woods, she founded the Sisters of St Joseph of the Sacred Heart, a congregation of religious sisters that established a number of schools and welfare institutions throughout Australia and New Zealand.

Everyone is warmly invited to come and celebrate the feast day of our Australian Saint with a liturgy, followed by a cuppa, on Wednesday August 08.

The liturgy will be held in the Church at 7:30pm, and will be followed by a cuppa in the Parish Centre afterwards.

SUNDAY MASS TIMES

Saturday	6.00pm	St Michael's Traralgon
Sunday	9:30am	St Michael's Traralgon
	10:00am	St Columbkille's Glengarry
	6:00pm	St Michael's Traralgon

WEEKDAY LITURGY TIMES

July 23 to 28

Mon 23	9:30am	Liturgy of the Word
Tues 24	9:30am	Communion Service
Weds 25	11:00am	Exposition
	12:00pm	Mass
Thurs 26	9:30am	Communion Service, St Gabriel's PS
Fri 27	9:30am	Communion Service
Sat 28	9.30am	Mass, Reconciliation

Rosary: Tuesday to Sunday 30 minutes before Mass.

Reconciliation: Saturdays 10:15am & 5:30pm or any time by arrangement with Father.

PLEASE PRAY FOR: We remember those who have died recently, and those whose anniversaries occur at this time including Len & Anna Van Berkel, Angelina Agostino, K J Varghese, Elizabeth Jacob, Angelito Cabrera, Joseph Saleh, Tom Clarke, Angelina Agostino and Irene Woolfe.

Lord, let your perpetual light shine upon them. May they rest in peace. Amen.

WE PRAY FOR THOSE WHO ARE SICK:

including Justin Young, Lisa Daly, Joan Riggall, Jerry Templer, Dorothy Smith, Joe Agostino, Fr Bernard Buckley, Joan Lamont, May O'Reilly, Brian Vivian, Dorothy Buckland, Lee Allman, Ivy May, Celie Smith, Maria Alessandrini, Joyce Martin, Marie Howard, Robert Hazelman, Fr Frank Freeman, Carolyn Gleeson, Gary Donchi, Ann Lapuh and Fr Frank Young.



PARISH FORUM:

Please keep this time free to attend our Parish Forum. This is your chance to learn about what we have achieved in the past two years and to be a part of deciding the Parish direction for the next two years.

**Sunday August 19,
2:00 to 4:00pm
in the Parish Centre.**

THANK YOU: Again we thank Fr Mark for being with us and taking good care of us for the past five weeks in Fr Francis' absence.

BAPTISMS: This weekend we welcome for baptism ~



- * **Charlie James Ayres**, son of James and Lesley:
- * **Harlow Aubree Thain**, daughter of Tracy:
- * **Eleanor Jeanne Hope Wilkie**, daughter of John and Teresa: and
- * **Jett William O'Neill**, son of David and Tash.

Congratulations to the families, from us all. Welcome to our Parish.

The next meeting for those preparing for Baptism is on **Wednesday August 15 at 7:00pm in the Parish Centre.** Please contact the Parish Office on 5174 2060 for further information.

CHARISMATIC PRAYER GROUP: The CPG meets every Thursday evening at 7:30pm in the Mary MacKillop Hall.

All are welcome to come and join in! Enquiries to Cathy on 5174 3001.

MEN'S BREAKFAST: The third of our Men's Breakfasts is coming up on August 4th. This is a great opportunity



to come together and catch up with friends and meet new ones. Our guest speaker is Brett Van Berkel who will tell us about his trek along the Kokoda Track. St Vinnies Centre, 43 Kay St 8am-10am. Help is needed with the preparation of the meal and setting up of the tables. If you are able to assist please ring Mike Hansen: 0417 243 703.

THIS WEEK'S MEETINGS:

Weds 24-

7:00pm Mick's Kitchen Team Leaders in the SVdP Centre.

Thurs 26

4:30-5:30pm Youth Mass Training (see Youth Corner)

Fri 27

6:30 8:30pm Youth Group Neon Dreams Dance Party (see Youth Corner)

ST MICHAEL'S 'GUARDIAN':

A huge thank you to the groups who have now given us reports, your contributions are greatly appreciated.

As you know, we are endeavouring to put together a Parish Report of all our activities over the past year.

The name of the new periodical is the "Guardian". The report will be given to the Parish in August.

So, **help is needed.** We are still waiting on reports from some groups, so please, get a report in, as soon as possible.

Please email it to the Parish at sec@smpt.org.au sometime during this coming week.

Thank you for all you do, now let's celebrate it and share it with our community.

R.C.I.A.: These letters stand for the Rite of Christian Initiation of Adults, the ancient Rite of welcoming people into the Church. St Michael's Parish warmly invites anyone interested in discovering more about the Catholic faith to attend our meetings on Thursdays, in St Michael's Parish Centre. We start at 7.30pm sharp, and finish by 9.00pm sharp. This year's starting date is July 26th. *If you know anyone who may be interested, bring them along.*

Contacts: Susan Grout (0412 671 308) or Parish Office (5174 2060) – but you can just turn up!



Plenary Council Prayer

*Come, Holy Spirit of Pentecost
Come, Holy Spirit of the great South Land.
O God, bless and unite all your people in
Australia and guide us on the pilgrim way
of the Plenary Council.*

*Give us grace to see your face in one
another and to recognise Jesus, our
companion on the road.
Give us the courage to tell our stories and
to speak boldly of your truth.
Give us ears to listen humbly to each other
and a discerning heart to hear what you
are saying.*

*Lead your Church into a hope-filled future,
that we may live the joy of the Gospel.
Through Jesus Christ our Lord, bread for
the journey from age to age.
Amen.*

*Our Lady Help of Christians,
pray for us.*

*St Mary MacKillop, pray for us.
Amen*

**A REMINDER TO ALL WHO CARRY OUT ANY MINISTRY OR VOLUNTEER IN ANY WAY IN OUR CHURCH!
YOU MUST HAVE A CURRENT WORKING WITH CHILDREN CHECK AND HAVE LISTED ST MICHAEL'S CATHOLIC CHURCH,
TRARALGON AS 'YOUR VOLUNTEER PLACE'. PLEASE, CHECK WITH THE PARISH OFFICE IF YOU ARE IN DOUBT.**



The next Youth Mass will be held on **Sunday 29th July**, followed by pizzas.

Youth Corner

There is a training session at 4:30-5:30pm on **Thursday 26th July**.

BAPTISM FOR SCHOOL AGED CHILDREN:

Our Parish is once more running a programme for children aged from 4 to 13 who wish to be baptized.

There will be *two sessions*, of one hour (4.30 – 5.30pm), held in the Parish Centre, starting on Wednesday September 12 with a second meeting on September 19th. The children will be presented to the Parish community in the Rite of Reception later in September, prior to Baptism being celebrated on Sunday 23rd September. Contact either the Parish Office on 5174 2060 or **Susan Grout (0412671308)** by Wednesday August 15th, if your child/children are interested. There is a payment of \$40 for the Candle and Stole each child will receive at their Baptism. Please bring this with you on September 12th to place your order, unless you would like to make your own.

CHILDREN'S LITURGY OF THE WORD: all kinder and primary school-aged children are welcome to participate in the Liturgy of the Word which occurs during 9:30am Masses during term time. Please contact Marianne Saunders on 0490 628 833 for information.

SMY@L – St. Michael's Parish Youth Group

St. Michael's Youth group is for all young people from Year 5, 6 & lower secondary levels (from any school).

Friday 27th July - NEON DREAMS DANCE PARTY. Dress up in NEON. Hit the dance floor and enjoy the cool lights and sounds of the DJ's latest tracks. Dance competition and prizes for best dressed. @ St Michael's MacKillop Hall 6:30 – 8:30pm. Cost \$3. Please phone Leah on 0438 811 709 for info.

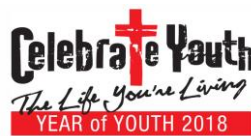
YOUTH NIGHT: an opportunity for secondary school aged students to gather in the Mary MacKillop Hall on Friday 3rd August, 7:00 – 9:00pm. Supper will be provided! Fun and friendship. Mark this date in your calendars, spread the word! Guest Speaker will be Cristiano Grosso.

A DATE FOR YOUR DIARIES!: *A Celebrate Youth Event!!*

Sunday 16th September, Kildare Hall, Lavalla Catholic College, Kosciuszko Street, Traralgon.

We are looking for performers, musicians. There will be a celebration starting at 4:00pm, followed by a party!

This is a special event to celebrate the many talents of our youth, and to celebrate the close of the Year of Youth. Please contact Jen at the Parish Office on 5174 2060 if you are interested.



FINANCE MATTERS:

"...come away by yourselves to a lonely place and rest awhile." MARK 6:31

Do you spend time, every day, alone and in silence listening to how God is calling you? If not, you are missing out on a wonderful opportunity to develop a more personal relationship with Him. Unless we talk and more importantly, listen to God every day, how else will we know how He is calling us? Consider making a retreat this year, spend some "alone" time with God.

STEWARDSHIP CAMPAIGN:

If you wish to have information about our Planned Giving programme please contact the Parish Office.

Counters:

July 22 Armstrong Team

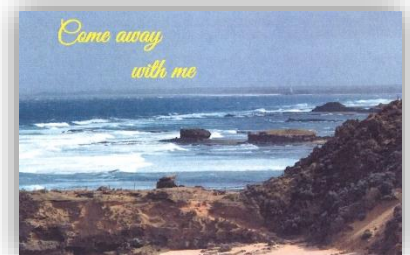
July 29 Morris Team

Grief to Grace – Healing the Wounds of Abuse – is a spiritual retreat for anyone who has suffered degradation or violation through physical, emotional, sexual or spiritual abuse. The retreat will be held May 26th – 31st 2019. To request an application contact Anne by emailing info@griefftoGrace.org.au or phone 0478599241. For more information visit www.griefftoGrace.org

LADIES WORSHIP IN SONG:

Saturday August 04 2:00-4:00pm at the Traralgon District Baptist Church, 58-62 Kay Street. Entry by donation, please bring a plate to share.

All ladies are warmly invited to enjoy singing psalms, hymns and songs of praise. Enquiries to : 0431 936 653



Rosters for July 28 & 29 ~ - Seventeenth Sunday in Ordinary Time

Mass	Lector	Commentator	Eucharistic Ministers	Welcomers	Music	Sacristan
6:00pm	C DiCorleto	S Hill	J & M McLaughlin, T De Koke, Volunteers x2	Volunteers required for roster	Jane	A Symonds
9:30am	U Imhagwe J Dal Pra	M Tainsh	B McKenna, D Bau, L Panozzo-Tilè, Volunteer x1	Volunteers required for roster	Jane	P & L Van der Velden
6:00pm	Youth Mass	Youth Mass	J Reid, R Tarraran, Volunteers x 2	Volunteers required for roster	Youth Mass	L Theissing

- **Altar Cleaning:** July 22 J Scholtes July 29 F Rycak
- **Church Cleaning:** July Volunteers needed (ring Tom on 0407 160 466) August St Gabriel's
- **Children's Liturgy of the Word:** July 15 Marianne and Therese
- **Touring Statue of Our Lady:** July 22 M Moulton July 29 F & B Melenhorst
Please contact the family before you leave the statue to make sure they are home. Thank you. For further information regarding roster please contact: Marie Moulton 5174 0938 Email: memou_38@bigpond.com
- **Click's Kitchen:** July 26 Van Berkel Team August 02 Adroit Team

Entrance Antiphon Ps 53: 6, 8

*See, I have God for my help.
The Lord sustains my soul.
I will sacrifice to you with willing heart,
and praise your name, O Lord, for it is good.*

First Reading Jeremiah 23:1-6

A reading from the prophet Jeremiah

The remnant of the flock I will gather to me, and bring them back to their pastures.

'Doom for the shepherds who allow the flock of my pasture to be destroyed and scattered – it is the Lord who speaks! This, therefore, is what the Lord, the God of Israel, says about the shepherds in charge of my people: You have let my flock be scattered and go wandering and have not taken care of them. Right, I will take care of you for your misdeeds – it is the Lord who speaks! But the remnant of my flock I myself will gather from all the countries where I have dispersed them, and will bring them back to their pastures: they shall be fruitful and increase in numbers. I will raise up shepherds to look after them and pasture them; no fear, no terror for them any more; not one shall be lost – it is the Lord who speaks!

'See, the days are coming – it is the Lord who speaks – when I will raise a virtuous Branch for David, who will reign as true king and be wise, practising honesty and integrity in the land.

In his days Judah will be saved and Israel dwell in confidence. And this is the name he will be called: The Lord-our-integrity.'

Responsorial Psalm Ps 22. R. v.2

s 22. R. v.2

**(R.) The Lord is my shepherd;
there is nothing I shall want.**

1. The Lord is my shepherd;
there is nothing I shall want.
Fresh and green are the pastures
where he gives me repose.
Near restful waters he leads me,
to revive my drooping spirit. **(R.)**
2. He guides me along the right path;
he is true to his name.
If I should walk in the valley of darkness
no evil would I fear.
You are there with your crook and your staff,
with these you give me comfort. **(R.)**
3. You have prepared a banquet for me
in the sight of my foes.
My head you have anointed with oil;
my cup is overflowing. **(R.)**
4. Surely goodness and kindness shall follow me
all the days of my life.
In the Lord's own house shall I dwell
for ever and ever. **(R.)**

Second Reading Eph 2:13-18

A reading from the letter of St Paul to the Ephesians

Christ, our peace, has made us one.

In Christ Jesus, you that used to be so far from us have been brought very close, by the blood of Christ. For he is the peace between us, and has made the two into one and broken down the barrier which used to keep them apart, actually destroying in his own person the hostility caused by the rules and decrees of the Law. This was to create one single New Man in himself out of the two of them and by restoring peace through the cross, to unite them both in a single Body and reconcile them with God. In his own person he killed the hostility. Later he came to bring the good news of peace, peace to you who were far away and peace to those who were near at hand. Through him, both of us have in the one Spirit our way to come to the Father.

Gospel Acclamation see Eph 1:17-18

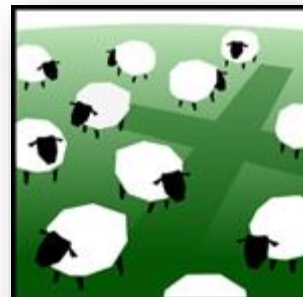
*Alleluia, alleluia!
My sheep listen to my voice, says the Lord;
I know them, and they follow me.
Alleluia!*

Gospel Mk 6:30-34

A reading from the holy Gospel according to Mark

They were as sheep without a shepherd.

The apostles rejoined Jesus and told him all they had done and taught. Then he said to them, 'You must come away to some lonely place all by yourselves and rest for a while'; for there were so many coming and going that the apostles had no time even to eat. So they went off in a boat to a lonely place where they could be by themselves. But people saw them going, and many could guess where; and from every town they all hurried to the place on foot and reached it before them. So as he stepped ashore he saw a large crowd; and he took pity on them because they were like sheep without a shepherd, and he set himself to teach them at some length.

**Next weeks Readings:**

July 29 17th Sunday in Ordinary Time

First Reading: 2 Kings 4:42-44

Second Reading: Ephesians 4:1-6

Gospel: John 6:1-15